

Ascot Park Kindergarten

630 Marion Road, Park Holme SA 5043

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POLICY & PROCEDURE – SAFE SLEEPING FOR INFANTS AND YOUNG CHILDREN

Background

Ascot Park Kindergarten is devoted to providing a safe and comfortable environment for children who may at some time need to sleep. On occasions a child may become unwell or be overly tired and need to rest while waiting to be collected by a family member. Staff at Ascot Park Kindergarten will ensure that should this occur safe practices and care will be adhered to. Educators are aware of and comply with current evidence based sleep practices.

Purpose

This policy and procedure outlines the Department's, and Ascot Park Kindergarten's approach to implementing recommended evidence based safe sleep practices.

The objectives of this procedure are to ensure that staff and educators:

- are aware of and comply with current evidence-based safe sleep practices and safe sleep environments to reduce the risk of sudden unexpected death in infancy (SUDI)
- promote and model safe sleeping practices and environments to families with infants and young children
- are aware of where to access resources to build their knowledge about recommended safe sleep practices
- comply with the Education and Care Services National Law and Regulations

Scope

This procedure applies to all staff and DfE family day care educators who provide support to parents and caregivers of infants (a baby under 12 months of age) and young children, and who offer sleeping environments

This includes: PRESCHOOL SERVICES

Related Policies, procedures, guidelines, standards and frameworks

Keeping baby safe – a guide to infant and nursery products (ACCC)

DfE family day care standard – physical environment

DfE hazard management procedure

DfE health support planning policy and procedures

DfE risk management framework

DfE smoke free policy

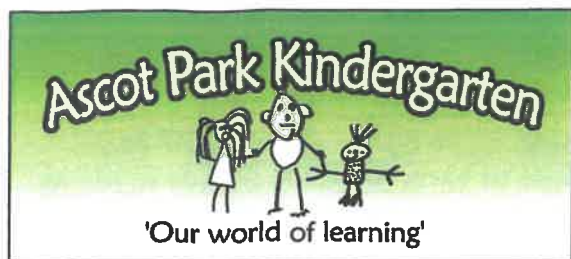
Red Nose – safe sleeping

Safe infant sleeping standards policy directive SA Health



Government of South Australia

Department for Education



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This includes: Related Legislation

**South Australian Education and Early Childhood Services
(Registration and Standards) Act 2011**

Education and Care Services National Regulations

Australian Consumer Law 2011 –

Australian Competition and

Consumer Commission

(ACCC)

PROCEDURE

Resting or Sleeping at Kindy

Should a child become unwell or is tired and needs to rest, or falls asleep during a pre school session, staff will make the child comfortable in a space away from the main traffic areas but within the main kindergarten room area.

Staff will provide a clean sheet on the floor for the child to rest on, away from furniture and walls. The child will at all times be in view of Educators. Soft toys will not be given to comfort the child or soft cushions that children could roll on to. The area will be clear of objects that a child could roll onto or reach for. A small firm pillow will be offered should this make the child more comfortable. A responsible adult will be contacted to organize pick up from kindy as soon as is practicable so the child can rest more comfortably in their own environment.

Additional notes


Responsibilities

Staff

- Staff will be made aware of this policy through the Induction procedure
- The policy will be available on the sites web page
- This policy will be reviewed in conjunction with staff and Governing Council parents annually

Parents

- Will be made aware of this policy upon enrolment of their child at the centre

Date First Endorsed by Governing Council	September 2 nd , 2020
Review Dates	September, 2022
Current Review	September 2 nd , 2020
Governing Council	 (Signature)



Government of South Australia
Department for Education