

Cambrai Preschool and Occasional Care

Skin Protection Site Policy

At Cambrai Preschool and Occasional Care we foster children's capacity to understand and respect social and natural environments to create learning environments that encourage children to explore, solve problems, create, construct and play in safe conditions.

At Cambrai Preschool and Occasional Care, the following appropriate measures are implemented to protect children from overexposure to ultraviolet radiation.

National Quality Standard 2.3

Regulation 168 (2) (a) (ii)

The policy is in place from the beginning of September until the end of April in South Australia when the ultraviolet radiation (UVR) level is 3 and above.

- All children and staff are encouraged to wear a broad brimmed, legionnaire or bucket hat (bucket hat must have a deep crown and minimum 5 cm brim for children under 5 years of age and 6cms for older children and adults) whenever they are outside, during the high risk period from September to end of April.
- Parents are encouraged to dress their children in appropriate protective clothing. This includes legionnaire style or broad brim hats and preferably tops with collars and sleeves (no straps or singlet tops). Loose light coloured, closely woven fabrics are ideal.
- Children are directed to play in shaded areas where possible and on high UV days and between the hours of 11am and 3pm, if outdoors, we will endeavour to provide activities in protected/shaded areas.
- Children who do not have appropriate hats with them will be offered one to wear or are asked to play indoors protected from the sun.

- Staff to act as positive role models by routinely practising SunSmart behaviours including wearing appropriate hats and clothing when outdoors.
- SPF 30+ broad spectrum, water resistant sunscreen is applied in the afternoon, after lunch, 15-20minutes before going outside and reapplied if involved in water activities.
- On excursions, maximum skin protection procedures will be followed.
- At orientation, staff and parents/carers will be informed of the sun protection policy.
- The centre will incorporate sun protection awareness activities in the teaching programs & teachable moments:
 - to encourage positive attitudes towards skin protection
 - to promote lifestyle practices
- Use shade of trees, pergolas, umbrellas, tents when outdoors for outdoor activities particularly from 1 September to 30 April.

Reference

Sun Smart Early Childhood program- www.sunsmart.com.au

Cancer Council SA <http://www.cancer.org.au>

OHS&W: HR

Our service, Cambrai Preschool and Occasional Care will review the Skin Protection Policy and procedures every 2 years so as to incorporate current advice from recognised authorities

Date: 18-3-2019

Review: 18-3-2021