



Cowandilla Children's Centre

for Early Childhood Development and Parenting

Term 2 2024

29th April – 5th July

Cowandilla Children's Centre
Cnr Jenkins & Wilson Streets, Cowandilla
Postal address: 34 Wilson St, Cowandilla 5033
General Enquiries: 8352 5346
Preschool (Kindy): 8443 7800
Child & Family Health: 1300 733 606

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>PRESCHOOL (KINDY) 8.15am to 3.45pm</p>	<p>PRESCHOOL (KINDY) 8.15am to 3.45pm</p>	<p>PRESCHOOL (KINDY) 8.15am to 3.45pm</p>	<p>PRESCHOOL (KINDY) 8.15am to 3.45pm</p>	<p>Preschool Enquiries Contact: Preschool Director on 8352 5346</p>
<p>MANY CULTURES: ONE PLAYGROUP (KURLU ROOM) 9.00am-11.00am School Term Only Weekly from 6th May</p> <p>A fun playgroup for culturally and linguistically diverse families with children 0-4 (not yet attending preschool).</p> <p>Contact: 8352 5346. Cost: Free</p>	<p>IMMUNISATION CLINICS (KARDI ROOM) 9am to 11.30am 3rd Tuesday of the Month 21st May, 18th June, 16th July</p> <p>Immunisation Clinics are by appointment only, via City of West Torrens website cityofwesttorrens.simplybooking.me Clinic provided by HAIMS. Contact: 8152 0363</p>	<p>ENROL NOW FOR PRESCHOOL</p> <p>To enrol your child in a Government preschool, you will need to submit a registration of interest form, available online www.education.sa.gov.au search 'preschool'</p> <p><i>Children who turn 4 years old</i> *before 1st May are eligible to start preschool at the beginning of the year</p> <p>*on 1st May to 31st October can commence preschool mid year at the start of term 3</p> <p>*after 31st October will be eligible to commence preschool at the start of the following year</p> <p>Please see Children's Centre staff for more information</p>	<p>OCCASIONAL CARE (KURLU ROOM) 8.45am to 11.45am and 12.15 to 3.15pm School Term Only</p> <p>A now and then childcare service for children prior to preschool age. Enrolment Required Contact: 8352 5346</p> 	<p>PHYSIOTHERAPY PLAYGROUP (KURLU ROOM) 9.00am to 9.45am 0-2 year old Group 1 10.00am to 10.45am 3-5 year old group 11.00am to 11.45am 0-2 year old Group 2</p> <p>A program supporting children to develop balance, coordination and motor skills. Facilitated by Uni students under the supervision of a UniSA Physiotherapist. Contact Denise on 8302 4013. Bookings essential.</p>
<p>BABY PLAYGROUP Learning Together (KURLU ROOM) 1pm-2.30pm School term only Weekly from 29th April</p> <p>A playgroup for parents to engage with their babies in a range of activities including play, reading and singing. From birth to early walkers. Facilitated by Kelly from Learning Together Communities Program.</p> <p>Contact: 8352 5346 Cost: Free</p> 	<p>LITTLE EXPLORERS PLAYGROUP (KURLU ROOM) 9.00am to 11.00am School Term Only Weekly from 6th May</p> <p>A fun playgroup for children 0-preschool age who live in the West Torrens council area. Facilitated by Mel. Bookings required. Please contact 8352 5346. Cost: Free</p>	<p>CHILD and FAMILY HEALTH SERVICE (CaFHS)</p> <p>Self Weigh and Measure – Self weigh station facilities are available Monday-Friday during business hours.</p> <p>Developmental Checks – CaFHS nurses can offer health and developmental checks by appointment.</p> <p>Early Parenting Groups – If you are a first time parent you can enquire to join one of the groups for parents with new babies. Bookings essential.</p> <p>For more information about CaFHS services or to book an appointment or into a group please phone 1300 733 606.</p>	<p>LITTLE BIG BOOK CLUB Ask one of our staff about the FREE Baby Reading Packs.</p>	<p>PLAYGROUP (KINDY BUILDING) 9.00am to 11.00am During the School Term (except the last week of term)</p> <p>An interactive playgroup for children 0-5 for families who live in the West Torrens council area. Facilitated by Mel. Cost: Free Contact: 8352 5346</p>
	<p>OCCASIONAL CARE (KURLU ROOM) 12.15pm to 3.15pm School Term Only</p> <p>A now and then childcare program for children prior to preschool age. Enrolment Required Contact: 8352 5346</p>			<p>BANANA SPLITZ (KARDI ROOM) SATURDAYS</p> <p>A fun and exciting group program for children aged 6-12 years who have separated parents. Facilitated by AnglicareSA. Contact: 8301 4201</p>



