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## Home



Find out more about our goals and our focus in our philosophy statement (PDF 400KB)

(  
[https://www.preschools.sa.gov.au/sites/default/files/brhma\\_lodge\\_kindergarten\\_statement\\_of\\_philosophy.pdf](https://www.preschools.sa.gov.au/sites/default/files/brhma_lodge_kindergarten_statement_of_philosophy.pdf)).

## Volunteering

If you'd like to volunteer with us, we'd love to hear from you. See volunteering in schools, preschool and children's centres

(<https://www.decd.sa.gov.au/supporting-students/parent-engagement-education/volunteers/volunteering-schools-preschools-and-childrens-centres>) and have a chat to us about how you can get involved.

We invite you to join the governing council, which meets twice a term to make sure the preschool runs smoothly. Read through what a governing council does

(<https://www.decd.sa.gov.au/sites-and-facilities/governing-councils/understanding-governing-councils/what-governing-council-does>) and speak to us to register your interest.

## Acknowledgement of Country

We acknowledge the traditional owners of the land we are on and pay our respects to their Elders past and present, and extend that respect to other Aboriginal people who are present today.

## Contact us

**Preschool director:** Mrs Kristin Bateman

**Phone:** (08) 8258 4258

**Fax:** (08) 8285 5132

**Email:** [dl.2604.leaders@schools.sa.edu.au](mailto:dl.2604.leaders@schools.sa.edu.au)

**Street address:** 64 The Strand Brahma Lodge SA 5109

**Postal address:** 64 The Strand Brahma Lodge SA 5109

## What we offer

We offer a number of programs and services to support your child's early years learning (<https://www.decd.sa.gov.au/teaching/curriculum-and-teaching/primary-and-secondary-curriculum/curriculum-taught-south-australia>).

## Preschool program

### Times

Your child can attend preschool for up to 15 hours per week.

Monday	Tuesday	Wednesday	Thursday	Friday
—	8.45am to 2.45pm	8.45am to 2.45pm	8.45am to 11.45am	—

### Fees

The parent contribution is \$90 per term. See our enrolment and fees page (<https://www.preschools.sa.gov.au/brhma-lodge-kindergarten-inc/getting-started/enrolment-and-fees>) for more information.

## **What to bring**

Your child needs to bring these items each day:

- bag
- change of clothes
- nappies if required
- drink bottle containing water
- healthy snack – preferably fruit
- packed lunch.

Please write your child's name on all their belongings.

We supply your child with a sun-safe Brahma Lodge kindy hat which stays on site.

## **What not to bring**

Children should not bring these things:

- food containing nuts (some children have nut allergies that can be dangerous)
- unhealthy food or drink (lollies, chocolate, chips, fizzy drinks)
- toys from home.

## **Disability support**

There is support available for children with disability (<https://www.education.sa.gov.au/supporting-students/children-disability-and-special-needs>). Talk to us for more information.

## **Enrolment and fees**

### **When your child can start preschool**

Your child is entitled to access 1 year of preschool.

If your child turns 4 before 1 May, they can start preschool at the beginning of the year. If your child turns 4 on or after 1 May, they can start the next year.

If you want to delay your child's start to preschool or you're not sure about when they should start, please talk to us about your options.

If your child is Aboriginal or under guardianship (in care) they are eligible for 12 hours of preschool after they turn 3. They will then be eligible for 15 hours per week of preschool in the year before they start school.

## Early entry

Your child may be able to come to preschool 1 term earlier, in term 4 the year before starting their preschool year, if they:

- have additional needs or disability
- are learning English as an additional language or dialect
- are at significant risk because of family circumstances.

Early entry is for up to 6 hours per week, if places are available.

Access is decided on a case-by-case basis.

Please contact us if you want more information about early entry.

## Enrolling your child

You can register your interest to enrol your child with us by using the preschool registration of interest form (<https://www.education.sa.gov.au/doc/preschool-registration-interest-form>). This form is also available from us.

