



Lake Windemere B-7 School
Children's Centre
for Early Childhood Development and Parenting

What's On – Term 3 2018

17 Uraidla Ave, Salisbury North (enter via Holstein Drive)
PH: (08) 8258 0666 FAX: (08) 8285 9127



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKENDS
Preschool 8.45am – 2.45pm (Group 1)	Preschool 8.45am – 2.45pm (Group 2)	Preschool 8.45am – 2.45pm (Group 1)	Preschool 8.45 – 11.45am (Group 1) 12.00pm – 3.00pm (Group 2)	Preschool 8.45am – 2.45pm (Group 2)	10am – 12.30pm Kids, Blokes and Dad Jokes A group for blokes and kids every Saturday during the term. FREE! Light lunch provided Contact Andrew on 0423 509 493 Or email Kidsblokesanddads jokes@gmail.com
Occasional Care 8.45am – 11.45am Under 2s and Over 2s To book, call Kim 8258 0666	Occasional Care 8.45am – 11.45am Over 2s only To book, call Kim 8258 0666	9.30am – 11.30am Acorn Parent-Infant Attachment Group Referral required. Phone Louise Byrne at Anglicare: 8131 3485 	Occasional Care 8.45am – 11.45am Under 2s and Over 2s 12.00pm – 3.00pm Over 2s only To book, call Kim 8258 0666	<i>.....for more information on our groups and programs please see the back of this flyer....</i> 	
9.00am – 10.00am Music and Movement with Learning Together For toddlers - 4 year olds. Bubbles, shakers, songs, games and stories. Phone Lesley on 0409 631 775	9.00am – 11.00am Learning Together Playgroup Ages birth to 4 years. During school terms. Please bring a piece of fruit		9.00am – 11.00am Financial Counselling By appointment. Phone Anglicare 8209 5492 to book your appointment.		
10.00am – 11.45am Learning Together Playgroup Ages birth to 4 years. During school terms. Please bring a piece of fruit.	Northern Area Midwifery Group Practice Clinic Offering one to one midwifery care and birthing options. Available Tuesday mornings and Thursday afternoons. To make an appointment contact Jo Clarke: 8182 9000	 Find us on Facebook ...and keep up to date with what's on at Lake Windemere B-7 School Children's Centre! 	9.30am – 11.30am Family by Family A network of families helping other families make the changes they want to make. Phone Julia 0429 260 453 	1.00pm – 2.30pm Circle of Security Come and learn about how to enhance your relationship with your child. Bookings essential Crèche available Call Lesley 0409 631 775	GREATSTART PARENT WEBSITE  Everyday ideas for learning  Play <ul style="list-style-type: none">• Playing with playdough• Painting• Treasure hunt Young children are born ready to learn! Check out: www.greatstart.sa.edu.au
Monday 3rd September PUPIL FREE DAY No preschool or community groups	12.30pm – 3.00pm Sewing and Craft All welcome, from beginners to experienced. BYO craft project, or just come for a chat!			Friday 31st August SCHOOL CLOSURE DAY No preschool or community groups	



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Occasional Care “Now and then” care for children whose parents or carers need to attend appointments, meetings, or just to have a break! Occasional Care is \$5.00 per session, or \$1.50 if you have a Health Care Card. Bookings are essential. See Kim at Children's Centre Reception for more information or if you'd like an enrolment pack for your child.

Learning Together Playgroups for children birth to four years. Learning Together groups are free and there is no need to book. Please bring a piece of fruit to playgroup.

Music and Movement Group is for toddlers to four years. Everyone is welcome, preference given to families in the Lake Windemere community. Groups run every week during the school term. Call Lesley on 0409 631 775 if you'd like more information, or if you have any questions. Children's brains grow rapidly in the first three years and what families do every day affects how children develop and learn. Join a Learning Together playgroup, and sing, play, look, laugh, read, dance, learn, talk, explore and enjoy with your child!

Baby Playgroup A free supported playgroup for babies from birth to pre-walkers with a focus on development and play through songs, stories, sensory activities and information. For more information contact Belinda or Melissa on 8258 0666.

Parent Pamper Night Parenting can be the hardest job in the world! You can't parent at your best if your cup is empty, so why not take some time out for yourself and come along to our parent pamper night. Mini massages, foot spas, dinner and a presentation on gentle sleep methods by Brooke Michell (MPsych clinical) from the Paediatric Sleep Clinic team who have successfully treated sleep issues in infants, young children and adolescents for over 10 years. Creche available. Limited spots. Phone 8258 0666 to register.

Sewing and Craft Have you got a craft project on the go? Bring it along and chat while you work. Have you been meaning to hem those pants, re-attach that button, or mend that hole? Not sure how? Feel free to come along and learn how! Want some time for you? Want to connect with others? Everyone is welcome. Every Tuesday during the school term.

Acorn Parent-Infant Attachment Group The aim of the Acorn group is to provide an opportunity for parents who have experienced some mental health struggles to come together and be supported in their relationship with their child aged birth to 3 years. The Acorn group is structured to strengthen your relationship with your child through experiences of shared play, music and movement, and some parent only time for reflection. Referral required. If you would like to know more about the group or referral process, please call Louise Byrne at Anglicare on 8131 3485.

Financial Counselling Sometimes we all need a little help with our finances! Do you need support with budgeting, bills, concessions, Centrelink, Child Support, debts or loans? Financial Counsellor Vanessa visits Thursday mornings. This is a free service. Appointment required. To make an appointment or to find out more, call Anglicare on 8209 5492.

Family by Family Family by Family links up families who are experiencing hard times with families who know what it's like and have ideas to share. If your family needs support, or if you think your family has something to offer another family, call 7325 4949, email hello@familybyfamily.org.au, or visit www.familybyfamily.org.au or facebook.com/familybyfamily

Better Goodbyes Does your child become very upset when you leave the room, or when you are dropping them off into someone else's care? Come along to hear some information about the topic of separation anxiety and strategies to support your child, in a friendly environment over afternoon tea! Crèche included. Places limited so book

Circle of Security Parenting An 8 week relationship based parenting program based on over 50 years of attachment research. Come and connect with other parents, learn about what makes your child tick, and how you can enhance your relationship with your child. Bookings for this group are essential.

Dads, Blokes and Dad Jokes A Saturday playgroup for children and the important blokes in their lives. Dads, uncles, step dads, grandpas, poppas all welcome! Please see program flyer for proposed activities, dates and locations.