

## Sun smart policy

All staff, children and other adults working at the Centre will wear hats outside whenever the UV rating for the day is listed as 3 or above; or also at the discretion of staff. The children check the SunSmart App every day. The kindergarten will keep a limited supply of spare hats, due to health issues such as head lice, so parents will be expected to provide a named hat in their child's bag every day, and if one is borrowed, it will be washed by parents and returned to kindy. Hats must meet sunsafe guidelines, ie be broad-brimmed, or "flap hats", that provide protection for ears, necks etc. Hats with cords are not able to be used due to choking hazards. Children who do not have a suitable hat to wear will need to play on the veranda or inside. Term 1 fees will include a kindy logo toggle hat to stay at kindy for daily use.

It is suggested that children wear tops with sleeves to protect their upper body from the sun.

Parents are asked to apply sunscreen to their children at home prior to the session on days with UV ratings over 3, and some is available at kindy if parents need to use it when dropping children off at 9am or 12 noon. Staff will apply sunscreen to full day children at lunchtime prior to them going out to play; any children with allergies to certain ingredients can provide their own- to be kept in the first aid cupboard in the kitchen, not in children's bags.

Children will be encouraged to drink plenty of cool water on hot days, and parents will be expected to supply a named water bottle or cup in their child's bag every day, (we also provide access to filtered water daily).

Children will be encouraged to play in the shade on hot days, and the program will be adapted to suit the weather eg no climbing will be set up in the sun on extremely hot days, water may be added to the sand pit (children may get wet and muddy, so will need to be dressed accordingly), timetable may be changed to play outdoors earlier in the day, and inside during the middle of the day.

**Reviewed Jun 2020**