

# Neta Kranz Kindergarten.

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Dear Parents and Carers.

Welcome to Term 1, 2018.

We are very pleased with how the majority of children are settling into the routine of kindergarten.

Now that we have the 'same start date' for all children to begin at the same time, it is challenging for teachers in the early years, as there are no role models of children already familiar with the routines and staff to assist the newcomers.

There has been a flurry of activity by staff to organise each child's individual portfolio and sign in photo.

It is certainly important that you share any information about your child and their needs, to support their successful transition. Regular attendance at kindergarten supports your child's participation in the education program. It gives children the opportunity to develop friendships, learn new things, build on what they have learnt and follow routines. We ask that if your child is absent from kindergarten, please phone and let a staff member know the reason your child is away.

# **Governing Council:**

Our kindergarten Governing Council AGM is scheduled for 7:30pm  $\pmb{\text{Tuesday 6th March}}$ 

All parents and carers are invited.

We will be electing new members for our 2018 committee. This is a simple way of being involved with decision making processes, fundraising, organising events and assisting with developing policies and procedures. We do rely on the involvement of parents and carers to assist with making kindergarten a special time in children's lives. Please consider joining.

Generally there is a night meeting held once a month, although this can be negotiated to suit the new Governing council members.

### Facebook:

We currently have a Facebook group called

#### 2018 Neta Kranz Kindergarten Families

This is a private group created to keep families up to date with all upcoming events. If you have not joined our group please do so as this is our main form of communication to families.

As part of our sustainable practices we will only be handing out paper newsletters to those parents who request them. In the future all newsletters will be posted on facebook so please speak to a staff member if you do not have a facebook account so we can arrange for communication to be printed and posted in your communication pocket.

#### **Barry Peters:**

We have the opportunity to have the fabulous children's entertainer Barry Peters come and perform for the children at kindergarten.

To make this performance affordable for families we are proposing to change the day some children attend kindergarten, for this occasion.

If your child attends kindergarten on Monday 7th May, we are proposing they come on Tuesday 8th May instead to engage with this performance.

Children will still attend for the full day, but on Tuesday not Monday.

If you are unable to accommodate this change, have any questions or concerns please speak to a staff member a.s.a.p., as we will only be able to book this performance if all children can attend.

There will be a \$12.00 cost per child.

# **Healthy Eating:**

At kindergarten, we are committed to supporting parents/carers to assist children with developing healthy lifestyle choices.

This is the perfect environment for your child to be eating healthy foods as staff role model by eating only healthy food and we talk about the need to eat nutritious foods to support our bodies to grow. If there are no treats on view, children are not expressing a desire to eat them

We know that sugary and high fat foods do not provide much by way of nutrition and can fill children up, leading to a decreased appetite for healthier foods. Sweet foods lead to tooth decay and weight gain.

The following measures provide the preferred rating for choosing everyday healthy options.

Food items that contain: (Per 100 gram) total fat of 3g or less; saturated fat of 1.5 g or less, sugars 5g or less and sodium 120 mg or less. (we have included a Healthy Shoppers guide to assist you when shopping)

Please be aware that water is the best drink for everyone and we do ensure a constant supply is available for the children, including jugs of water during fruit time and lunch time.

Early next term we will be having a visit from the dentist, for a lift the lip check and an informative interactive session for the children.

# Child Youth Health:

Child Youth Health checks will be occurring Friday 23rd February. Forms will be handed out to families whose children are eligible. Each child will eventually be offered a turn for this very valuable service, but they must be at least 4.3 and we need to work in descending order.

## Helping Hands:

At the end of each day, staff are busily trying to wash dishes, clean tables. It would be much appreciated if you could assist with these duties while waiting to collect your child.

#### <u>Numeracy:</u>

Numeracy is an important part of your child's learning and you could assist this development through daily activities and routines, such as...

Counting the buttons on their clothing, noticing numbers on letterboxes, counting how many pieces you cut your toast or sandwich into, etc etc.

## Personal Items:

We do ask that children do not bring toys and paraphernalia to kindergarten as these items often get lost or left behind.

We also ask that clothing/bags/lunchboxes are labeled to enable staff to easily identify which child they belong to.

Please ensure your child's lunchbox is placed in one for the tubs located on top of the lockers on arrival and collect it from the same location at the end of the day.

Term 1 finishes on Friday 13th April, 2018 and

Term 2 begins Monday 30th April, 2018.

Kind Regards Libby, Carmen, Lauren, Lorna.