

## **Health and wellbeing**

### **Child Protection**

Throughout our program and daily activities we provide opportunities for children to develop strategies to help them feel safe and empower them with the ability to seek help when they feel unsure or unhappy about a situation.

The Staff in the centre have all been trained in Child Protection and Mandatory Reporting.

### **Illness and Absences**

If your child is unwell prior to their session, we ask that they be kept at home.

Children with contagious or infectious diseases including head-lice, diarrhoea, vomiting, conjunctivitis, raised temperature and 'green' noses are not to attend preschool. Even if your child "wants" to come to preschool, (which they will often say!), it is best to remain at home to get well before attending the centre again.

If your child appears ill during the day, staff will contact you or your emergency contacts. You will be given an illness report completed by a staff member.

Please contact the Preschool if your child is to be absent.

### **Injuries**

If your child has a serious injury and requires immediate outside medical attention, staff will contact you or your emergency contacts.

An ambulance will be called if appropriate. Parents/caregivers or emergency contacts will be notified as soon as possible. Please always ensure that your enrolment form has up to date contact information.

In the case of your child having a head injury we will always contact you, (even if considered 'mild'). Minor injuries will be treated by staff, all of whom have current First Aid training. An injury report will be given to you at the end of the day and also sent to child care when applicable.

**Medication**

Medication can only be administered with a Medication Health Plan that needs to be completed by a Medical Practitioner.

Staff will not administer medication without this completed form.

Permission to administer medication forms must be completed by a parent / caregiver on the day that medication is to be given to a child.

Please see a staff member for these forms.

The administration of medication will be recorded and witnessed by staff members.

**Nut Free Policy**

There are children in our centre who have allergies to nuts and nut products, including anaphylaxis – a severe and life threatening reaction to nuts.

For some of these children, simply coming into contact with nuts or even traces of nuts, can be life threatening.

You can assist by ensuring that no nuts, or products containing nuts, are brought into the centre e.g. peanut paste, Nutella, nut muesli bars etc.

Your help enables this centre to be safe for all children.

**Separation Anxiety:**

When you arrive you might like to spend some time with your child showing them around and playing with them. Introduce yourself and your child to other children and adults.

Children at this age are learning these skills by adult example. Making friends and learning routines help everyone settle in quickly. If your child is upset when you leave, ask a staff member to help you. You are welcome to ring the centre to see if your child has settled.