### **Community Family Programs**

Term 2: 2/5-8/7, 2022

### ABORIGINAL PANGULA

Pangula Mannamurna

PARENTING PROGRAM

22 Kurrajong St. Mt Gambier Monday's during term time 12.30-2.30pm enquiry/booking Sheila 0422623922 or Pangula 8724 7270



# Learning Together Bridges St. Millicent

#### **CIRCLE OF SECURITY**

A program that supports the development of strong and secure attachment with our children Creche provided/ Limited numbers

#### **Study Together**

A study group, with a crèche to support families who are studying

#### **DISPOSITIONS FOR LEARNING**

A program that supports family understanding of learning dispositions that are important for effective learning

Start dates to be confirmed For further information phone Carolyn 87332368



## CaFHS NURSE

Melaleuca Park Hub Monday 9-12pm

CaFHS

(every 2nd week during term time)
Boandik Terrace, Mount Gambier
appts. available for (birth to 6 years)
\*excludes immunisations

## Mt Gambier Children's Centre Wednesday afternoon

(once a month during term time)
Mulga Street
appts. available for (birth to 6 years)
\*excludes immunisations

#### Pangula Mannamurna Alternate Fridays & Tuesdays

appts. available for (birth to 6 years)
\*excludes immunisations

All appointments & enquiries 1300 733 606

### Melaleuca Park Hub

Boandik Tce. Mt. Gambier

#### MELALEUCA PARK HUB

Monday-Friday term time 9-12pm

Hub Shop Coffee & Chat Local agency support

For use by the Melaleuca Community

Enquiries to Community Development Coordinator 0438 748 136

#### ac.care

#### **PROGRAMS**

Bringing Up Great Kids
Engaging Adolescents
Circle of Security
Blast Off
Counselling
Personal Success Coaching

Family Dispute Resolution (Mediation)
Post Separation Support (inc. Children in
Focus Information Session)
Family Support

enquiry/booking Ph: 87213500



### **Mount Gambier Library**

6 Watson Tce. Mt. Gambier

Open Hours
Monday-Friday 9am-5pm
Sat-Sun 9am-1pm
Move&Groove18mths+ Thur10.30am
Storytime 2-5yrs Tues 10.30am
STEAM Club 8-12yrs Tues 4pm
Baby Bounce 0-18mth Tues & Thurs
10am

LEGO Fan Club all ages Classic Bricks
Duplo provided for under 2 yrs Frid 4-5pm
LEGO Fan Club Machines & Mechanics
ages 8+ Thurs 4pm-5pm

Groovebox 7-12yrs &12-15yrs
Mondays 4pm & 4:30pm
Numbers strictly limited
bookings essential
Phone 8721 2540

### Centacare

## FAMILY RELATIONSHIP COUNSELLING

We provide safe, confidential support to individuals, couples, families and children

#### **Family Connections Program**

Home visiting parenting support
Parent education: Circle of security
Tuning in to Kids, Bringing up Great Kids
Marte Meo therapy
For registration of interest please contact
Romlea 0419 674 070 or Sandra
0488946896

### Family Dispute Resolution

## for Separating couples, blended families POST SEPARATION PARENTING

A workshop for separated parents wanting to understand and manage the changes in their family

Bookings essential Ph: 83036630

#### CAMHS

2 Crouch St. North, Mt Gambier

Call 1300 222 647 to make a new referral Monday to Friday. GPs, medical staff, schools, service providers, young people and their families can make a direct referral. Providing services to mothers in the perinatal period, infants, children and young people and their families with moderate to severe mental health issues 0-16 years.

### Mt. Gambier Children's Centre Mulga St. Mt Gambier

## MULGA ST BUBS Baby Playgroup 0-12 mths

Tuesdays 9.30-11am term time Free baby gift bag on first visit Phone Belinda 0474250761

Come & Play Playgroup 0-5 yrs Friday 9.30-10.30am term time Phone 8725 7375

> Speech Pathologist Casey Sampson

by appointment, phone 87257375





# The Haven @ Mt G Library 6 Watson Tce. Mt Gambier

The Haven is a confidential service, where you can drop in and speak with our trained volunteers. Volunteers can listen, and if required, provide information on services on a range of issues, including family life and relationships, education and training, health and wellbeing, housing and accommodation, financial matters, volunteering and getting involved in your community.

Drop in or phone 0439 169 925 Monday-Friday 10-2pm