



# What's On Term 4

## October, November and December



### MONDAY

**Coffee and Chat**  
 (Children's Centre Unit)  
 9.30am to 10.45am

**14th October to 9th December**  
 A group session to chat informally with our Family Practitioner Bronwen and our OT, Huong, about the successes and challenges of parenting. Children welcome and supported

**Learning Together  
 Sing & Move**  
 (Children's Centre)  
 10.00am to 10.45am

**21st October to 2nd December**  
 Music and movement program for families with young children.  
 Contact: 8382 5950 or 8382 6161



**Bringing Up Great Kids**  
 (Children's Centre Unit)  
 12.30pm to 2.30pm

**28th October to 18th November**  
 A 4 week program to support parents to learn self-care strategies and be reflective about parenting.  
 Free creche, bookings required.  
 Please call 8382 6161

### TUESDAY

**My Time**  
 (Children's Centre Unit)  
 9.30am to 11.30am

**15th October to 3rd December**  
 A support group for parents and carers of a child with a disability, developmental delay or chronic health condition. Nibbles, guest speakers, activities or just to have a laugh with others.  
 Free creche, bookings required.  
 Please call 8382 6161

**Cooking Together**  
 (Children's Centre Unit)  
 1.00pm to 2.30pm

**29th October to 26th November**  
 A cooking group for children aged 2-4 with their parent or carer to make healthy, family friendly meals and have fun together.  
 Limited spaces, bookings required.  
 Please call 8382 6161



**Time for Toileting Session**  
 (Children's Centre Unit)  
 12.30pm to 2.30pm

**Tuesday 29th October**  
 Talking about toileting can be tricky but we're here to help!  
 Come along to this interactive fun workshop about toileting with Huong, our occupational therapist.  
 Bookings please call 8382 6161

**Children's Centre Pop Ups**  
 Various Locations  
 Tuesdays 10.00am to 12.00pm  
 Week 3 and 7 Only  
 Contact: Bel on 0438 862 295

### WEDNESDAY

**Feeling Connected Playgroup**  
 (Children's Centre Unit)  
 9.30am to 11.00am  
 Fortnightly  
**23rd October to 4th December**

A group for all parents looking to grow a strong bond with their child though play and connection  
 Jess 0435 374 591 or 8382 6161.

**Kids & Dads**  
 (Children's Centre Unit)  
 3.15pm to 5.00pm

**Wednesday 27th November**  
 Free activity for children aged 0-12 and the significant man in their life. Kids and Dads is a Communities for Children activity funded by the Department of Social Services.  
**Contact:** Malcolm on 0437 232 124 or 8382 6161.

**Children's Week Celebration**  
 (Children's Centre Unit)  
 3.00pm to 5.00pm

**Wednesday 23rd October**  
 Free friendly celebrations and activities for children and families including giant games, imagination playground and craft activities.  
 Contact Bel on 0438 862 295

### THURSDAY

**Bubble Babies**  
 (Children's Centre Unit)  
 11.30am to 12.30pm  
**31st October to 21st November**  
 A 4 week program led by our Occupational Therapist—Huong for parents/carers and children aged birth to 2 years. Limited to 6 spaces.  
 Contact 8382 6161.

### FRIDAY

**Free Bread**  
 (Children's Centre)  
 Come and grab a loaf or two for your family or your neighbours in need.  
 Available from 7.30am



WE ARE NOW ON FACEBOOK!

Like our page to keep up to date with what's happening .....  
 search **Hackham West Children's Centre**



### SATURDAY

**Saturday Family Playgroup**  
 (Children's Centre)  
 10.00am to 11.30am  
 Every Saturday  
 All families with children under 5 welcome to enjoy our large and well equipped yard alongside other families from the community  
 New Activities Weekly— Runs Holidays  
 Contact 8382 6161

**Warsaw Family Fair**  
 Warsaw Reserve, Warsaw Crescent  
 Hackham West  
 11am to 2pm

**Saturday 19th October**  
 Free friendly celebrations and activities for children and families including a parkour demonstration, animal display, smoothie bike, face painting, henna and craft activities.  
 Contact Sarah on 8301 7342



Children's Week Events include the partnerships of



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Hackham West Children's Centre brings together care, education, health, community development activities and family services for families and their young children.

Services and programs at our Children's Centre reflect local community needs such as:

- Preschool and Childcare**
- Playgroups**
- Parenting Groups**
- Community Activities**
- Allied Health and Family Support**

### **Childcare**

Monday to Friday  
 7.00am to 6.00pm

Half days, full days or casual  
 bookings available

### **Preschool**

Tuesday, Wednesday & Thursday  
 8.30am to 1.30pm

Children in the year before  
 they start school

**Maddy** is the Director of the Centre, Preschool and Childcare program; she supports the Educators with high quality curriculum and care within the service.

**Bec** is the Assistant Director and Preschool Teacher; she teaches in the Preschool and supports Childcare with high quality curriculum and care.

**Huong** is the Occupational Therapist; she can help children who are experiencing difficulties in activities of daily living such as eating, coordination, toileting, fine motor skills. Drop in and appointments.

**Tara** is the Speech Pathologist; she is able to provide support about eating, play development, talking, understanding questions and instructions. Drop in and appointments.

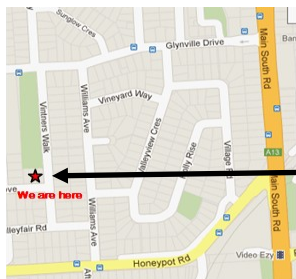
**Bronwen** is the Family Practitioner and is available to offer support for you or your family in a wide range of ways. Navigating NDIS? Family concerns/worries? Unsure about finances? Informal 1:1 chats can make your life easier and suggest pathways to further support if needed. Drop in at the Centre or call up and see if she can help.

**Bel** is the Community Development Co-ordinator; she develops partnerships with agencies and organisations for the coordination of family and community links and programs.

**Karen** is the Finance and Administration Officer and can provide parents with fee, budgeting and general information to support accessing Preschool or Childcare.

**Contact us anytime to discuss your needs**  
 We share our services over 2 main locations:

**Children's Centre @ 9 Vintners Walk**  
**& Children's Centre Unit @ Hackham West R-7 School, Hackham West.**  
**Phone 8382 6161 email: dl.3638.leaders@schools.sa.edu.au**



### **Coming by bus?**

You can catch the 743 or 744 to Glynville Drive  
**Stop 59** for the Children's Centre  
 and **Stop 60** for Children's Centre Unit @ Hackham  
 West R-7 School