

Playgroup

10.00am - 11.30am

During school term

For children aged birth to 4 and their grown up.

Facilitated by Learning Together

Call the centre on 8260 3511

for more information.

No bookings required

Baby Playgroup

1.00pm- 2.00pm

During school term

For children aged birth to walking and their grown up.

Facilitated by Learning Together

Call the centre on 8260 3511

for more information.

No bookings required

Families Singing Together

10.00am - 11.30am

February 6 - 27

For children aged 0-4 years and their parent/carer

Singing, dancing, playing, telling stories

Bookings essential - call Caroline on 0435 138 884

Baby Love Massage

10.30am - 11.30am

March 5 - 26

Suited to babies aged 4-weeks to pre-crawling

Bookings essential

Contact Caroline – 0435 138 884

Child and Family Health Service

Early Parenting Group

A 4-week CAFHS led group for new parents and their baby

Dates and times will vary.

Bookings are essential

Call CAFHS on 1300 733 606

Child and Family Health Service Development Checks

Has your baby had their

6, 12 and 18 month development checks?

By appointment

Call CAFHS on 1300 733 606



Follow the Children's Centre Facebook page for updates and other information. Use the QR code to link

Rainbow Playgroup and Connection Group

10.30am - 12:30pm

During school term

A fun, welcoming space for LGBTQI+ families to play and connect.

An inclusive group where all families are welcome!

Contact Katherine through Pink Parents Facebook Messenger or on 0438 536 346

Bringing up Great Babies

1.30pm - 3.00pm

March 7 - April 4

FREE 5-week reflective parenting program for new parents and pregnant mums with a focus on mindfulness and wellbeing.

Facilitated by Steph (OT)

Bookings are essential

Contact Caroline – 0435 138 884

Play at the Park Stockade Botanical Park, Northfield

10.00am - 11.30am

Weekly for 5 weeks:

March 14 - April 11

Facilitated by Steph, Occupational Therapist.

No need to register, just come along!

For more information contact Caroline on 0435 138 884 and see our Facebook page for updates

Child and Family Health Service

Breastfeeding Clinic

Days may differ

By appointment

Call CAFHS on

1300 733 606

www.breastfeeding.asn.au

Playgroup with a Twist

10.30am - 11.15am

Starting February 2

Mummy and Me yoga with toddlers up to 3 years

8 week program for \$80 (usually \$120)

Register via email

generationyogi@gmail.com



Raising Children Network

Raising Children Network is supported by the Australian Government. Member organisations are the Parenting Research Centre and the Murdoch Childrens Research Institute with The Royal Children's Hospital...

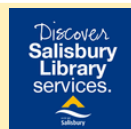
Raising Children Network | Jan 3, 2020

www.raisingchildren.net.au



Discover Salisbury Libraries!

<https://www.salisbury.sa.gov.au>



Giggle Time, StoryTime, NaturePlay - Stories in the Garden and Read, Play, Learn



Kindergarten

In Department for Education kindergartens, children are able to access a maximum of 15 hours per week of kindergarten / preschool for four terms prior to starting school. Preschool programs are play-based educational programs, designed and delivered by qualified teachers using the national curriculum framework.

Sessions: Monday to Thursday 8.00am - 3.30pm

Occasional Care

Occasional Care is short term child care for babies, toddlers, and children from 6 months. Care is available for a maximum of one session per week, depending on availability.

Sessions: Tuesday to Thursday

Morning 8:30 - 11:30

Afternoon 12:15 - 3:15

Under 2's available Wednesday mornings only

Please note: Occasional Care is only available to children who do not access any other forms of child care or Family Day Care.

Services for Families

Playgroups

Allied Health Supported Groups

Community Groups and Events

Parent Information Sessions and Workshops

Infant First Aid

Links to Community Support

Community Food Pantry

Child and Family Health Services

CaFHS Clinics

Early Parenting Group

Baby Weigh Station

Child Health and Development Checks

Sleep and Settling

Breastfeeding and Feeding

Ph. 1300 733 606

for all CaFHS appointments and enquiries

Ingle Farm Children's Centre

Kaurna Country

2 Belalie road

PO Box 122

Ingle Farm SA 5098

Ph. (08) 8260 3511

www.inglefarmcc.sa.edu.au

Email

dl.2630.leaders@schools.sa.edu.au

Find us on Facebook



PAINT THE FARM REaD



Ingle Farm
Children's Centre
for Early Childhood
Development and Parenting

WHAT'S ON

Term 1 2024



We acknowledge the Kaurna People as the traditional custodians of Kaurna Land, on which this Children's Centre is placed.

We respect the spiritual connection to Country, and pay our respects to Elders past, present, and emerging



Government
of South Australia