Try to register your interest by 30 June, but you can do this any time during the year.

Priority will be given to children living in our catchment area (<https://www.preschools.sa.gov.au/brhma-lodge-kindergarten-inc#location>). If you don't live in our catchment area you should indicate at least 2 other preschool options on your form.

If we can give your child a place with us we'll send you an offer letter in term 3 (<https://www.decd.sa.gov.au/teaching/south-australian-state-schools-term-dates>). You can accept the offer by filling in and sending back the acceptance slip by the due date.

## Before your child starts

We will contact you in September about an orientation session. This will be a 1-hour session where you can ask questions.

Before they start preschool your child can come to pre-entry transition visits. These will be in term 4 and are a chance for your child to meet our staff and other children.

## **Fees**

We ask you to contribute towards the cost of your child attending preschool.

The parent contribution is \$360 per year. You can choose to pay the total amount at the beginning of the year or pay 4 instalments of \$90 each term  
(<https://www.decd.sa.gov.au/teaching/south-australian-state-schools-term-dates>).

We offer other programs that may have an additional cost.

## **When to pay**

We will invoice by week 3 via your child's kindy pocket.

Payments are due by week 9 of each term.

Please contact us if you have difficulty paying.

## **How to pay**

Cash or cheque

You can pay cash or cheque at the kindy. Please put the payment in a sealed envelope with your child's full name on the front. Put the envelope in the payments box by the front door.

EFT information

You can pay by direct deposit.

BSB: 105056

Account number: 237220240

Please put your child's full name as the reference.

## **Immunisations**

When you enrol your child you will be asked to provide evidence of their immunisation status  
(<https://www.education.sa.gov.au/supporting-students/health-e-safety-and-wellbeing/early-childhood-services-immunisation-requirements>).

## Reports and plans

### National Quality Standard rating

Our services are assessed and rated against 7 quality areas of the National Quality Standard.



**Overall Rating:** Exceeding NQS

### Quality Area Ratings

- |          |  |               |
|----------|--|---------------|
| <b>1</b> | <b>Educational program and practice:</b>           | Exceeding NQS |
| <b>2</b> | <b>Children's health and safety:</b>               | Exceeding NQS |
| <b>3</b> | <b>Physical environment:</b>                       | Meeting NQS   |
| <b>4</b> | <b>Staffing arrangements:</b>                      | Exceeding NQS |
| <b>5</b> | <b>Relationships with children:</b>                | Exceeding NQS |
| <b>6</b> | <b>Partnerships with families and communities:</b> | Meeting NQS   |
| <b>7</b> | <b>Leadership and service management:</b>          | Exceeding NQS |

**Rating for:** Brahma Lodge Kindergarten Inc

**Rating issued:** December 2016

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### Quality improvement plan - priorities

An assessment of the programs we offer against the National Quality Standard and national regulations. It identifies areas for improvement.

Quality improvement plan (PDF 252KB)

([https://www.preschools.sa.gov.au/sites/default/files/brahma\\_lodge\\_kindergarten\\_qip.pdf](https://www.preschools.sa.gov.au/sites/default/files/brahma_lodge_kindergarten_qip.pdf))

## Site context statement

A summary of our:

- general information
- key policies
- curriculum
- staff
- facilities
- local community
- partnership arrangements with other groups.

Site context statement (PDF 110KB)

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## Annual report

A report on our progress, achievements, highlights and challenges for the year.

Annual report (PDF) ([http://docs.decd.sa.gov.au/Sites/AnnualReports/2604\\_AnnualReport.pdf](http://docs.decd.sa.gov.au/Sites/AnnualReports/2604_AnnualReport.pdf))

## Parenting support

### Giving your child a strong start in the early years

Research tells us that quality education and care early in life leads to better health, education and job outcomes in adulthood. Children are learning and growing from the time they are born. The greatest influence on a child's future health, development and happiness is in the first 5 years of life.

We're working with families to take a 'learning together' approach about child development in the early years.



