



What's On in February, March and April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHILD CARE 7.00am – 6.00pm	CHILD CARE 7.00am – 6.00pm KINDY: 8.30am – 1.30pm	CHILD CARE 7.00am – 6.00pm KINDY: 8.30am – 1.30pm	CHILD CARE 7.00am – 6.00pm KINDY: 8.30am – 1.30pm	CHILD CARE 7.00am – 6.00pm
COFFEE AND CHAT (CHILDREN'S CENTRE UNIT) 9.15am to 11.00am Feb 4th to April 1st A group session to chat informally with our Family Services Coordinator Bronwen and our OT, Huang, about the successes and challenges of parenting. Children welcome and supported.	MYTIME (CHILDREN'S CENTRE UNIT) 9.30am to 11.30am Feb 5th to March 26th A support group for parents and carers of a child with a disability, developmental delay or chronic health condition. Nibbles, guest speakers, activities or just to have a laugh with others. Free crèche-Booking required to ensure space. Call 8382 6161	FEELING CONNECTED (CHILDREN'S CENTRE UNIT) 9.30am to 11.00am Fortnightly Feb 6th to April 3rd A group for all parents looking to grow a strong bond with their child through Baby Wearing Contact: Jess 0435 374 591 Or 8382 6161.	BRINGING UP GREAT KIDS (CHILDREN'S CENTRE UNIT) 10.00Am to 12.00pm Feb 7th to March 7th A 5-week program to support parents to learn self-care strategies and be reflective about parenting. Free crèche- Booking required. Please register: 8382 6161	FREE BREAD (CHILDREN'S CENTRE) Come and grab a loaf or two for your family or neighbour in need. Available from 7.30am
LEARNING TOGETHER SING & MOVE (OVER 3 ROOM CHILDREN'S CENTRE) 10.00am to 10.45am Feb 4th to April 1st Music and movement program for families with young children. Contact: 8382 5950 or 8382 6161 	GRANDPARENTS PROGRAM (CHILDREN'S CENTRE UNIT) 12.00 noon to 2.00pm Feb 5th and 19th, March 5th and 19th, April 2nd A coffee and chat session for grandparents raising their grandchildren. Contact: Trish 0414 761 045, Centre: 8382 6161	FAMILY SERVICES SUPPORT Monday to Friday Bronwen and Ruth are here 5 days a week to offer support for you or your family in a wide range of ways. Drop in at the Centre or call up and see if we can help. Navigating NDIS? Family concerns/worries? Unsure about finances? Informal 1:1 chats can make your life easier and suggest pathways to further support if needed. Contact 8382 6161 or just pop by.	 Bubble Babies 11:30am -12:30am March 14 th and 28 th , April 4 th and 11 th A 4 week baby sensory program, led by our Occupational Therapist, for parents/ carers and children aged birth to 2 using sensory activities to focus on strengthening a bond between adult and their child. Limit 6 spaces. Contact: 8382 6161	 INTEGRATED CHILD CARE Under 3 room and Over 3 room Looking for high quality Child Care? Need ½ days, full days or casual bookings? Come and take a tour of our Centre. Siblings learn together!
OCCUPATIONAL THERAPY & SPEECH PATHOLOGY Drop in's & appointment (CHILDREN'S CENTRE UNIT) Supporting Children's Development: Our Speech Pathologist and Occupational Therapist are available on Mondays and Tuesdays and Thursdays to discuss your child's participation in everyday activities and routines Contact: Centre 8382 6161  <p>Siblings learn together in our Centre</p>	COOKING TOGETHER (HACKHAM WEST COMMUNITY CENTRE) 1.00pm to 2.30pm Feb 19th to March 26th A cooking group for children aged 2-4 and their parent or carer to make healthy, family friendly meals & have fun together. Limited spaces. Registration required: 8384 1065 or 8832 6161 In partnership with:  Our community centre. The heart of HackhamWest. 	CENTRE GOVERNING COUNCIL You can make a difference for your child and all our community by helping Leadership make decisions about our Centre. Meetings twice a term. Free child care provided to enable attendance	 Like us on Facebook Hackham West Children's Centre 	SATURDAY FAMILY PLAYGROUP 10.00am to 11.30am EVERY SATURDAY (CHILDREN'S CENTRE) FREE SNACK for all  ALL FAMILIES WITH UNDER 5'S WELCOME to enjoy our large and well equipped yard alongside other families from the community. New activities weekly. Contact: Maddy or Skye 8382 6161 

Program Key:	Disability Support	Parenting Group	Family Health & Wellbeing focus	Parents and Kids	Child Development	Community Engagement
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Hackham West Children's Centre is a dynamic centre offering high quality care and education, health information and services as well as family support services for young children and their families.

Our dedicated team works in close partnership with families and a range of government, non-government and community agencies to provide programs which nurture and support healthy development and promote positive learning and life outcomes for all children and families.

We support mums, dads and carers through the early years parenting stage and offer a diverse range of opportunities to engage with other parents and to get support to cope with the challenges and delights of raising young children.

We have a variety of programs and events, including Child Care, Kindy, playgroups, health services and family and community programs. We share our services over 2 main locations:

At the **Children's Centre on Vintners Walk** we have our Child Care, Kindy/preschool, Family Playgroup and Learning Together Programs.

At **Hackham West R-7 School** we have our **Children's Centre Unit** where we hold our parenting courses and all other groups. We also connect with the **Hackham West Community Centre** for shared programs.

Participating in both the Children's Centre and the Children's Centre Unit helps you to connect with services for adults only, adults and children together as well as just for children.

We are excited to be part of this community and invite parents, community members and local organisations to get involved with the ongoing development of our centre.

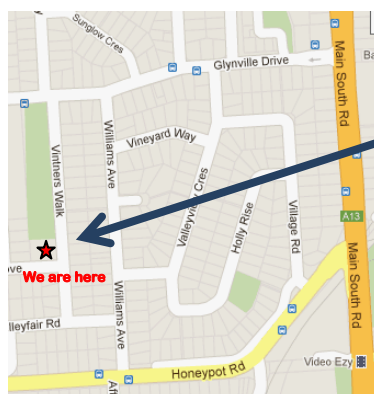
WE ARE NOW ON FACEBOOK!

Like our page to keep up to date with what's happening in the Children's Centre.....
search ***Hackham West Children's Centre***



Like us on
Facebook

COMING BY BUS? You can catch the 743 or 744 to Glynville Drive
Stop 59 for the Children's Centre and **Stop 60** for Children's Centre Unit @ Hackham West R-7 School



YOU CAN FIND US
HERE.