

## Fraser Park Preschool-7 School



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Principal: Michelle Kamma

# **Sun Protection Policy**

#### **NQS**

QA2	2.1	Health	Each child's health and physical activity is supported and promoted.	
	2.1.1	Wellbeing and comfort	Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest and relaxation.	
	2.2.1	Supervision	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.	
QA3	3.1.1	Fit for purpose	Outdoor and indoor spaces, buildings, fixtures and fittings are suitable for their purpose, including supporting the access of every child.	

## **National Regulations**

Regs	114	Outdoor space—shade
168(2)(a)		Policies and procedures are required in relation to the
		following—
		(a) health and safety, including matters relating to—
		(ii) sun protection
	Policies and procedures are to be kept available	

#### **EYLF**

LO3	Children take increasing responsibility for their own health and physical well		
	being		

#### Aim

In accordance with the environmental changes to the sun, our aim is to the best of our abilities protect children and staff from over-exposure to sun. We also aim to educate families on this subject.

Australia has the highest rate of skin cancer in the world. Research has indicated that young children and babies have sensitive skin that places them at particular risk of sunburn and skin damage. Exposure during the first 15 years of life can greatly increase the risk of developing skin cancer in later life. Early Childhood Services play a major role in minimising a child's UV exposure as children attend during times when UV radiation levels are highest.

#### Pulyeri aims to:

- 1. Ensure that all children and staff at our centre are protected from skin damage caused by the harmful ultra-violet rays of the sun.
- 2. Promote positive attitudes towards skin protection amongst staff, children and parents.
- 3. Promote lifestyle practices that can help reduce the incidence of skin cancer and related problems.

## **Implementation**

- Require school children to wear the school issued broad-brimmed hats and Preschool children to wear either a broad-brimmed hat from home or from preschool whenever they are outside during Terms 1 and 4 (e.g. recess, lunch, sport, and excursions).
- Work with families to provide SPF 30 + broad-spectrum, water-resistant sunscreen for staff and student use.
- Encourage the application of sunscreen when appropriate.
- Encourage children to use available areas of shade for outdoor activities.
- Staff will direct children who are not wearing hats (in term1 and 4) to either put on a hat or to play in shaded areas.
- Staff actively model wearing broad-brimmed hats while on duty and on outside activities.
- Regularly reinforce the Sun Protection Policy in a positive way through newsletters, student/child and staff activities.
- When enrolling their child, families will be informed of the Sun Protection Policy.
- Regular observation of children by staff when outside (in terms 1 and 4) to monitor hat usage.

On days of extreme heat (≥36) the Hot Weather Policy will be enacted.

#### Curriculum

- Incorporate programs related to sun safety into the curriculum at all grade levels
- Regularly reinforce Sun Smart behaviours in a positive way through newsletters, family meetings, student/children and staff activities.
- Ensure the Sun Protection policy is reflected in the planning of all outdoor events (e.g. Camps, excursions, sporting events).
- Ongoing evaluation and updating of curriculum in terms of its skin cancer prevention as applicable, and in response to the relevant literature, ie Anti-Cancer Council publications.

#### **Environment**

- Encourage preschool families to send children to preschool with sun protective clothing.
- Include sun protective clothing as optional items as part of our school dress code.
- Whenever possible, organise outdoor activities where shaded areas are accessible.
- Schedule outdoor assemblies early in the day or in an area where all students can be in shade.
- Update and promote curriculum material relevant to Sun Smart activities.

#### Evaluation

- Services Committee of the Governing Council will review the effectiveness of this policy each year. They will:
- Review the Sun Smart behaviour of students, staff, families and visitors and make recommendations for improvement.
- Assess shade provision and usage and make recommendations for increases in shade in conjunction with the Governing Council.

#### **Education and Information**

Sun protection will be incorporated regularly into learning programs. Sun protection information will be promoted to staff, families and visitors. Further information is available from the Cancer Council Website :-

www.cancersa.org.au

## Policy Availability

The Sun Protection Policy, updates and requirements (including hat, clothing and sunscreen) will be made available to staff, families and visitors.

## **Sources**

The Cancer Council of South Australia Occupational Health, Safety and Welfare (Safe Work SA) Amendment Act 2005

### **Review**

The policy will be reviewed every 2 years. The review will be conducted by: Governing Council, Employees, Families, and Interested Parties.

Review	Changes made	Reason
September 2018	Sun Smart to Sun Protection	NQS Update
September 2018	NQS Elements	NQS Update

Revised September 2018 Ratified October 2018