## Parenting resources

Several early childhood parenting resources are available to help your child learn and grow right from the start.

Little Big Book Club (<http://www.thelittlebigbookclub.com.au/>) supports parents to read, sing and play with their children from birth, with access to book recommendations, reading packs and resources.

Dad's Read (<http://dadsread.org.au/>) offers advice for fathers to encourage reading together with their child.

Parenting SA (<https://www.education.sa.gov.au/parenting-and-child-care/parenting/parenting-sa>) has free parenting factsheets, videos and upcoming seminars on many parenting topics.

Positive Parenting program  
(<http://www.triplep-parenting.net.au/au-uk/en/find-help/triple-p-parenting-in-south-australia/?itb=bc37e109d92bdc1ea71da6c919d54907>) has free seminars, workshops and one-on-one sessions for parents of children aged 3 to 12 years.

Learning with your child (GreatStart)  
(<https://www.education.sa.gov.au/parenting-and-child-care/parenting/learning-your-child-greatstart>) gives parents everyday learning ideas and activities to help build their child's maths and language skills.

Raising Children Network (<http://raisingchildren.net.au/>) provides up-to-date, evidence-based, scientifically validated information about raising children and caring for yourself as a parent or carer.

## Brahma Lodge Kindergarten - Statement of Philosophy

Updated: September 2018



### As a Staff Team.....

#### **We Believe:**

- ☺ Children learn through play, exploration and concrete materials in safe and secure environments with positive relationships with educators and peers.
- ☺ Children are all individuals and are unique and learn by building on their prior knowledge, family and cultural influences, strengths, interests and dispositions.
- ☺ Children learn and develop in stages, with repetition and practice, encouragement, positive reinforcement and relevant consequences
- ☺ We provide the opportunity for children to learn and develop in a variety of ways through play.
- ☺ Our learning opportunities are fun, challenging, interesting, age/stage appropriate and culturally diverse.
- ☺ The activities and learning experiences are based on children's needs, strengths, interests and outcomes from the Early Years Learning Framework and Preschool Indicators of Literacy and Numeracy.
- ☺ We provide opportunities for children to develop their own ideas into activities for themselves and others.
- ☺ Staff develop secure, respectful and reciprocal relationships with children and families.
- ☺ We have high expectations for children and staff.



### At Brahma Lodge Kindergarten Children...

- ☺ Love to play outside on the swings, slide and trampoline
- ☺ Like planting plants in our garden
- ☺ Like going to the park and playground
- ☺ Love the teachers looking after us
- ☺ Like making things and painting
- ☺ Love playing with their friends
- ☺ Like cooking with the teachers
- ☺ Love playing pretending like shops
- ☺ Like playing games with the teachers



Children are the  
Heart  
of Brahma Lodge  
Kindergarten



### At Brahma Lodge Kindergarten Parents Value

- ☺ Warm and welcoming staff
- ☺ Calm and welcoming atmosphere
- ☺ Caring and supportive staff
- ☺ Teachers interacting with children in a positive manner
- ☺ Teachers meeting the individual needs of each child.
- ☺ Teachers providing an inclusive exciting experience during their learning journey at kindy
- ☺ Children growing into mature individuals
- ☺ Being informed about the curriculum



**BRAHMA LODGE KINDERGARTEN**  
**SUSTAINABILITY POLICY – SEPTEMBER 2016**

*At Brahma Lodge Kindergarten we believe that action for sustainability is vital to our children's future.*

**Statement of Intent:**

Educators and children at Brahma Lodge Kindergarten, work together to learn about and promote the sustainable use of resources and to develop and implement sustainable practices.

Through this policy our goals are to

- Take an active role in caring for our environment and contribute to the sustainable future whereby sustainable practices are embedded in our service operations.
- Children are supported to become environmentally responsible and show respect for the environment.
- Promote sustainable practices within our kindergarten community with children, parents, Governing Council, cleaners and gardeners.