Here are some other playgroups happening in our local community...

Session information is provided as a guide only.

Please contact the group contact for more information on the session including cost and program details.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Learning Together Playgroup</p> <p>When: 9.30am to 11am (during school term)</p> <p>Where: Lockleys Children's Centre, 57 Malurus Ave, Lockleys</p> <p>Cost: Free Please call for more information. Contact: 8443 5758 Bookings required</p>	<p>Baby Time</p> <p>When: 10.30am to 11am</p> <p>Where: Hamra Centre Library, 1 Brooker Tce, Hilton</p> <p>Cost: Free Contact 8416 6228</p>	<p>Story Time</p> <p>When: 10.30am to 11am</p> <p>Where: Hamra Centre Library, 1 Brooker Tce, Hilton</p> <p>Cost: Free Contact: 8416 6228</p>	<p>Baby Time</p> <p>When: 10.30am to 11am</p> <p>Where: Hamra Centre Library, 1 Brooker Tce, Hilton</p> <p>Cost: Free Contact 8416 6228</p>	<p>Jean Horan Kindergarten Playgroup</p> <p>When: 12.30pm to 1.30pm (during school term)</p> <p>Where: Jean Horan Kindergarten, Ross Avenue, Flinders Park</p> <p>Contact: 8346 1668 Cost: \$2.50 per visit</p>
<p>Learning Together Baby Playgroup</p> <p>When: 1pm to 2.30pm (during school term)</p> <p>Where: Lockleys Children's Centre 57 Malurus Ave, Lockleys Cost: Free Contact: 8443 5758 for bookings/enquiries</p>	<p>Toddler Time</p> <p>When: 11.15am to 11.45am</p> <p>Where: Hamra Centre Library, 1 Brooker Tce, Hilton</p> <p>Cost: Free Contact : 8416 6228</p>		<p>Toddler Time</p> <p>When: 11.15am to 11.45am</p> <p>Where: Hamra Centre Library, 1 Brooker Tce, Hilton</p> <p>Cost: Free Contact : 8416 6228</p>	<p>Mums with toddlers Play, Coffee and Chat</p> <p>When: 9.30am to 12pm</p> <p>Where: Forbes Children's Centre, 80 Thomas Street, South Plympton</p> <p>Cost: Free Bookings required Contact: 8293 9000</p>
	<p>Findon Community Playgroup</p> <p>When: 9.15am to 11am (during school term)</p> <p>Where: Findon Community Centre, 222 Findon Rd, Findon Cost: Free</p> <p>Contact: Alicia B 1800 171 882</p>		<p>Fulham Community Centre Playgroup Tuesday and Thursday</p> <p>When: 9.30am to 11.30am (during school term)</p> <p>Where: Fulham Community Centre 19 Fitch Road, Fulham</p> <p>Cost: \$2 per visit Attendance welcome Contact: 8235 1644</p>	<p>Baby Connections</p> <p>When: 1.30pm to 2.30pm</p> <p>Where: Forbes Children's Centre, 80 Thomas Street, South Plympton</p> <p>Cost: Free Bookings required Contact: 8293 9000</p>
			<p>Richmond Minis</p> <p>Welcoming parents, carers & little ones for a chat, cuppa & playtime to connect</p> <p>When: Thursday fortnightly starting 2nd May, 9am-11am</p> <p>Where: Richmond Baptist Church 141 Richmond Road, Richmond</p> <p>FB/Insta Richmond_minis</p>	



We welcome everyone at Cowandilla Children's Centre