



## KATHLEEN MELLOR SUN PROTECTION POLICY

### Policy Statement

Research continues to highlight skin protection, especially in the first 18 years of life, as a major strategy in the fight against skin cancer. Outdoor Activities are part of a child's day at kindergarten, so skin protection measures must become a part of their daily routine. This policy will work best when implemented by staff and parents together, so we request your cooperation.

National Quality Standards 2.3.2 states that every reasonable precaution is taken to protect children from harm and any hazard likely to cause injury. As exposure to harmful UV rays is considered a hazard, it is our duty to protect children from these harmful rays.

### Our Policy States :

- Children will be encouraged to avoid direct exposure in the sun between 10.00am and 2.00 pm (11.00am - 3.00pm in daylight saving times) when ultra violet light levels are highest.
- Children will wear hats at all times when the UV levels are 3 and above when playing in the outdoor area.
- Children who do not have hats will play in well shaded areas (e.g. verandah).
- Children are required to wear appropriate sun protective clothing. If they are not wearing appropriate clothing for sun protection, they will need to remain in well shaded areas.
- Apply a broad-spectrum sunscreen of SPF 30 to children 20 minutes prior to going outside and re-apply every 2 hours.
- Outdoor activities will be placed in shady areas.
- On very hot days, or when UV ratings are high, only indoor and verandah activities will be provided, and children will not be permitted outside.
- Excursions/outdoor functions will be planned with shade provisions in mind.
- Shade provisions will be given priority in any forward planning for outdoor areas.
- Staff will incorporate sun and skin awareness activities into teaching activities.
- Staff will be positive role models by wearing hats and appropriate clothing for all outdoor activities, by directing children to shady areas and by ensuring children wear their hats.



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**Parents are requested to comply with this policy by:**

- Providing a hat for every day. The hat should shade the head, neck and face (e.g. broad brimmed and legionnaire). Hats should be named and left in children's bags.
- Encouraging children to wear clothing which protects as much of the skin as possible (e.g. no tank tops, shoe string strap dresses /tops).
- Applying a broad-spectrum sunscreen of SPF 30 or more before their child comes to kindy.
- Providing positive role models by practising the above measures themselves.

**A copy of this policy will be on display in the centre at all times.**

**The policy will apply to all users of the centre, including playgroups and volunteers etc.**

**This policy will be reviewed and evaluated regularly by both staff and Governing Council and modified as required to ensure continued relevance to the centre.**