# **Health and Safety**

Please do not send your child to Kindy if they are feeling unwell. The best place is for them at home where they can receive the care that they need. It is not reasonable to expose other children or staff to unnecessarily to viral and bacterial infections. If your child is sick please call the centre and inform them of the illness. If your child becomes ill at Kindy we will call you or your emergency contact to collect them.

## **Infectious Diseases**

The following information has been supplied by the National Health and Medical Research Council re exclusion from Kindergarten of a child suffering with the following diseases / ailments. For more info visit <a href="http://www.sahealth.sa.gov.au">http://www.sahealth.sa.gov.au</a>. You've got what. Or call Health Direct 1800 022 222

Please notify us if your child contracts an infectious disease.

Disease	Incubation Period	Period of Exclusion from Centre
Chicken Pox	14-21 days	Exclude until all blisters have dried.
Conjunctivitis		Exclude until all discharge from eyes has ceased
Diarrhoea		Exclude for 24 hours after return of normal bowel motion.
Hand, Foot and Mouth Disease		Exclude until symptoms disappear and blisters have dried.
Head Lice		Excluded until effective treatment has been given and hair is free of nits and eggs.
HIB		Exclude until person has received appropriate antibiotic treatment for at least 4 days
High Temperature		The Centre will not accept children with a high something is wrong. A child may convulse when the temperature is above 39°C.
Hepatitis A		Exclude until a medical certificate of recovery is received, but not before 7 days after onset of jaundice or illness
Herpes - Cold Sores		Young children unable to comply with good hygine should be excluded while the lesion is weeping. Lesions to be covered by a dressing where possible.
Impetigo (Sores)		Excluded until sores are healed, unless they are in a position that can be kept covered or until Medical Certificate of recovery is produced.
Infectious Hepatitis	14-60 days	Excluded until Medical Certificate is produced.
Influenza and flu like illness		Exclude until well
Intreptococal		Excluded until appropriate treatment and Medical Certificate of recovery are given.

Measles	10-14 days	Excluded at least 7 days from appearance of rash.
Meningitis (bacterial)		Exclude until well and have received appropriate antibiotics
Meningococcal infection		Excluded until Medical Certificate of recovery is produced.
Mumps	14-21 days	Excluded at least 9 days from the appearance of rash.
Ringworm, pediculosis (lice), trachoma, scabies		Exclude until day after appropriate treatment has begun
Rubella German Measles		Excluded at least 7 days from the appearance of rash.
Salmonella		Exclude until no diarrhoea for 24 hours
Scabies		Excluded until Medical Certificate of recovery produced.
Thrush		Need not be excluded if spots are covered.
Tinea		Not excluded if lesions are on a part of the body that can be covered.
Vomiting		The Centre reserves the right to exclude a child that has vomited once. Children can return if vomit-free for 24 hours.
Whooping Cough		Excluded 4 weeks, or until Medical Certificate of recovery produced.

If any child in the centre contracts such a disease specific details are displayed on the parent communication bench, see staff for further information.

#### First Aid

All minor injuries will be treated by staff, recorded and reported to parents. In the event of a more serious injury staff will contact parents so they can consult with the child's doctor.

#### **Child & Youth Health**

As part of C&YH services to young children, the nurse is available to visit your child to provide health checks. This involves you and your child meeting the nurse here at Kindy once per term.

These checks are carried out to identify possible health conditions which might otherwise go unrecognised. The free health check involves the nurse examining the child's eyesight, hearing, height and general development. Staff will communicate with you to schedule an appointment.

### **Medication and Special Requirements**

If your child requires medication during a Kindy session, please see a staff member, as a form needs to be completed. We can only administer medication which has been ordered by a doctor, pharmacist or authorised prescriber. All medication needs to be in

its original packaging with the prescription label attached. Please give all medication to a staff member so that it can be stored appropriately.

Educators are not trained to monitor the effects of medication so it is recommended that children do not attend within the first 24 hours of a new medication being administered.

If your child has special health requirements, we will work together with you (and your doctor, if necessary) to ensure that we provide the best care that we are able to. For example, if your child has a medical condition such as Asthma or Anaphylaxis please notify staff at enrolment so a health care plan can be set up. You will receive a copy of our Medical Conditions Procedure.