As Educators we will provide learning opportunities that

- Foster children's capacity to understand and respect the natural environment and the interdependence between people, plants, animals and the land.
- Provide places that promote the development of life skills, such as growing and preparing food, waste reduction and recycling.

**Procedures used to Achieve these Goals**

Whilst recognising the interconnections of sustainable practices, we will embed the following procedures in our daily routines.

**Reducing Waste Procedures**

**1. Purchasing and Packaging**

The kindergarten purchases a significant amount of material each year including educational resources, art materials, furniture and food stuffs. When making purchasing decisions the following will be considered

- Need for the item – consider the rationale for having the item, how can it be sourced, can it be borrowed?
- Recycling content of item and it's potential for recycling or end use/disposability
- Bulk Buying items to minimise cost and packaging
- In catalogues look for "Greener options"
- Sharing resources with other centres
- Community involvement – families are encouraged to donate resources eg. Boxes for construction
- Purchasing recycled paper eg. Newsprint for painting
- Ongoing reflective practice

**2. Recycling**

- Rubbish bins are colour coded green, yellow and red to match the kerbside bins to make it easier for children and adults to successfully manage recycling materials.
- Explicit teaching for children occurs on a regular basis to manage the bins eg. Beginning of each term and as required throughout the year.
- A range of recycled materials and resources are collected and used on a daily basis eg. Boxes and small loose parts for construction, buckets and plastic containers for sandpit and water play, telephones and clothing for dress ups and dramatic play.
- Collage trolley contains recycled items.
- Toner and printer cartridges recycled.

### **3. Organics**

- Green bins are used to collect food scraps.
- Food scraps are used to feed the worms.
- Vegetable garden established to promote food production.
- Ongoing learning may include the importance of life cycles (butterflies) and the importance of insects and worms in and around the garden.

### **4. Litter**

- Smaller Red bins than Yellow recycling bins to encourage more use of Recyclable products.
- Children are encouraged to tidy up after themselves and ensure the environment is litter free.

### **5. Conservation of Energy**

- Water conservation through installation of rain water tanks, timer taps in children's bathroom, promotion of half/full flush in the toilets, water the plants in cooler times of the day to maximise absorption, automatic timed watering system watering gardens and grass area at night.
- Energy Efficiency – Turning off lights, fans and heaters when not in use.
- Insulation is installed in ceiling to minimise heating and cooling costs.

# **BRAHMA LODGE KINDERGARTEN - SUN PROTECTION POLICY**

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## **Rationale**

Australia has the highest incidence of skin cancer in the world with two out of every three people developing some form of skin cancer before they are 70. Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Sun exposure in the first ten years of life determines, to a substantial degree, the likelihood of skin cancer developing later in life.

Cancer Council SA advises people protect their skin at times when the ultraviolet (UV) radiation level is 3 and above—this is when it is strong enough to cause damage to unprotected skin. For much of South Australia, UV radiation levels are 3 and above everyday from September to April—it is during these months that sun protection is necessary.

Cancer Council SA recommends that a skin protection policy be in place from 1 September until 30 April when UV radiation levels are 3 and above. It is highly recommended that UV radiation levels are monitored, particularly during May and August as they still may be 3 or above depending on your location. Cancer Council SA also recommends that particular care should be taken during these months between 10.00 am – 3.00 pm, when the UV radiation levels are at their highest.

It is important to balance sun protection with safe sun exposure for the production of vitamin D for bone growth and development. During May to August, at times when the UV radiation level is below 3, sun protection for most people is not necessary.

## **Aims**

The aims of the Brahma Lodge Kindergarten's skin protection policy' are to promote among children, staff and parents:

- Positive attitudes towards skin protection.
- Lifestyle practices which can help reduce the incidence of skin cancer and the number of related deaths.
- Personal responsibility for and decision making about skin protection.
- Awareness of the need for environmental changes in our centre to reduce the level of sun exposure when the UV radiation level is 3 and above.

