



# What's On

## Monday

### Playgroup

10.00am - 11.30am  
During school term  
For children aged birth to 4 and their grown up.  
Facilitated by Learning Together  
Call the centre on 8260 3511 for more information.  
No bookings required

### Baby Playgroup

1.00pm - 2.00pm  
During school term  
For children aged birth to walking and their grown up.  
Facilitated by Learning Together  
Call the centre on 8260 3511 for more information.  
No bookings required

## Tuesday

### Infant First Aid

9.30am - 11.00am  
October 31  
Learn about CPR Basics, febrile convulsions, choking, rashes, respiratory illness, burns, allergic reactions, head injuries & bites.  
Facilitated by Heather Palmer from Palmers Education  
Please note: This is an information session only. Course is not accredited  
*Bookings are essential*  
Contact Caroline - 0435 138 884

### Child and Family Health Service

#### Early Parenting Group

A 4-week CAFHS led group for new parents and their baby  
Dates and times will vary.  
Call CAFHS for more information on 1300 733 606  
Bookings are essential  
www.cyh.com

## Term 4

## Wednesday

### Sing and Move

10.00am - 11.00am  
FREE 5 week program  
Starting 25/10/23  
A music and movement program for children aged from 18 months with communication concerns  
By referral only, numbers limited.  
Contact Donna (Speech Pathologist) on 0436 917 477

### Child and Family Health Service

Development Checks  
Has your baby had their 6, 12 and 18 month development checks?  
By appointment  
Call CAFHS on 1300 733 606

## Thursday

### Play in the Park

**Stockade Botanical Park, Northfield**  
10.00am - 11.30am  
Weekly for 5 weeks  
26/10, 2/11, 9/11, 16/11, 23/11  
Join our Speech Pathologist and Community Development Coordinator for playgroup in the park!  
Rain, hail, or shine (but cancelled if forecast for 37C+)  
No need to register, just come along!

For more information contact Caroline on 0435 138 884 or see our Facebook page for updates

### Rainbow Playgroup and Connection Group

10.30am - 12:30pm  
During school term  
A fun, welcoming space for LGBTQI+ families to play and connect.  
An inclusive group where all families are welcome!  
Contact Katherine through Pink Parents Facebook Messenger or on 0438 536 346

## 2023

## Friday

### Child and Family Health Service

Breastfeeding Clinic  
Days may differ  
By appointment  
Call CAFHS on 1300 733 606  
www.breastfeeding.asn.au

### Playgroup with a Twist

9.30am - 10.15am  
October 20 - December 8  
Mummy and Me yoga with toddlers up to 3 years  
8 week program for \$80 (usually \$120)  
Register via email [generationyogi@gmail.com](mailto:generationyogi@gmail.com)



### Raising Children Network

Raising Children Network is supported by the Australian Government. Member organisations are the Parenting Research Centre and the Murdoch Childre...

[www.raisingchildren.net.au](http://www.raisingchildren.net.au)

### Discover Salisbury Libraries!

<https://www.salisbury.sa.gov.au>



Giggle Time, StoryTime, NaturePlay - Stories in the Garden and Read, Play, Learn



## Kindergarten

In Department for Education kindergartens, children are able to access a maximum of 15 hours per week of kindergarten / preschool for four terms prior to starting school. Preschool programs are play-based educational programs, designed and delivered by qualified teachers using the national curriculum framework.

Sessions: Monday to Thursday 8.00am - 3.30pm

## Occasional Care

Occasional Care is short term child care for babies, toddlers, and children from 6 months. Care is available for a maximum of one session per week, depending on availability.

Sessions: Tuesday to Thursday

Morning 8:30 - 11:30

Afternoon 12:15 - 3:15

Under 2's available Wednesday mornings only

*Please note: Occasional Care is only available to children who do not access any other forms of child care or Family Day Care.*

## Services for Families

Playgroups

Allied Health Supported Groups

Community Groups and Events

Parent Information Sessions and Workshops

Infant First Aid

Links to Community Support

Community Food Pantry

## Child and Family Health Services

CaFHS Clinics

Early Parenting Group

Baby Weigh Station

Child Health and Development Checks

Sleep and Settling

Breastfeeding and Feeding

Ph. 1300 733 606

for all CaFHS appointments and enquiries

Ingle Farm Children's Centre

Kaurna Country

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Ingle Farm SA 5098

Ph. (08) 8260 3511

[www.inglefarmcc.sa.edu.au](http://www.inglefarmcc.sa.edu.au)

Email

[dl.2630.leaders@schools.sa.edu.au](mailto:dl.2630.leaders@schools.sa.edu.au)

Find us on Facebook



PAINT THE FARM REaD



Ingle Farm  
**Children's Centre**  
for Early Childhood  
Development and Parenting

# WHAT'S ON

## Term 4 2023



We acknowledge the Kaurna People as the traditional custodians of Kaurna Land, on which this Children's Centre is placed.

We respect the spiritual connection to Country, and pay our respects to Elders past, present, and emerging



Government  
of South Australia

