

## **HOT WEATHER POLICY**

Centre staff act to protect children from exposure to excessive temperatures and Ultraviolet radiation from the sun. The Centre promotes recognised Sun Smart practices to children, staff, families and visitors. Everyone is encouraged to model and support SunSafe and heat behaviours, including use of hats and sunscreen.

Children sweat less and get less evaporative cooling than adults. In warmer weather they have greater difficulty getting rid of heat.

Staff will monitor heat and conditions and will ensure that children are inside when the outside temperature is 36 degrees or above.

### **On Hot Days**

- ✿ Staff will touch test outdoor equipment for risk of burn injuries.
- ✿ Staff will ensure the SunSafe policy is implemented and encourage children to drink plenty of water. Drinking water is accessible to children at all times.
- ✿ Centre air-conditioning will be used.
- ✿ Lunches will be kept inside.
- ✿ Parents will be encouraged to pack food in insulated containers with a freezer brick.

If the centre has extenuating circumstances such as no air-conditioning due to power or mechanical breakdown the centre will contact families if the indoor temperature reaches 36 to give them the option to pick up their child early.

*National Quality Standards 3.1*