

Allergy (and anaphylaxis) aware Policy

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Government of South Australia
Department for Education and
Child Development

DOCUMENT CONTROL

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Preschool

Responsible position:
Director

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FIRST AID

- Staff are trained in first aid including anaphylaxis first aid using prescribed adrenalin via an auto injector.
- First aid protocols ensure safe secure storage and immediate access to a child/adult's auto injector, and other first aid equipment. Storage needs to ensure auto injector will remain at the correct temperature.
- First Aid arrangements:- when first aid treatment is required the first aid log must be completed (in the accident, illness, injury and medical condition folder by the phone).
- If child is attending OSHC complete the Accident/Injury/Illness Report and make phone call to parent. Get parent to sign when next in.

PLANNING FOR SAFETY

ANAPHYLAXIS MEDICATION

- Parents/carers and doctor to complete and sign **First Aid Plan, Medication Plan and Anaphylaxis Plan.**
- Forms and/information to be clearly named and kept in **Medication Folder – ALL FORMS TO BE COMPLETED BEFORE CHILD STARTS OCCASIONAL CARE/PRE-ENTRY/PRESCHOOL – This is a legal requirement.**
- Medication to be kept at Preschool during session time.
- Every child/adult with anaphylaxis has an agreed anaphylaxis action plan. This reflects the ages and stage of development of the child, and the nature of the service, and includes planning for:
 - informing all relevant staff including all relieving staff
 - excursions
 - movement between services, for example between school and out of schools hours care
 - evacuation and invacuation
 - preschool activities such as craft where exposure to egg and milk cartons, seeds, play dough (chocolate essence) and egg shells may occur.
- Parents are responsible for providing the care plan and any medication and ensuring that medication provided has a current expiry date.
- Parents and families of children with a care plan are included in, but not ultimately responsible for, worksite education and planning for their child.

Mt Pleasant and District Kindergarten – Allergy (and Anaphylaxis) aware Policy

- Care and support planning is reviewed routinely (for example at times of parent/family-teacher interviews) and always at times of transition (home→childcare→preschool→new school).
- Staff and children understand and apply allergy aware practices. Families of children with anaphylaxis can contribute to planning for cooking and other events.
- All families in the preschool community are regularly informed about allergy aware policy and practice in education and children's services.

FOOD ALLERGY

In order to protect children with allergies to peanuts and similar nut products, Mt Pleasant Kindergarten Preschool has a policy that **no food containing nuts** should be brought into the centre.

Products that contain nuts include peanut butter, Nutella, fruit and nut bars, chocolate bars and any other product that have nuts listed in their ingredients. This does not include products that contain the warning 'may contain traces of nuts.'

- Everyone is encouraged to wash their hands before eating
Note: some children may require non-soap based washes, e.g. those with eczema.
- Food is not given as a reward/treat.
- Children do not share or swap food, unless under supervision (for example special events, as pre-arranged and agreed with the family).
- Food and nutrition education incorporates education about food allergy and any practical activities are planned with the assumption that some participants have a food-related allergy.
- Food should not be supplied to children with anaphylaxis unless pre-arranged and agreed with the family.
- Food preparation follows standard precautions to avoid **cross contamination**. People preparing food (including volunteers and staff) need advice on strategies to ensure that food is not cross contaminated.