



'Learning and growing together' Kindergarten Ave, Hawthorndene, 5051, South Australia Ph. (08) 8278 4161 - Fax (08) 8278 9014 dl.4664.info@schools.sa.edu.au

Hawthorndene Kindergarten Sun Protection Policy

Australia has the highest incidence of skin cancer in the world with two out of three Australians developing skin cancer at some time in their life.

Research suggests that unprotected exposure to the sun during childhood is an important factor in the development of skin cancer in later life. Damage to the skin can occur in as little as ten minutes in children and fair skinned adults.

At our Kindergarten we promote Sunsmart practices as outlined by The Cancer Council SA.

Our practices aim to:

- ensure that all children and staff at our centre are protected from skin damage caused by the harmful ultraviolet rays of the sun.
- promote positive attitudes toward skin protection among children, staff and parents.
- incorporate sun and skin awareness activities into the daily routine in order to promote lifestyle practices which help reduce the incidence of skin cancer.
- help the children to develop a lifelong pattern of responsible exposure to the sun's harmful rays.

Procedures:

- A sunsmart bucket hat is supplied to each child when they begin their time at kindergarten.
- Sunhats are to be worn when outside, as advised by the Cancer Council during Terms 1 and 4. We also encourage the wearing of shirts with collars and sleeves.
- Parents should apply Sunscreen (SPF 30+) before children arrive in the morning.
- Staff will apply sunscreen to the children after lunch on long days during the first and fourth terms.
- Discretion is used by staff concerning outside play during high UV rated days.
- All adults will be encouraged to also model sunsmart behaviours such as wearing hats and shirts with collars and sleeves, applying sunscreen and using shaded areas.

Reference: Cancer Foundation of the Universities of South Australia Sunsmart Advice for Early Childhood Centres