## **Implementation**

This policy is for implementation from 1 September to 30 April. Outside of this time care should also be taken when the ultraviolet radiation level is 3 (moderate) and above.

The purpose of the policy is to ensure that all members of our Early Childhood Service are protected from skin damage caused by the harmful rays of the sun.

It is an expectation that all staff, students and parents of Brahma Lodge Kindergarten will use the following skin protection strategies:

1. Take care to protect the skin when the ultraviolet radiation level is 3 (moderate) and above. Extra care should be taken between 10.00 am and 3.00 pm when UV radiation levels are highest.
  - 1.1 Whenever possible, all outdoor activities will be scheduled before 10.00 am and after 3.00 pm or in the shaded areas of the service.
2. Use the shade of trees, pergolas, umbrellas and tents whenever outdoors.
3. Wear appropriate clothing which protects the skin.
  - 3.1 Children, staff and parents will be expected to wear a broad brimmed hat, legionnaire style hat, or a bucket hat (provided on enrolment and left at kindy each day) whenever they are involved in outside activities.
  - 3.2 Children will be encouraged to wear shirts with collars and at least elbow length sleeves and longer style shorts/skirts.
4. Parents are encouraged to apply a broad-spectrum, water resistant sunscreen to their child.
5. Reinforcing the SunSmart message in all service activities and in general service procedures is an important strategy in the adoption of skin protection behaviours.
  - 5.1 Staff will be encouraged to role model appropriate SunSmart strategies in all service activities.
6. Information about the centre's SunSmart Policy will be given to all new staff, students and families.
7. The Brahma Lodge Kindergarten's skin protection policy' will be evaluated on a two yearly basis.

## Brahma Lodge Kindergarten Healthy Food Policy – June 2018

### **Rationale**

This preschool promotes safe, healthy eating habits in line with the ***Right Bite Healthy Food and Drink Supply Strategy for South Australian Schools and Preschools*** and relates to the DECS wellbeing strategy.

We believe that early childhood is an important time for establishing lifelong, healthy eating habits and can benefit the children in three ways:

1. Short term: maximises growth, development, activity levels and good health.
2. Long term: minimises the risk of diet related diseases later in life.
3. Good nutrition contributes to good health and wellbeing and this is vital for positive engagement in learning activities.

Therefore:

- staff at this preschool model and encourage healthy eating behaviours
- food and drink are consumed in a safe, supportive environment for all children
- parents and caregivers are encouraged to supply healthy foods that fit within the ***Right Bite*** strategy for their children at preschool.

This food policy has been established after consultation with staff and parents within the preschool community.

### **Curriculum**

Our kindergarten's food and nutrition curriculum:

- is consistent with the *Dietary Guidelines for Children and Adolescents in Australia*, and the *Australian Guide to Healthy Eating*
- includes activities that provide children with knowledge, attitudes and skills to make positive healthy food choices and learn about the variety of foods available for good health
- includes opportunities for children to develop practical food skills like preparing and cooking healthy food
- integrates nutrition across the curriculum where possible.
- Is part of the Early Years Learning Framework and NQS.

### **The Learning Environment**

Children at our kindergarten:

- have fresh, clean tap water available at all times and are encouraged to drink water regularly throughout the day.
- will eat routinely at scheduled break times.
- eat in a positive, social environment with staff who model healthy eating behaviours.
- use the preschool garden to learn about and experience growing, harvesting and preparing nutritious foods.

Our kindergarten:

- understands and promotes the importance of breakfast and regular meals for children
- teaches the importance of healthy meals and snacks as part of the curriculum
- is a breastfeeding friendly site

## **Food supply**

### Our preschool:

- *Provides the following suggestions for families for food brought from home:*

### **SNACK TIME**

Parents and carers are encouraged to provide fruit, vegetables and healthy snacks at snack time to:

- o Provide children with important minerals and vitamins
- o Encourage a taste for healthy foods
- o Encourage chewing which promotes oral Muscle development.

Foods that are not recommended include: sweets, lollies, chips.

