



# What's On

## Monday

### Playgroup

10.00am - 11.30am

During school term

For children aged birth to 4 and their grown up.

Facilitated by Learning Together  
Call the centre on 8260 3511

for more information.

No bookings required

### Baby Playgroup

1.00pm- 2.00pm

During school term

For children aged birth to walking and their grown up.

Facilitated by Learning Together  
Call the centre on 8260 3511

for more information.

No bookings required

## Tuesday

### Rainbow

### Circle of Security

Dates and times to be confirmed.

An 8 week parenting program for LGBTQI+ Parents.  
Everyone welcome.

Contact Katherine through Pink Parents

Facebook Messenger or on 0438 536 346

### Child and Family Health Service

### Early Parenting Group

A 4-week CAFHS led group for new parents and their baby

Dates and times will vary.

Call CAFHS

for more information

on 1300 733 606

Bookings are essential

[www.cyh.com](http://www.cyh.com)

## Term 3

## Wednesday

### Child and Family Health Service

Development Checks

Has your baby had their 6, 12 and 18 month development checks?

By appointment

Call CAFHS on 1300 733 606

children learn as they play.  
most importantly in play

children

LEARN how to LEARN

FRED DONALDSON



[www.natureplaysa.org.au](http://www.natureplaysa.org.au)



## 2023

## Thursday

### Rainbow Playgroup and Connection Group

10.30am - 12:30pm

During school term

A fun, welcoming space for LGBTQI+ families to play and connect.

An inclusive group where all families are welcome!

Contact Katherine through Pink Parents Facebook Messenger

or on 0438 536 346

### Play in the Park

### Stockade Botanical Park, Northfield

10.00am - 11.30am

Fortnightly

3/8, 17/8, 31/8, 14/9, 28/9  
Join our speech pathologist and occupational therapist for playgroup in the park!

Rain, hail, and shine.

No need to register, just come along!

For more information contact the centre on 8260 3511 or see our Facebook page for updates.

## Friday

### Child and Family Health Service

Breastfeeding Clinic

Days may differ

By appointment

Call CAFHS on 1300 733 606

[www.breastfeeding.asn.au](http://www.breastfeeding.asn.au)

### Playgroup with a Twist

9.30am - 10.15am

4th August - 22nd Sept.

Mummy and Me yoga with toddlers up to 3 years

10.30am - 11:15am

Mums 'n' Bubs yoga with babies 4 - 9 month old

8 week program for \$80 (usually \$120)

Register via email [generationyogi@gmail.com](mailto:generationyogi@gmail.com)



[www.cyh.com](http://www.cyh.com)



### Discover Salisbury Libraries!

<https://www.salisbury.sa.gov.au>



Giggle Time, StoryTime, NaturePlay - Stories in the Garden and Read, Play, Learn



Raising Children Network

[www.raisingchildren.net.au](http://www.raisingchildren.net.au)



## Kindergarten

In Department for Education kindergartens, children are able to access a maximum of 15 hours per week of kindergarten / preschool for four terms prior to starting school. Preschool programs are play-based educational programs, designed and delivered by qualified teachers using the national curriculum framework.

Sessions: Monday to Thursday 8.00am - 3.30pm

## Occasional Care

Occasional Care is short term child care for babies, toddlers, and children from 6 months. Care is available for a maximum of one session per week, depending on availability.

Sessions: Tuesday to Thursday

Morning 8:30 - 11:30

Afternoon 12:15 - 3:15

Under 2's available Wednesday mornings only

*Please note: Occasional Care is only available to children who do not access any other forms of child care or Family Day Care.*

## Services for Families

Playgroups

Allied Health Supported Groups

Community Groups and Events

Parent Information Sessions and Workshops

Infant First Aid

Links to Community Support

## Child and Family Health Services

CaFHS Clinics

Early Parenting Group

Baby Weigh Station (currently closed)

Child Health and Development Checks

Sleep and Settling

Breastfeeding and Feeding

Ph. 1300 733 606

for all CaFHS appointments and enquiries

Ingle Farm Children's Centre

Kaurna Country

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Ingle Farm SA 5098

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Email

[dl.2630.leaders@schools.sa.edu.au](mailto:dl.2630.leaders@schools.sa.edu.au)

Find us on Facebook



PAINT THE FARM REaD



Ingle Farm  
**Children's Centre**  
for Early Childhood  
Development and Parenting

# WHAT'S ON

## Term 3 2023



We acknowledge the Kaurna People as the traditional owners of Kaurna Land, on which this Children's Centre is placed.

We respect their spiritual connection to country, and pay our respects to Elders past, present, and emerging



Government  
of South Australia

