



SUNSMART POLICY

Frieda Corpe Kindergarten has a sunsmart policy for skin protection ALLYEAR ROUND.

Cancer Council SA recommends that Early Childhood Services in S.A implement a comprehensive skin protection policy when the ultra violet radiation (UVR) levels are 3 and above.

This policy is in place from 1st of August to 30th April and during times when the ultraviolet (UV) radiation level is 3 and above.

At Frieda Corpe Kindergarten:

- We expect all children, staff and visitors to wear a hat during the months of August through to May. (Terms 1,3 and 4) All children are given a legionnaire hat to wear at Kindy as part of their transition package.
- The UV radiation level will be monitored daily on the Australian Government Bureau of Meteorology web site. During the winter months if rays are under 3, the children and staff will not be required to wear hats for outdoor play so that we receive healthy sun exposure for the production of vitamin D, for healthy bone development.
- We recommend **wide-brimmed or legionnaire hats**, without neck cords/ties (for safety on climbing equipment.)in accordance with DFE guidelines.
- **NO Hat, No play policy** during the months August through to April and, depending on U.V rays, May as well. Inside or veranda play only.
- All children will be provided with a broad spectrum, water resistant sunscreen 50+ and a Kindy Legionnaire Hat (named) on enrolment to be left at kindy for daily use. When UV rays are 3 or above sunscreen is to be applied.
- Educators will support children in re-applying their sunscreen with strategies that promote their wellbeing and independence.
- Sunscreen is applied 20 mins before going outdoors with a SPF50+sunscreen broad spectrum UVA/UVB protection 4 hours water resistant.
- We request that parents/guardians apply broad spectrum, water resistant sunscreen with an SPF of 50+ **to their child before coming to kindy.** Staff will assist children to re-apply sunscreen after lunch.
- We ask parents to notify us if their child is allergic or sensitive to sunscreen on enrolment and if so they are asked to provide a 50+ roll on sunscreen suitable for their child's skin and clearly named.
- Slide on sunglasses-wrap around sunglasses provide the best protection and should meet Australian Standard AS/NZS 1067.1:2016 (Sunglasses lens category 2,3, or 4)
- Outdoor activities will be organised so that children are playing underneath shade cloth areas from the beginning of August until the end of April and when the UV Index is 3 and above at other times.
- Children are encouraged to play in shaded areas when the UV is 3 and above.
- We recommend that children wear clothes that cover their shoulders to further protect them-longer style sleeves rather than sleeveless clothing, collars or higher necklines and longer style shorts, skirts and dresses. No singlet or midriff tops allowed.
- SUNSMART AWARENESS is an ongoing part of our kindergarten curriculum and is included in programmed activities, promoted during daily routines and discussions with children and is included in newsletters and posters around the kindy.
- Educational material on sun protection is available at our centre. All new staff and families are informed of the sun protection policy and sunsmart behaviours are regularly promoted to the community through our newsletters.
- For Work Health and Safety and role modelling, when the UV is 3 and above, staff are required to wear sun protective clothing, sunscreen, appropriate hats and sunglasses and seek shade when outdoors. Visitors are encouraged to role model sun protection behaviours when involved in centre activities.
- Staff members will determine based on the conditions of the day (i.e. UV readings and temperature) if outdoor play will be offered during days/times where predicted temperatures are over 35 degrees.

- Staff members will determine if outdoor equipment is safe for children to play on (i.e. hot surfaces) during summer months, even with shade provided.

Sunsmart policy

Quality area 2 Policies

Updated 3/3/2016	
Updated 25/10/18- children	reapplying sunscreen with educators supporting their wellbeing and independence.
Updated Feb 2019	Took out the dot point about not providing spare hats as we have spare hats that can be used if a hat has been misplaced so that children are not excluded from outdoor play.
Updated Nov 2020	Added no singlets or midriff tops and changed wording in the first paragraph to read more clearly. Added Sunglasses lens category.
Updated Nov 2022	Removed every two hours and added SPF50+sunscreen broad spectrum UVA/UVB protection 4 hours water resistant.
Review Nov 2024	

National Quality Standard and Regulations

- [Regulation 168 \(2\) \(a\) \(ii\) \(PDF, 75.7 KB\)](#)
- [National quality standard 2.3 \(PDF, 1.6 MB\)](#)
- [Related key regulations: 114 \(PDF, 30.3 KB\)](#)
- [Department for Education 'Inclement Weather and Sun Protection Procedure'](#)