

## **HOT WEATHER POLICY**



Reasonable steps are taken to identify and manage risks, and every reasonable precaution is taken to protect children from harm and hazards

Our aim with this policy is:

- · The site will provide a comfortable and safe environment for children
- $\cdot$  Heating and cooling equipment is provided to maintain a comfortable temperature for children

Hats are to be worn all year round

The requirements of this policy are that:

- · Activities conducted in periods of hot weather are to be undertaken in shaded areas
- · Drinking water is to be accessible to children at all times
- · Parents are encouraged to dress children in clothing that minimises heat gain, in layers that can be easily removed during activity and of a type that is sun safe
- · Parents are encouraged to pack food in insulated containers with a freezer brick or frozen water.

The site has a Sun Safe Policy

The kindergarten will ensure that:

Activities are conducted in the shade. During periods of extreme heat the daily timetable is altered and children are outside prior to the heat of the day (11-3pm) as recommended by the Cancer Council SA

Children have water available at all times and are made aware of where it can be located.

Families are encouraged to send lunches with ice blocks or frozen water in an insulated container. Those lunches without cooling are placed into the refrigerator

Children are indoors in an air-conditioned building. On days of extreme heat parents are given the option to keep them home or bring them and pick them up early as air conditioner struggles in these climatic conditions.

The parent/caregivers role:

- · Ensure children wear appropriate clothing
- · Send your child with their lunch packed with ice block or frozen water in an insulated container
- · Talk to children about playing in the shade when hot weather
- · Talk to your child about the need to have frequent drinks

Be a good role model by implementing hot weather practises at home