

## Toileting and Nappy Changing Policy

The purpose of this policy is to ensure that all educators and caregivers practice safe, hygienic toileting and nappy changing procedures through the provision of clear and consistent expectations and processes.

Lake Windemere Preschool educators aim to cater for individual children's toileting and nappy changing needs in a positive and age appropriate manner. By following the policy and procedures, steps are taken to control the spread of infectious diseases in accordance with recognised guidelines.

**National Quality Standard Quality Area 2.1 (2.1.1; 2.1.3;2.1.4) 2.3.1**

**Early Years Learning Framework Outcome 3** – Children take increasing responsibility for their own health and physical wellbeing.

**Staying Healthy in Childcare** – Preventing infectious diseases in childcare 4<sup>th</sup> edition.

Educators will provide a safe and positive nappy changing and toileting experience. Positive reassurance and guidance to encourage the learning of toileting self-help skills.

Parents need to communicate their child's toileting and nappy changing needs, to enable educators to meet their individual needs. Parents are required to supply nappies and a change of clothes for their child.

### Nappy Changing

Educators will follow the Staying Healthy in Childcare Nappy Changing Procedure (*attachment 1*)  
Nappy changing will be recorded in the "Hygiene Records" folder.

### Toileting

- Gloves are always to be worn when assisting a child with toileting/changing soiled clothes.
- Child to be changed in nappy changing area.
- Educators to assist child if needed to undress and redress.
- Soiled clothes will be sealed in a plastic bag and put in child's bag.
- Child's hands will be washed after changing clothes.
- All relevant areas to be washed.
- Gloves put in hands free sealed bin.
- Educators to thoroughly wash hands.
- Details to be recorded in "Hygiene Records" folder.

We believe this policy will ensure children receive a positive hygienic experience when having their toileting needs met.