



What's on? Term 1 2023

30th January 2023 – 14th April 2023

57 Malurus Avenue
LOCKLEYS SA 5032
P: 8443 5758

DL.5630_leaders@schools.sa.edu.au

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Preschool/Kindy</u> 8.00am - 3.00pm Cassowary Group	<u>Preschool/Kindy</u> 8.00am - 3.00pm Cassowary Group	<u>Preschool/Kindy</u> 8.00am - 3.00pm Emu Group	<u>Preschool/Kindy</u> 8.00am - 3.00pm Emu Group	<u>Preschool/Kindy</u> 8.00am -- 3.00pm Cassowary weeks 1 & 2 only Emu weeks 3 & 4 only
<u>NEW</u> <u>Little Learners Playgroup</u> from <u>6th March</u> 10.00 am –11.30am A free universal group to enjoy play, engagement and learning together with your children. Facilitated by a qualified Early Childhood Worker. Lauren Robertson This program requires bookings. Contact: 8443 5758 Cost: FREE 	<u>Occasional Care</u> 8.30am - 11.30am Affordable now and then care offered to children aged 6 months and older, not attending other early childhood and childcare services. Bookings required. \$1.50 health care card holders \$5 no health care card Contact: 8443 5758 for more information	<u>My Time</u> 09.15m - 11.15 am A free support group for parents/carers of children with a disability, developmental delay or chronic medical condition. Contact Silvana on 0488 151 798 for more info and to register.	<u>Occasional Care</u> 8.30am - 11.30am Affordable now and then care offered to children aged 6 months and older, not attending other early childhood and childcare services. Bookings required. \$1.50 health care card holders \$5 no health care card Please contact 8443 5758 for more information. 	<u>Music Therapy</u> 09.00am—10.00am A free therapy group facilitated by the Women's & Children's Health Network (WCHN), (CECF) team. Offered to CECF clients. Contact 8161 7381 to see if you are eligible
<u>NEW</u> <u>Sing and Grow</u> 1.30pm—2.30pm Starting Monday 13th February For 7 weeks. A music therapy program for children aged 0-5. Facilitated by SING AND GROW Sky—A Qualified Music Therapist BOOKINGS ESSENTIAL Please call 8443 5758 or Rachael on 0498 442371 to find out more Cost: FREE <u>Looking to get here using public transport?</u> Both the H22 and H22L bus routes travel along Henley Beach Road and stop at Stop 12 Pierson Street . Walk from Stop 12 down Malurus Avenue and you will find our centre.	<u>NEW</u> <u>Learning Together</u> Baby Playgroup 1.00pm — 2.30pm Starts Tuesday 7th February A Baby Playgroup for 0-12 months. Facilitated by qualified Teacher and Early Childhood Worker Elise & Michelle. In Partnership with Learning Together. Bookings required Please call 8443 5758 Cost: FREE 	<u>Little Seeds Playgroup</u> 12:30pm - 2:30pm A playgroup facilitated by the Islamic Information Centre of South Australia (IICSA). Please contact IICSA to discuss fees and enrolment Contact Sarah on 0432 413 699 for more information <u>Greek Language Class</u> 3:45pm - 5:30pm A Greek language program for children aged 5+. Please contact Greek Orthodox Community of SA (GOC SA) to discuss fees and enrolment. Please contact GOCSA on 8231 4307 to find out more	<u>Circle of Security</u> 9TH February for 6 weeks 1.00pm—2.30pm Cost Free 6 week program to assist parents to build stronger and more secure relationships with their children. A roadmap for understanding and responding to children's needs. Children must be living with parent, caregiver.* Eligibility criteria Creche offered —spaces limited Please contact Rachael— Community Development Coordinator on 0498 442371	<u>Speech and Occupational Therapy</u> The Central Early Childhood and Families (CECF) Allied Health team is on site Monday to Friday providing allied health services such as speech pathology and occupational therapy for 0-4 year old children. Contact 8161 7381 to see if you are eligible for this service. <i>Appointment only</i> <u>CaFHS Early Parenting Group</u> <i>By appointment and referral.</i> A parent group facilitated by a Child & Family Health Service (CaFHS) nurse for first time mothers and their newborns. Please contact CaFHS on 1300 733 606.

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COMING SOON FOODBANK FOOD ASSISTANCE COMING SOON—MIDTERM 1 LOCKLEYS CHILDREN'S CENTRE WALKING GROUP in partnership with West Torrens Council	Baby Time Tuesdays When: 10.30am to 11am Where: Hamre Centre Library, 1 Brooker Tce, Hilton Cost: Free Contact 8416 6228	Story Time Wednesdays When: 10.30am to 11.30am Where: Hamra Centre Library, 1 Brooker Tce, Hilton Cost: Free	Baby Time Thursdays When: 10.30am to 11am Where: Hamra Centre Library, 1 Brooker Tce, Hilton Cost: Free Contact 8416 6228	COMMUNITY DEVELOPMENT COORDINATOR If you would like to find out more about support that is available for you and your family, what's on in the Community, how to connect with other families and services, Contact Rachael our Community Development Coordinator on
Children's Centres close by Cowandilla Children's Centre- Cowandilla - 8352 5346 Pennington Children's Centre—8268 1200, Renown Park Children's Centre—8346 4306, Seaton Children's Centre—8235 9958, Woodville Garden's School Children's Centre—8414 8688 Raising Children Network Raisingchildren.net.au Provides ad-free parenting videos, articles and apps backed by Australian experts.	Toddler Time Tuesdays When: 11.15am to 11.45am Where: Hamra Centre Library, 1 Brooker Tce, Hilton Cost: Free Contact :81466228 Findon Playgroup When: Tuesdays 9.15am –11.15am Where: Findon Community Centre 222 Findon Road Cost: Free Contact 180071882	Would you like a tour of our Children's Centre at Lockley's Please contact 8443 5758 Come and meet our team!   <p>The ASK website is a website that will connect you to information, free local support services or someone you can talk to.</p> <p>It's ok to ASK for help, so ASK early and ASK often.</p> <p>www.adultssupportingkids.com.au</p> <p>The ASK website is a website that will connect you to information, free local support services or someone you can talk to.</p> <p>It's ok to ASK for help, so ASK early and ASK often.</p> <p>www.adultssupportingkids.com.au</p>	The CaFHS Parent Helpline provides telephone information and support for parents and carers of children from birth to five years living in South Australia <p>Staff are qualified nurses, social workers and community health workers who all receive ongoing training and support.</p> <p>Calls received between 7.15 am - 9.15 pm will be answered by local Parent Helpline staff; calls received outside these hours will be automatically redirected to the national healthdirect helpline.</p> <p>A range of webinars are available for South Australian parents and carers to discuss key topics for babies and toddlers.</p> <p>www.cafhs.sa.gov.au/resources/virtual-parenting-support</p>	PHYSIOTHERAPY PLAYGROUP (KANGAROO ROOM) Cowandilla Children's Centre Weekly from 4th March 9.00am to 9.45am 0–2-year-old Group 1 10.00am to 10.45am 3–5-year-old group 11.00am to 11.45am 0–2-year-old Group 2 <p>A playgroup for parents/ carers with babies and toddlers, who are looking for support to help their children develop balance, coordination and motor skills. Facilitated by physiotherapy students under the supervision of a UniSA Physiotherapist. For more information contact Denise on 8302 4013.</p>
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