Cordials and sweetened fruit juices are not recommended.

### **LUNCH TIME**

A healthy lunch box might include a sandwich, fruit, yogurt, vegie sticks etc.

Please do not include chocolate, roll ups etc.

Please ask staff if you are unsure.

- Our Kindergarten will ensure a healthy food supply for preschool activities, celebrations and events, strictly limiting availability of high fat, high sugar, or processed foods like chips, pastries, cakes, lollies, crisps and soft drinks to no more than twice a term, in accordance with the Healthy Eating Guidelines.
- We will display nutrition information and promotional materials about healthy eating, and provide information updates in newsletters.

## **Food safety**

### Our preschool:

- promotes and teaches food safety to children as part of the curriculum
- encourages staff to access training as appropriate to the *Right Bite Strategy*
- provides adequate hand washing facilities for everyone
- promotes and encourages correct hand washing procedures with children and staff.

## **Working with families, health services & industry**

### Our preschool:

- invites parents and caregivers to be involved in the review of our whole of site food and nutrition policy
- provides information to families and caregivers about the *Right Bite Strategy* through a variety of ways including:
  - o newsletters
  - o policy development/review
  - o information on enrolment
  - o pamphlet/poster displays
- promotes the alignment of fundraising with the *Right Bite strategy*.

The staff at Brahma Lodge Kindergarten thank you in advance for your support of this policy.



## BRAHMA LODGE KINDERGARTEN

64 The Strand  
Brahma Lodge  
Ph: 8258 4258

## BEHAVIOUR MANAGEMENT



Government of South Australia  
Department for Education and  
Child Development

At Brahma Lodge  
Kindergarten we believe  
that:



Everybody has  
rights and  
responsibilities.

Everybody has the  
right to feel safe.



Children learn best  
when they feel good  
about themselves and  
experience success.



At Brahma Lodge Kindergarten  
we are developing our problem  
solving skills.

We are working towards the  
following practice:

- ☺ At Kindy, if anyone including the staff are upset or have a problem, we will talk it over and try to solve the problem.
- ☺ In solving the problem, we will not hurt, punish, criticize or put anyone down.
- ☺ We will always be willing to participate in a whole group discussion and anyone can ask for this to happen.



## Rights



### Children

We all have the right to learn and play in a friendly, safe and supportive environment.



### Staff

We all have the right to teach in a friendly, safe and supportive environment.



## Responsibilities

We all need to care for ourselves, others, the environment and property.

Examples : to listen

- : to try our best
- : to help
- : to look after others
- : to be polite
- : to help others
- : to play safely
- : to co-operate
- : to respect others
- : to share equipment
- : to try to work out our problems
- : to accept others
- : to ask for help



## Rules

Rules help to respect our rights and to encourage responsibility.

### Communication Rule

This includes:

- ⇒ Listening to others
- ⇒ Hands up
- ⇒ 5 L's of Listening
- ⇒ Using a quiet voice
- ⇒ The way we solve problems together



### Learning Rule

This includes:

- ⇒ How we ask for attention or help
- ⇒ Sharing
- ⇒ Co-operation
- ⇒ Taking turns
- ⇒ The way we play and learn inside

### Safety Rule

This includes:

- ⇒ Safe play
- ⇒ The way we move around
- ⇒ Safe use of Equipment



## Consequences

Consequences for appropriate and inappropriate behaviour are logical. Inappropriate behaviours are talked through to work out and resolve.

For example:

**Consequences for appropriate behaviour include:**

- 😊 On-going positive feedback and reinforcement
- 😊 Stickers, stamps



**Consequences for inappropriate behaviour include:**

- 😞 Redirection to another activity
- 😞 Repairing the damage caused

**Persistent disruptive behaviour**

- 😞 Children are asked to come and have a chat with a staff member.
- 😞 Children reflect on what was done, what rule was broken and future behaviours.
- 😞 Re-entry to the group.
- 😞 Explicit teaching of social skills.