



# Toileting and Nappy Changing Procedure

March 2015

## Rationale

The purpose of this policy is to ensure that all educators and caregivers practice safe, hygienic toileting and nappy changing procedures through the provision of clear and consistent expectations and processes.

Ardtornish Children's Centre educators aim to cater for individual children's toileting and nappy changing needs in a positive and age appropriate manner. By following the policy and procedures, steps are taken to control the spread of infectious diseases in accordance with recognised guidelines.

## What You Can Expect

- Educators will provide a safe and positive nappy changing and toileting experience.
- Educators will provide positive reassurance and guidance to encourage the learning of toileting self-help skills.
- Educators will follow the Staying Healthy in Childcare Nappy Changing Procedure.
- Nappy changing and toileting will be recorded in the "Hygiene Records" folder.
- Gloves are always to be worn when assisting a child with toileting/changing soiled clothes.
- Child will be changed in nappy changing area.
- Educators to assist child if needed to undress and redress.
- Soiled clothes will be sealed in a plastic bag and put in child's bag.
- Child's hands will be washed after changing clothes.
- All relevant areas to be washed.
- Educators to thoroughly wash hands.
- Please note: Preschool educators will notify another member of staff of their intent to change a child or support a child to change.

## What We Expect

- Parents need to communicate their child's toileting and nappy changing needs, to enable educators to meet their individual needs.
- Parents are required to supply nappies and a change of clothes for their child.

## References

**National Quality Standard Quality Area 2.1** (2.1.1; 2.1.3; 2.1.4) 2.3.1

**Early Years Learning Framework Outcome 3** – Children take increasing responsibility for their own health and physical wellbeing.

**Staying Healthy in Childcare** – Preventing infectious disease in childcare 4<sup>th</sup> edition.

We believe this policy will ensure children receive a positive hygienic experience when having their toileting needs met.

Next review	Last revision description
February 2016	New policy