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## HOT WEATHER POLICY

Reasonable steps are taken to identify and manage risks, and every reasonable precaution is taken to protect children from harm and hazards

Our aim with this policy is:

- The site will provide a comfortable and safe environment for children.
- Heating and cooling equipment is provided to maintain a comfortable temperature for children.

The requirements of this policy are that:

- Activities conducted in periods of hot weather are to be undertaken in shaded areas.
- Drinking water is to be accessible to children at all times.
- Parents are encouraged to dress children in clothing that minimises heat gain, in layers that can be easily removed during activity and of a type that is sun safe.
- Parents are encouraged to pack food in insulated containers with a freezer brick or frozen water.
- The site has a Sun Safe Policy.

The kindergarten will ensure that:

- Activities are conducted in the shade. During periods of extreme heat the daily timetable is altered and children are outside prior to the heat of the day (11-3pm) as recommended by the Cancer Council SA.
- Children have water available at all times and are offered drinks at fruit time.
- Families are encouraged to send lunches with ice blocks or frozen water in an insulated container. Those lunches without cooling are placed into the refrigerator.
- Children are indoors in an air-conditioned building.

The parent/caregivers role:

- Ensure children wear appropriate clothing.
- Send your child with their lunch packed with ice block or frozen water in an insulated container.
- Children are encouraged to bring a bottle of cold water to kindergarten .
- Talk to children about playing in the shade when hot weather.
- Talk to your child about the need to have frequent drinks.
- Be a good role model by implementing hot weather practises at home.

Date: 29/01/2018

Review: Jan 2019