



## Athelstone Preschool

### Hot Weather Policy

This policy has been developed in consultation with governing council to outline how staff at Athelstone Preschool will reduce the risk of heat illness to young children during hot weather.

**Shade** Activities conducted in periods of hot weather are to be undertaken in shaded areas. On hot days all outdoor equipment will be placed under the verandas and shade cloths. These will be moved as needed during the day to follow the shade.

**Equipment** All play equipment and outdoor play surfaces will be checked during the day by staff to ensure they are at a safe temperature. If equipment is deemed unsafe it will be packed away, moved into the shade, or made off bounds to the children.

**Outdoor activity** On days of extreme heat outdoor play will be kept to a minimum. Children will play inside with the cooling system on.

**Drinks** Children are frequently reminded and given the opportunity to drink water. The children's water bottles are available to the children at all times.

**Clothing** Parents are encouraged to dress children in clothing that minimises heat gain, in layers that can be easily removed during activity and of a type that is sunsafe (See also Athelstone Preschool Sun Protection Policy)

**Lunch** Parents are to be encouraged to pack food in insulated containers with a freezer brick or frozen water. Lunch boxes are placed inside.