

# HACKHAM WEST CHILDREN'S CENTRE

## 2.6 NAPPY CHANGE

### AIM

*Children will have their individual toileting needs checked every 1.5 – 2 hours and changed when required. Educators will interact with children in a warm and respectful manner while toileting children. Educators will liaise with parents in finding out the individual needs of a child's toileting. Safety and hygiene will remain paramount at all times.*

### PROCEDURE

Nappy changes:

- Nappy change times are a special 1:1 time for interactions between educators and children where positive relationships will be formed. In this time songs, stories, massage and responding to children's cues will be used to aid in attachment and primary care giving.
- Ensure the nappy change area is clean & hands are washed.
- Older children can climb the steps to the change mat. If lifting the child onto the change mat, make sure this is accordance with Occupational Health and Safety regulations regarding lifting.
- **NO ONE WILL LEAVE A CHILD UNATTENDED ON THE CHANGE TABLE.**
- Place paper barrier or paper towel on the change table when attending children with bowel motions, vomit or injuries involving blood.
- Educators need to wear gloves at all nappy change times.
- Educators will prepare wipes and select the appropriate sized nappy for the child.
- After cleaning the child the educator will remove the gloves while rolling over the used nappy and wipes, so the outside of the glove is on the inside.
- The nappy will be disposed of in a nappy bin.
- If nappy rash is present and the parent/guardian has provided nappy cream and a *Medication Authority*, the educator will apply the cream using clean gloves.
- Once the nappy has been changed either help the child down the steps or place the child down.
- Children will be encouraged to wash their hands with soap and water.
- Educators will wipe the change area with disinfectant and paper towel and this will be disposed of with the nappy in the bins provided.
- Educators will wash and dry their hands.
- The child's toileting or nappy change will be documented on the Day Sheet.

For children who are toileting

- Staff will liaise with parents to gain an understanding of each child's individual needs.
- Children will be given the choice of sitting on the toilet at nappy change times and this will be documented on the Day Sheet.

### EVALUATION

This policy is viewed to be working effectively when:

- Nappy and toileting experiences are positive and respectful to the individual child.
- Families are consulted about the individual needs of nappy change and toileting for their children.
- All Children's nappy and toileting needs are documented for all staff to follow.

NEXT REVIEW: October 2019

### SOURCES:

- Staying Healthy in Child Care 5<sup>th</sup> edition 2012
- Anne Stonehouse, Positive toileting and nappy changing, 2008