

Cambrai Preschool & Occasional Care

Toileting & Nappy Change Procedures

National Quality Standard 2.1

Regulation 168 (2) (c)

Related Key Regulations: 88

Nappy changing and children's toileting are a common practice. At Cambrai Preschool & Occasional Care, toileting & nappy changing are positive experiences which support the individual needs of children, promote their wellbeing & encourage them to develop independence. The Staff implement current practices to maintain health & safety for all.

For Staff:

- Discuss & share with families their children's toileting & nappy changing procedures to meet each individual child's needs
- Supervise children at all times unless the child has gained independence & no longer needs adult assistance
- Always undertake precautions and wear gloves
- Talk with children using correct terms about the simple rules of hygiene & appropriate toilet practices
- Interact with children to make toileting & nappy change a positive experience
- Acknowledge children's success. Be helpful & encouraging
- Ensure children's privacy & dignity
- Manage toileting accidents sensitively when they occur & reassure child
- Changing nappies or toileting to be carried out on a regular basis
- Soiled clothing to be removed, tied in a plastic bag & deposited in hands-free lidded clothing bin in cupboard
- Remove the child's nappy, place in a plastic bag, tie & put in hands-free lidded nappy bin in cupboard
- Encourage self-help skills such as dressing & manipulating clothing

Procedure for nappy changing:

- Wash hands
- Place disposable change mat on the change table
- Always wear gloves when changing a nappy
- Remove any clothes with urine or faeces on them, place in a plastic bag, tie & deposit in hands-free lidded bin for clothing in cupboard
- Remove nappy & place in plastic bag, tie & put in hands-free lidded nappy bin in cupboard
- Clean the child's bottom
- Remove the disposable change mat & place in plastic bag
- Remove gloves by peeling them back from your wrists, turning them inside out as you go
- Put gloves into plastic bag with disposable change mat, tie & place in hands-free lidded nappy bin in cupboard
- Place a new nappy on the child
- Dress the child if needed
- Wash & dry child's hands
- Take the child away from the change table
- Clean the change table with detergent & warm water
- Wash your hands

Reference:

OHS&W:HR- Infectious Disease Control Procedure
[Health Resources for DECD - Staying Healthy - Preventing infectious diseases in early childhood education and care services - 5th Edition](#)

Our service, Cambrai Preschool & Occasional Care will review the Toileting & Nappy Change Procedures every 2 years so as to incorporate current advice from recognised authorities.

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Review: 18-3-2021