



Freeling School Preschool – Year 7

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Preschool Newsletter Term 1 2018

Welcome to Freeling Preschool. We would like to welcome all of the children and their families to our centre and school. We look forward to working together with you throughout the year.

Our first few weeks will be spent focusing on our Preschool routines and expectations. We will be talking about being a friend and learning the names of our Kindy friends.

Morning Routine. The sign in book is located inside the centre. Please ensure that you sign your child in each morning and let a staff member know that they have arrived. In the sign in book, there is a space for writing any notes such as, going to OSHC or nanna picking up, etc. At the end of the session please ensure you sign your child out.

Lunch boxes and drink bottles. Part of the morning routine is for the children to put their own drink bottles in the esky. Lunch boxes / bags will be kept in your child's bag in their locker. We suggest the use of ice bricks to keep food fresh.

* We follow a 'Healthy Food Policy' at our centre using our eating times to promote and discuss healthy eating. We ask that you provide fresh fruit and food which is low in sugar, salt and fats for both snack and lunch time to help support us with this. ***No nuts please which includes peanut butter and Nutella. Please check muesli bar and biscuit ingredients for nuts as well. Thank you.** As part of our sustainability program we encourage children to reduce plastic waste and reuse and recycle. We promote no plastic waste and encourage food to be sent in reusable containers. Fruit and vegetable scraps are used in our compost and worm farm.

Hats and Sunscreen. It is a Freeling Preschool policy that sun hats are worn in the warmer months. We ensure that the children have their hats on whenever we venture outside to play. Please ensure that there is an appropriate sun hat (broad-brimmed with no cords) in your child's bag each day, clearly labelled with your child's name.

Each day, before we go outside, we help children to apply sunscreen. We prefer for each child to have their own labelled sun screen due to sensitivities and allergies.

Roll-on sunscreen seems to be the easiest for them to apply. (No Aerosols please)



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Family Photo In helping to build the connection between home and Preschool, we will be talking to the children about their families. This includes such conversations as “Who is in your family?” “What do you like to do together with your family?” etc.

We would like each child to bring in a photo of their family or someone from their family, pets may also be included. These photos will be displayed on our family board next to our Belonging Tree.

Me Box and Sharing During the term each child will have the opportunity to bring home the ‘Me Box’. In this box, we ask the children to put one toy, one book and one photo from home. When they bring it in, they tell the group about the contents and the information on the fill in sheet provided.

We will also be sending home a ‘Sharing’ sheet which is a way of gaining some information about what your child’s interests are or if there are any special events or holidays approaching.

Library Once a week, each group will visit the School Library where the children are able to borrow one book a week. Their book must be returned before they can borrow another. A library bag (preferably fabric) labelled with their name is required for ‘transporting’ their library books to and from home. Borrowing will begin in week 3. We will let you know which day each group will be going to the Library.

Shoes and Clothing As Preschool play can be quite messy with sand, paint and glue, we ask that the children wear clothing that can withstand such ‘messes’. It is also important for them to have a spare set of clothes in their bag. The children quite often like to take their shoes off in the sandpit. To make this a successful learning experience, for the children, we suggest shoes / sandals that they can take off and put on with little adult help. Velcro straps are a lot easier for the children to manage than shoe laces.

Parent Pockets and notice boards Please ensure that you check your child’s note pocket each time you come to the centre. These pockets contain notes such as school and preschool newsletters, fee invoices, book club and other notifications.

Please also check the noticeboards regularly for important information. You can also access school notifications via the Skoolbag app available on both Iphone and Android platforms. School information can also be sought through the Freeling Primary School Facebook page.

Parent Helpers We do our best to offer your children a wide range of activities. This can be challenging as the needs and interests of children vary greatly. We do appreciate and welcome any extra help in any form. Examples of this are: parents coming in and reading with children, cutting up collage materials and washing dishes / paint pots at the end of the day.



Washing Roster. We have a washing roster displayed on the board above the sign-in table. This is where we ask that you put your name next to a week to take the washing home (the washing can include paint smocks, tea towels, dress ups).

Freeling School and Preschool 'Meet and Greet' Next Friday 9th February the Primary School and Preschool will be open for our 'meet and greet 'night. This is an opportunity for families to visit classrooms and meet staff. More details will be provided next week.

Please remember that our door is always open and you are welcome to speak to us about any concerns or questions you have about your child or the service. Please be aware however that if you require a lengthy and/or private conversation, it is best to make an appointment time.

We look forward to working with you and your child this year.

Narelle Hanley, Dawn Karlovcec - Preschool Teachers

Lesley Handke, Tamara Mason – Support Staff



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