

Dunbar Terrace Kindergarten

SKIN PROTECTION POLICY

This policy is for implementation from 1 September to 30 April. Outside of this time care should also be taken when the ultraviolet radiation level is 3 (moderate) and above. Look at the UV rating with the children at the beginning of the day.

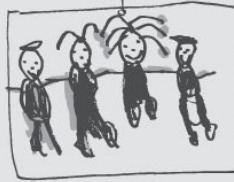
The purpose of the policy is to ensure that all members of our Early Childhood Service are protected from skin damage caused by the harmful rays of the sun. **The aims of the Dunbar Terrace Kindergarten Skin**

Protection Policy is to promote among children, staff and parents:

- Positive attitudes towards skin protection.
- Lifestyle practices which can help reduce the incidence of skin cancer.
- Personal responsibility for and decision making about skin protection.
- Awareness of the need for environmental changes in our centre to reduce the level of sun exposure when the UV radiation level is 3 and above.

It is an expectation that all staff, students and parents of Dunbar Terrace Kindergarten will use the following skin protection strategies:

1. Take care to protect the skin when the ultraviolet radiation level is 3 (moderate) and above. Extra care should be taken between 10.00 am and 3.00 pm when UV radiation levels are highest.
 - The children's lunch, rest time and indoor activities will be held between 10.00 am and 3.00 pm to minimise exposure to UV radiation in the middle of the day.
 - Whenever possible, all outdoor activities will be scheduled before 10.00 am and after 3.00 pm or in the shaded areas of the service.
2. Use the shade of trees, pergolas and make believe covered spaces whenever outdoors.
3. Wear appropriate clothing which protects the skin.
 - Children, staff and parents will be expected to wear a broad brimmed hat, legionnaire style hat, or a bucket hat whenever they are involved in outside activities.
 - Children not wearing an appropriate hat will be expected to play in the shade.
 - Children will be encouraged to wear shirts with collars and at least elbow length sleeves and longer style shorts/skirts.
4. Parent permission will be sought firstly to apply a broad-spectrum, water resistant sunscreen before going outdoors.
 - Adequate time must be allowed for correct application of sunscreen on children before they go outdoors.
 - Parents will be encouraged to supply sunscreen for their children particularly children with sensitive skin or allergies.
 - Sunscreen will be available at the service on the sign-in table at the beginning of the day.
 - Sunscreen will be applied before the children's morning outdoor activities and again before they go outside in the afternoon at times between 10.00 am and 3.00 pm or when the UV is 3 and above.
5. Reinforcing the SunSmart message in all service activities is an important strategy in the adoption of skin protection behaviours.
 - Staff will be encouraged to role model appropriate SunSmart strategies in all service activities.
 - Skin cancer prevention will be included in appropriate teaching activities.



Dunbar Terrace Kindergarten

- Staff will be encouraged to keep up to date with new information and resources from Cancer Council SA.
- Information about the centre's SunSmart Policy will be given to all new staff, students and families.

The Dunbar Terrace Skin Protection Policy will be evaluated on a two yearly basis.

- Policy issues will be discussed at staff and Governing Council meetings.

Date:

Signed:.....

Review Date:.....

Signed:.....