



Lake
Windemere B-7 School
Children's Centre
for Early Childhood
Development and Parenting



Government
of South Australia

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Lake Windemere B-7 Children's Centre

Sun Protection Policy

RATIONALE

- At least 2 in 3 Australian's will be diagnosed with skin cancer before the age of 70. More than 2000 of those die from skin cancer each year.
- Exposure to UV radiation during adolescence and childhood is more likely to contribute to skin cancer in later life
- Skin cancer develops after years of exposure to damaging UV radiation
- Sunburn and tanning are signs of skin damage
- Approximately 99% on non-melanoma skin cancers and 95% of melanoma are caused by sun exposure
- Our Centres is well placed to help reduce the incidence of skin cancer through promotion of sun safe practices and informed choice regarding exposure to UV sunrays

Document Control

Managed by Director Lake Windemere B-7 Children's Centre	Approved by: Governing Council
Multidisciplinary team of Lake Windemere B-7 Children's Centre	Date approved: 28/9/16
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1.0 TITLE

Sun Protection Policy

2.0 PURPOSE

The Cancer Council of SA has been promoting the SunSmart program to assist early childhood centres to work towards meeting the Regulations and National Quality Standards. This includes:

Education and Care Service National Law Act 2010: Section 167- Protection from harm and hazards

- Education and Care Services National Regulations 2011:
- Regulation 100- Risk assessment must be conducted before excursion
- Regulation 113- Outdoor space-natural environment
- Regulation 114- Outdoor space- shade
- Regulation 168: Policies and Procedures (2)(a)(11) sun protection

The Cancer Council SunSmart program supports staff to fulfil their duty of care towards all children in care by providing staff with support to devise and implement sun safe procedures.

3.0 SCOPE

The Sun Protection policy at our Centre is designed to cover all children in all Centre programmes including but not limited to Preschool, Occasional Care, Crèche and Playgroup.

The Cancer Council SunSmart program was designed for all child care providers, including Family Day Carers, long day care centres, occasional care programs, preschool, crèche, work based and mobile services and hundreds of providers across Australia.

4.0 OBJECTIVE

- To ensure all children, families, staff and visitors are protected from skin damage from UV Sunlight
- To build capacity of children, families, staff and visitors to understand and respond positively in how to protect themselves and others from skin damage caused by UV sunlight.
- To ensure that staff take weather conditions such as daily UV rating into consideration when planning outdoor learning experiences and participation.

5.0 POLICY DETAILS

5.1 Ultra violet radiation

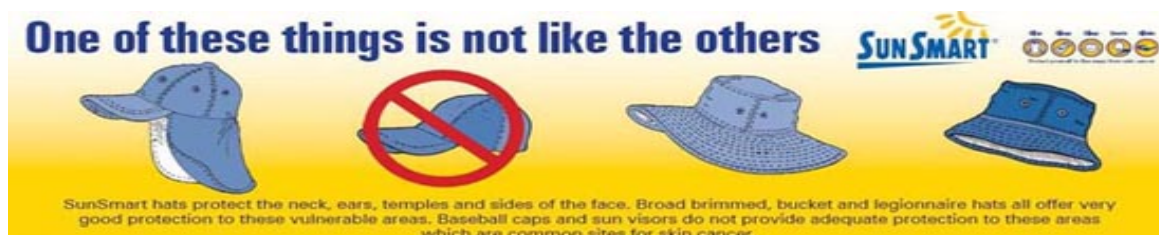
- We will promote sun protection throughout the year. Even on cloudy and relatively cool days UV radiation can cause skin damage.
- Daily routines will be considered to minimize outdoor experiences during peak UV radiation times (10.00am-3.00pm). This consideration is also applied to planning of excursions and incursions that occur outdoors.
- Educators will use discretion about restricting outside play on extremely hot days.
- Staff will be aware of shade patterns during the day and locate outside experiences accordingly.
- Families are requested to apply sunscreen prior to arrival at the Centre
- We will provide 30+ sunscreen and reapplying every 2 hours ensuring application 20 minutes prior to outdoor play.
- We will provide and use adequate and effective shade whilst outside. This assists with protecting children from UV radiation.

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- Staff will check UV levels via SunSmart website www.sunsmart.com.au/uvalert The alert will be displayed in the entrance foyer door each day by the Receptionist.
- Infants (up to 12 months) have skin thinner than adults and can burn easily even when under shade so they need to be covered at all times. If infants are kept from direct sun and well protected from UV radiation by clothing hats and shade, sunscreen need only be used sparingly.

5.2 Protective clothing

- All children and staff will wear protective clothing, including hats between 1st August and 31st April Children's clothing will cover the shoulders and the use of longer style pants and skirts are most suitable. Shoes that are closed in, rather than open should be considered.
- Parents will provide a named sun hat for their child. Sun hats are essential in terms 1,3 and 4 each year (1st August to 31st April) to provide neck protection as well as face protection, e.g. broad brimmed, bucket or Legionnaires.



- Children not wearing appropriate protective clothing including a SunSmart hat will be unable to play outdoors.

SunSmart Education

- Educators will access brochures from Cancer Council SA and supply to families in conjunction with planned curriculum activities for Crèche, Occasional Care and Preschool children in terms 1,3 and 4 each year.
- We will display SunSmart information in the centre to reinforce the importance of sun protection messages to children, families and visitors.



- Children's Centre newsletters will reinforce need for sun smart clothing, hats and adequate drinking water for all children.

PROCEDURE

- Families are requested to apply sunscreen to their child prior to arrival at the centre.
- The Centre will supply sunscreen and make it available to children, families, staff and other visitor.
- Sunscreen will be stored at under 30C degrees

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- Sunscreen will be reapplied every 2 hours to clean and dry skin.
- Parents of children with naturally dark skin may choose not to have sunscreen applied.
- If your child has sensitivity to sunscreen products you are requested to supply an appropriate sunscreen for your child in a clearly named bottle.
- The preschool will support children to apply their sunscreen 20 minutes before going outdoors
- Sunscreens are not to be left in children's bags.
- Baby /Toddler sunscreen milk is recommended for babies and toddlers. It is recommended to use a small portion of this sunscreen as a patch test prior to applying for the first time. Staff will observe child for any reaction to the product prior to full application. Any reaction will be reported to family.
- Parents are to provide a sun smart hat for each child, clearly marked with their child's name.
- The Centre encourages parents to leave one hat in the child's preschool bag each day. Children who do not bring their own hat will be asked to play indoors.
- Educators will wear a hat at all times whilst outside.
- Outdoor activities will be held in shady areas whenever possible. All children will be kept out of the direct sun as much as possible.
- Children are requested to be dressed in shirts with sleeves. Shoulders must be covered.
- Families are requested to not send children in tank tops.
- Children with unsuitable clothing will be asked to play indoors or supplied with Centre t shirt to cover skin while outdoors.
- Each family is required to supply a bottle of water for their child. ***Children will be required to drink regularly to ensure adequate hydration.***

Source:

The Cancer Council South Australia www.cancersa.org.au