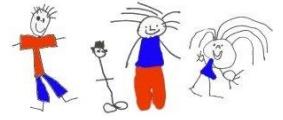


# BURTON PARK PRESCHOOL

## SUN SMART POLICY



The key strategies of our sun safe policy include:

- minimising play during peak UV times
- providing shaded areas for outdoor play
- implementing a hat policy
- promoting use of sunscreen
- educational programs about sun protection, such as 'SLIP, SLOP, SLAP, SLIDE'
- role modeling
- checking temperature of equipment before play.

Please note that we encourage parents/care givers to put sunscreen on their child before coming to preschool. Sun screen can be reapplied at lunch time and a supply is available at the preschool (brands vary according to availability). However, if your child has a sensitivity to different brands, we ask that you send your preferred brand along with your child and advise staff of this.

### HATS

Our hat policy supports the Cancer Council's recommendations for wearing hats during the warmer months of the year. The Cancer Council states that "In Australia, we need to balance the risk of skin cancer from too much sun exposure with maintaining adequate vitamin D levels (important for maintaining good health and to keep bones and muscles strong and healthy).

Our hat policy, as endorsed by Governing Council, therefore requires children to wear hats:

- during terms one and four
- in terms 2 and 3 when the UV rating is 3 or above
- on excursions as deemed appropriate. Naturally, hats can be worn during the cooler months of the year as well.