

## Cowandilla Children's Centre and Preschool CHANGING SOILED OR WET CHILDREN PROCEDURE

Ensuring toileting and nappy change routines are conducted in ways that maintain hygiene standards, with interactions that are warm and responsive and support children's learning links to the following National Quality standards;

- **Element 1.1.3:** The program, including routines, is organised in ways that maximise opportunities for each child's learning.
- **Standard 2.1** Each child's health is promoted.
- **Element 5.1.1** Interactions with each child are warm, responsive and build trusting relationships.
- **Element 5.2.3** The dignity and rights of each child are maintained at all times.

### Child wearing Nappies or Pull ups

- Advise a staff member that you are assisting a child.
- Support child onto change mat using the stairs or using a 'safe' lift..
- Apply gloves.
- Remove pants and soiled nappy.
- Clean child using wipes.
- Change gloves.
- Replace soiled nappy with clean nappy and clothes if required.
- Place nappy and wipes in bin provided.
- Place soiled clothes in a sealed plastic bag.
- Assist child down stairs, direct child to bathroom to wash hands, providing verbal prompts, visual cues and/or physical assistance if required.
- Clean and disinfect table area.
- Dispose of gloves in bin provided.
- Wash hands.

### Assisting a child wearing underwear

- Reassure child and support them to access a change of underwear/clothes
- Under supervision of staff encourage independence while child changes.
- Provide verbal prompts, visual cues and/or physical assistance if required.
- Clean child with wipes if child unable to do so.
- Change gloves.
- Place soiled clothes in a named plastic bag; put clothes into or near their home bag. If clothes are smelly place near the nappy bin until collected.
- Help the child to dress themselves.
- Mop area if required.
- Educator to dispose of gloves and wash own hands.

For both procedures, educators assisting with nappy and/or clothing change are required to

- Complete the 'CHANGING SOILED OR WET CHILDREN LOG
- Complete the parent notification slip and attach to the plastic bag with soiled clothing.
- Inform teachers to notify parents/caregiver at the end of the day.

Staff should follow individual Toileting or Continence Care Plans where these have been documented with parents.

To be reviewed in collaboration with staff: Term 1, 2026