



Murray Bridge Preschool Kindergarten

Sun Protection Policy

Murray Bridge Preschool Kindergarten recognises the importance of skin protection as a major strategy in the fight against skin cancer.

Aims

Through this policy, we aim to promote to children, families and staff:

- a. personal responsibility for, and decision making about skin protection,
- b. positive attitudes towards skin protection,
- c. lifestyle practices which can help reduce the incidence of skin cancer and related deaths.

Actions

All members of and visitors to the Murray Bridge Preschool Kindergarten will be encouraged to use the following skin protection practices:

1. **Take particular care when in the sun, between the hours of 10.00am and 3.00pm**
 - a. Learning experiences provided outdoors will be held in shaded areas when and where possible.
 - b. Snacks and lunches will be eaten indoors or in shaded areas. When in shaded areas, staff, children and visitors will be encouraged to wear appropriate hats.
 - c. Staff will check the predicted UV Rating and sunsafe hours on the SunSmart App each morning.
2. **Wear clothing which protects the skin (including appropriate hats)**
 - a. Children, staff and parents are expected to wear an appropriate broad brimmed, bucket or legionnaire style hat (see below) whenever they are involved in outside experiences, from the beginning of August to the end of April and whenever the UVR is 3 and above at other times.
 - b. Children will bring an appropriate sun safe hat that will be named and kept at Kindergarten for their exclusive use.
 - c. Children and staff are encouraged to wear shirts with sleeves and longer style shorts. Children who are not dressed appropriately will be asked to play under the verandah or inside.
 - d. The parents of children who regularly do not have appropriate clothing will be given a reminder telling them that appropriate clothing must be worn.
3. **Use 30+ sunscreen to protect skin**
 - a. Staff will encourage parents to apply sunscreen before Kindy sessions.
 - b. Sunscreen will be provided and children will be supported to apply 30+ sunscreen after lunchtime in preparation for playing outside.
 - c. If children have skin conditions that require a certain brand of sunscreen parents can provide their own sunscreen to staff to be kept in the First Aid cupboard.
4. **Learn about skin protection**
 - a. Staff will model appropriate SunSmart strategies at all times.
 - b. Sun safe practices will be a part of our learning curriculum.
 - c. Information and resources will be kept up to date through contact with the Cancer Council.

