





# HACKHAM WEST CHIDLREN'S CENTRE

1.7.19 (Week 10), Term Two 2019

### Family Events

We had a terrific time at the family BBQ last week, with around 100 people attending. Our Acknowledgement of Country was sung beautifully by all our children and the Hands for Reconciliation display was admired by many. Our children learn powerful messages in the simplest of ways.



Our focus on Every Day Learning highlighted the skills that children learn at child care and kindy, and how adults can support these by joining in. If you missed it, come along next term.

### Wintery Fun and games

Even though it's cold, we still ensure children have lots of opportunity to play outside. Early morning and when the temperature drops in the afternoon, there's choice to stay and play outside (only if all rugged up) or come inside. We monitor how children are managing this very closely to be sure they are ok.

We understand that kids get sick, and if they do, please keep them at home. If your child comes down with anything really contagious, like gastro, head lice or chicken



pox, let us know asap so we can let others know to be on the lookout. Some illnesses are most contagious while they are brewing so the sooner you notice them, the smaller the chance of spreading the bugs!

←Look for this sign at the Centre for more info.

## Centre Facebook Page

If you haven't already, please check out our Hackham West Children's Centre



Facebook Page. We post reminders about events and updates about our Community Programs.

Photos of all our learning go on here!

#### **DIARY DATES**

Preschool Starts Term 3
Tuesday 23<sup>rd</sup> July

Bookweek is week 5.
Our Bookweek
Garden Party 21st
Aug 10:30am

Preschool Patch Theatre Excursion 4<sup>th</sup> Sept (wk7)

Family BBQ and Learning Night Thursday 26<sup>th</sup> Sept

Hackham West Children's
Centre

<u>Children's Centre</u> 9 Vintners Walk, Hackham West Phone 8382 6161

<u>Children's Centre Unit:</u>
Within Hackham West R-7 School
Glynville Dve, Phone 8382 0955

Email: <u>dl.3638.leaders@schools.sa.edu.au</u> www.hackhamwestcc.sa.edu.au/

#### From our Under 3 Teram

In the under 3's our ongoing focus is co-regulating and working towards self regulation by way of supporting individual care needs: this means we are always available to children and give them the language to identify their emotions and teach them the tools to cope with those emotions: have a cuddle, use a sensory toy, talk to someone, work it out together. Music is fantastic-this focus includes experimenting with instruments and learning songs, using tuned instruments and with pots and pans in the sandpit. Following children's interests and other exploration-Posting pipe play, home corner kitchen play: not just eating and cooking, but placing orders as if at a café. This promotes strong language skills and social play.

#### From our 0 ver 3 team

In the Over 3's we have been focusing on building strong understanding around caring for our own health, and that of our environment. We are exploring what sea creatures need to be healthy, while also caring for each other in our own doctors surgery. We read stories and play games which support this learning in our group times. Our book based learning using "Hooray for Fish" helps children develop strong vocabularies around concepts such as colors, shapes, similarities, differences, feelings, kindness, numbers & position in space. These then flow into our play in all areas. Our child protection curriculum focusses on staying safe and naming feelings, so children are understood by others.

## Family and Community Program News

I Will Choose
Loving and Kind Words
When I Speak To My Child.
I Know That one Day
These Words Will Become
Their Inner Voice.

"Con Life"

Next term we will be offering:

Monday: Sing and Move, 10am, at the Centre. Maddy and Elise run a music and movement group for the youngies.

Monday: Mindfulness Parenting Program: An 8 week program supporting adults to use mindful practices to focus on themselves with kindness. Free crèche. See Maddy for info asap.

Tuesday: Mytime. 9.30-11.30. A group for parents with children with a disability or chronic health concern. A group focused on time just for you. Crèche avail with a booking. Tuesday: Cooking together. Come and learn to cook with your child in a supporting environment. Fuel their interest in food by doing it together.

Wednesday: Feeling connected: 9.30-11.00 is a group for all parents looking to grow a strong bon with their child through baby wearing. Fortnightly.

Wednesday: Pop up Playgroup in the Pocket Forest: Stay tuned for times and start date. Thursday: Coming soon. Growing Together Gardening group. For mums (and kids) who want to enjoy natural experiences with a therapeutic focus.

Saturday: Family Playgroup at the Centre. Super popular! 10-11.30. All welcome. Any family with a child Under 5 can come along, bring siblings and friends. Morning snack is provided.

Thank you for reading me! ©