



Freeling School Preschool – Year 7

Coulls Street FREELING

South Australia 5372

Tel: 08 85 252 045

Fax: 08 85 252 319

email: dl.0139.info@schools.sa.edu.au



Preschool Newsletter Term 3 - 2018

Welcome back as we begin Term 3. You may have noticed there have been some changes in the Preschool with rearrangements and new furniture. The children have taken to the new tables which we are using for both creative arts and a more 'communal' eating area. This week it has been great to see the children sitting together, eating and hearing them chat about their healthy foods, independently open containers, and organise and pack up their lunchboxes.



What's coming up?

Each Education and Care service in Australia is assessed and rated by their state regulatory authority. Services are assessed against the 7 quality areas of the National Quality Standard. Freeling Preschool will be undergoing assessment on Tuesday 31st July, with all staff being a part of this process.

Eat A Rainbow: Over the next few weeks we will introduce the 'Eat a Rainbow' program. This involves looking at and sampling fruits and vegetables that fit into all the colours of the rainbow. The children will have the opportunity to bring home one of our Rainbow Lorikeet friends and fill in a diary about what fruits and vegetables they shared. A flyer explaining the program is included with this newsletter.

We would also like to increase our cooking experiences and would love your help. If you would like to come in and assist us with some cooking or if you have a recipe that you would like to share, please let us know.

Dates for your Diary

Week 3

Thursday 9th August – CYH HEALTH CHECKS

Week 5

Mon 20th – Fri 24th August – BOOK WEEK
Theme: Find your Treasure

Week 6

Tuesday 28th August FATHER'S DAY STALL

Friday 31st August FATHER'S DAY STALL

Week 7

Monday 3rd September PUPIL FREE DAY

Week 10

Thursday 27th September SPORTS DAY

Friday 28th September

LAST DAY OF TERM 3
Early Dismissal 2.15pm

The Class Dojo is used at Freeling Preschool as a means of communication.



Government of South Australia
Department for Education

Food and Nutrition Policy: Our Food and Nutrition Policy is up for review this term. We have included a copy of the current policy with this newsletter. We would appreciate you taking the time to read, review and provide feedback on any changes or additions you would like considered as part of the review.

Please let us know what you think by Monday the 6th of August, Thank you.

Child Protection Curriculum: As part of the Child Protection Curriculum we will be discussing our bodies and who is in charge of them. We will be naming body parts, using correct names as well as working out what feelings we get on different parts of our bodies when we are feeling unsafe (eg sweaty palms). We will also be identifying local community helpers such as the CFS, ambulance and the police that help to keep us safe. The children have already been role playing doctors and patients in our hospital set up.

Book Week: August 20th -24th Week 5 of this term will be Book Week. This year's theme is 'Find Your Treasure'. We will be having a dress up day on that week with more information to follow.

CAYHS Health Checks: On Thursday 9th August, Gill the Child and Youth Health nurse will be visiting and conducting the 4 – 5 year old health checks. If you would like to book an appointment please fill out the sheet located by the daily sign-in sheet.

Warm Clothes: Just another reminder about layering children's clothing at Kindy. Outside play is an important part of our curriculum and we venture out even on colder days. We encourage the children to wear jackets and beanies so they can make the most of their outside time.

Getting Ready for School: Wow, who can believe that the children are over half way through their Preschool year? It is really great to see lots of parents already encouraging and supporting their children toward becoming independent.



You can build these self-help skills in your children by expecting that they can and will:

- ✚ carry their own bags (Even if just from the front door)
- ✚ put their own drink bottles in the esky
- ✚ manage their own belongings at the end of the day

Other tasks that you can encourage them to try on their own are:

- ✚ opening food packets and managing their lunch-box
- ✚ eating whole pieces of fruit (not peeled / cut)
- ✚ putting on their own jumpers, jackets, socks and shoes

All of these small things assist in a big way when the children get to school and the adult to child ratio lessens.

PLEASE REMEMBER that our door is always open so pop in to see what we are up to. If there is anything that you would like to discuss with us about your child, give us a call to make a mutually convenient time for a chat.

Preschool Staff