



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PRESCHOOL (KINDY)</b> 8.15am to 3.45pm	<b>PRESCHOOL (KINDY)</b> 8.15am to 3.45pm	<b>PRESCHOOL (KINDY)</b> 8.15am to 3.45pm	<b>PRESCHOOL (KINDY)</b> 8.15am to 3.45pm	<b>Preschool Enquiries Contact:</b> Preschool Director on 8443 7800
<b>MANY CULTURES: ONE PLAYGROUP (KURLU ROOM)</b> 9.30am to 11.00am School Term Only Weekly from 31 <sup>st</sup> July	<b>IMMUNISATION CLINICS (KARDI ROOM)</b> 9.00am to 11.30am <b>3<sup>rd</sup> Tuesday of the Month</b> <b>15<sup>th</sup> August and 19<sup>th</sup> September</b>	<b>FUN WITH FOOD (KARDI ROOM)</b> 10.00am to 12.00pm <b>13<sup>th</sup> September to 27<sup>th</sup> September</b>	<b>OCCASIONAL CARE (KURLU ROOM)</b> 8.45am to 11.45am and 12.15 to 3.15pm <b>School Term Only</b>	<b>PHYSIOTHERAPY PLAYGROUP (KURLU ROOM)</b> 9.00am to 9.45am <b>0-2 year old Group 1</b> 10.00am to 10.45am <b>3-5 year old group</b> 11.00am to 11.45am <b>0-2 year old Group 2</b>
<p>A fun playgroup for families with children 0-4 (not yet attending preschool) who are newly arrived to Australia or have English as a second language at home.  <b>Contact:</b> 8352 5346.  <b>Cost:</b> Free</p>	<p>Immunisation Clinics are by appointment only, via City of West Torrens website <a href="http://cityofwesttorrens.simplybooking.me">cityofwesttorrens.simplybooking.me</a>.            Clinic provided by HAIMS.  <b>Contact:</b> 8152 0363</p>	<p>A group for parents of children aged from 8 months to 4 years old, who are having difficulty learning to eat and enjoy a variety of foods. For more information or to book  <b>Contact:</b> 8352 5346.</p>	<p>A now and then childcare service for children prior to preschool age.  <b>Bookings essential</b>  <b>Contact:</b> 8352 5346</p>	<p>A playgroup for parents/carers with babies and toddlers, who are looking for support to help their children develop balance, coordination and motor skills. Facilitated by physiotherapy students under the supervision of a UniSA Physiotherapist. For more information contact Denise on <b>8302 4013</b>.  <b>Bookings essential.</b></p>
<p><b>BABY PLAYGROUP &amp; Learning Together (KURLU ROOM)</b>            1.30pm to 3.00pm            Weekly from 31<sup>st</sup> July</p>	<p><b>LITTLE EXPLORERS Learning Together PLAYGROUP (KURLU ROOM)</b>            9.00am to 11.00am            School Term Only            Weekly from 1<sup>st</sup> August</p>	<p><b>CHILD and FAMILY HEALTH SERVICE (CaFHS)</b></p> <p><b>Self Weigh and Measure</b> – Self weigh station facilities are available Mon-Friday during business hours.</p> <p><b>Developmental Checks</b> – CaFHS nurses can offer health and developmental checks by appointment.</p> <p><b>Early Parenting Groups</b> – If you are a first time parent you can enquire to join one of the groups for parents with new babies. Bookings essential.</p> <p>For more information about <b>CaFHS services</b> or to book an appointment or into a group <b>please phone 1300 733 606.</b></p>		<p><b>PLAYGROUP (KINDY BUILDING)</b>            9.00am to 11.00am  <b>School Term (except the last week of term)</b></p>
	<p>A fun playgroup for children 0-preschool age who live in the West Torrens council area. Supported by Mel and Learning Together staff.  <b>Bookings required.</b>            Limited numbers.            Please contact 8352 5346.  <b>Cost:</b> Free</p>			<p>A interactive playgroup for children 0-5. Come along and enjoy various play based activities and meet new families in your neighbourhood.            Walk in's welcome for families who live in the West Torrens council area.  <b>Contact:</b> 8352 5346</p>
	<p><b>OCCASIONAL CARE (KURLU ROOM)</b>            12.15pm to 3.15pm  <b>School Term Only</b></p>			<p><b>BANANA SPLITZ (KARDI ROOM) SATURDAYS</b></p> <p>A fun and exciting group program for children aged 6-12 years who have separated parents. Facilitated by AnglicareSA.  <b>Contact:</b> 8301 4201</p>
	<p><b>LITTLE BIG BOOK CLUB</b>            Ask one of our staff about the FREE Baby Reading Packs.</p>			

# Here are some other playgroups happening in our local community...

Session information is provided as a guide only.

Please contact the group contact for more information on the session including cost and program details.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lockleys Little Learners</b>  When: 10.00am to 11.30am (during school term)  Where: Lockleys Children's Centre, 57 Malurus Ave, Lockleys  Cost: Free  <b>Please call for more information.</b>  Contact: 8443 5758 <b>Bookings required</b>	<b>Baby Time</b>  When: 10.30am to 11am  Where: Hamra Centre Library, 1 Brooker Tce, Hilton  Cost: Free  Contact 8416 6228	<b>Story Time</b>  When: 10.30am to 11.30am  Where: Hamra Centre Library, 1 Brooker Tce, Hilton  Cost: Free  Contact: 8416 6228	<b>Baby Time</b>  When: 10.30am to 11am  Where: Hamra Centre Library, 1 Brooker Tce, Hilton  Cost: Free  Contact 8416 6228	<b>Jean Horan Kindergarten Playgroup</b>  When: 12.30pm to 1.30pm (during school term)  Where: Jean Horan Kindergarten, Ross Avenue, Flinders Park  Contact: 8346 1668  Cost: \$2.50 per visit
	<b>Toddler Time</b>  When: 11.15am to 11.45am  Where: Hamra Centre Library, 1 Brooker Tce, Hilton  Cost: Free  Contact : 8416 6228		<b>Toddler Time</b>  When: 11.15am to 11.45am  Where: Hamra Centre Library, 1 Brooker Tce, Hilton  Cost: Free  Contact : 8416 6228	<b>Mums with toddlers Play, Coffee and Chat</b>  When: 9.30 am to 12pm  Where: Forbes Children's Centre, 80 Thomas Street, South Plympton  Cost: Free <b>Bookings required</b> Contact: 8293 9000
	<b>Baby Playgroup</b>  When: 1.00pm to 2.30pm (during school term)  Where: Lockleys Children's Centre, 57 Malurus Ave, Lockleys  Cost: Free Contact: 8443 5758 <b>Bookings required</b>		<b>Fulham Community Centre Playgroup</b> Tuesday and Thursday When: 9.30am to 11.30am (during school term)  Where: Fulham Community Centre 19 Fitch Road, Fulham  Cost: \$2 per visit <b>Attendance welcome</b> Contact: 8235 1644	<b>Baby Coffee and Chat</b>  When 1.00pm to 2.00pm  Where: Forbes Children's Centre, 80 Thomas Street, South Plympton  Cost: Free <b>Bookings required</b> Contact: 8293 9000
	<b>Findon Community Playgroup</b>  When: 9.15am to 11.15am (during school term)  Where: Findon Community Centre, 222 Findon Rd, Findon  Cost: Free  Contact: Alicia on 1800 171 882  <b>Attendance welcome</b>			If you would like to find out more about support that is available for you and your family, what's on in the community, how to connect with other families, you can contact Amy the Community Development Coordinator on 8352 5346.



We welcome everyone to Cowandilla Children's Centre