



# What's On

## Monday

### Playgroup

10.00am - 11.30am

During school term

For children aged birth to 4 and their grown up.

Facilitated by Learning Together

Call the centre on 8260 3511

for more information.

No bookings required

### Baby Playgroup

1.00pm- 2.00pm

During school term

For children aged birth to walking and their grown up.

Facilitated by Learning Together

Call the centre on 8260 3511

for more information.

No bookings required

## Tuesday

### Infant Massage

10.00am - 11.30am

9th May - 6th June

Infant Massage is a free group for parents and caregivers with babies under 12 months.

Bookings are essential.

For more information and to book call the

*Children's*

*Services team*

*on 8250 6600*

*Relationships Australia*

### Rainbow Circle of Security

10.00am - 11.30am

13th June - 1st August

An 8 week parenting

program for

LGBTQI+ Parents.

Everyone welcome.

Contact Katherine through

*Pink Parents*

*Facebook Messenger*

*or on 0438 536 346*

# Term 2

## Wednesday

### Play in the Park

**Stockade Botanical Park, Northfield**

10.00am - 11.30am

10th May - 31st May

Join our speech pathologist and occupational therapist for playgroup in the park!

Rain, hail, and shine. No need to register, just come along!

For more information contact the centre on 8260 3511 or see our Facebook page for updates.

### Child and Family Health Service Early Parenting Group

A 4-week CAFHS led group for new parents and their baby

Dates and times will vary.

*Call CAFHS*

*for more information*

*on 1300 733 606*

Bookings are essential

*www.cyh.com*



# 2023

## Thursday

### Child and Family Health Service

Development Checks

Has your baby had their 6, 12 and 18 month development checks?

By appointment

*Call CAFHS on 1300 733 606*

### Sing and Move

9.30am - 10.30am

Fortnightly during school term

A music and movement program for children aged from 18 months with developmental concerns

By referral only

Contact Donna (Speech Pathologist) on 0436 917 477

### Rainbow Playgroup and Connection Group

10.30am - 12.30pm

During school term

A fun, welcoming space for LGBTQI+ families to play and connect.

An inclusive group where all

families are welcome!

Contact Katherine through *Pink Parents Facebook*

*Messenger*

*or on 0438 536 346*



## Friday

### Child and Family Health Service

Breastfeeding Clinic

Days may differ

By appointment

*Call CAFHS on*

*1300 733 606*

*www.breastfeeding.asn.au*

### Playgroup with a Twist

9.30am - 10.15am

5th May - 23rd June

Mummy and Me yoga with toddlers up to 3 years

10.30am - 11.15am

Mums 'n' Bubs yoga with babies 4 - 9 month old

8 week program for \$80 (usually \$120)

*Register via email generationyogi@gmail.com*

[www.cyh.com](http://www.cyh.com)

Child and Family Health Service

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### Discover Salisbury Libraries!

<https://www.salisbury.sa.gov.au>



Giggle Time, StoryTime, NaturePlay - Stories in the Garden and Read, Play, Learn



Raising Children Network

Raising Children Network

[www.raisingchildren.net.au](http://www.raisingchildren.net.au)



## Kindergarten

In Department for Education kindergartens, children are able to access a maximum of 15 hours per week of kindergarten / preschool for four terms prior to starting school. Preschool programs are play-based educational programs, designed and delivered by qualified teachers using the national curriculum framework.

Sessions: Monday to Thursday 8.00am - 3.30pm

## Occasional Care

Occasional Care is short term child care for babies, toddlers, and children from 6 months. Care is available for a maximum of one session per week, depending on availability.

Sessions: Tuesday to Thursday

Morning 8:30 - 11:30

Afternoon 12:15 - 3:15

Under 2's available Wednesday mornings only

*Please note: Occasional Care is only available to children who do not access any other forms of child care or Family Day Care.*

## Services for Families

Playgroups

Allied Health Supported Groups

Community Groups and Events

Parent Information Sessions and Workshops

Infant First Aid

Links to Community Support

## Child and Family Health Services

CaFHS Clinics

Early Parenting Group

Baby Weigh Station (currently closed)

Child Health and Development Checks

Sleep and Settling

Breastfeeding and Feeding

Ph. 1300 733 606

for all CaFHS appointments  
and enquiries

Ingle Farm Children's Centre

Kaurna Country

2 Belalie road

PO Box 122

Ingle Farm SA 5098

Ph. (08) 8260 3511

[www.inglefarmcc.sa.edu.au](http://www.inglefarmcc.sa.edu.au)

Email

[dl.2630.leaders@schools.sa.edu.au](mailto:dl.2630.leaders@schools.sa.edu.au)

Find us on Facebook



PAINT THE FARM REaD



Ingle Farm  
**Children's Centre**  
for Early Childhood  
Development and Parenting

# WHAT'S ON

## Term 2 2023



We acknowledge the Kaurna People  
as the traditional owners  
of Kaurna Land, on which this  
Children's Centre is placed.

We respect their spiritual connection  
to country, and pay our respects to  
Elders past, present, and emerging



Government  
of South Australia

