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## SUN SMART POLICY

Recent studies show that the vast majority of melanoma and sun related skin cancers occurring during an individual's lifetime result from overexposure to harmful UV rays from the sun during childhood. As part of our Kindergarten's duty of care it is imperative that this risk be minimised.

Our aim with this policy is:

- To promote sun protection guidelines for children, staff and parents.
- To encourage all children to be dressed appropriately and safely at all times.

The requirements of this policy are that:

All staff must wear a Sun Smart hat wide-brimmed style.

- All children are provided with a legionnaire hat that is kept at kindergarten in their individual hat pocket.
- Any parents attending outdoor excursions will be encouraged to set a good example to the children by wearing a suitable hat.
- Children wear hats at all times outdoors, even when playing in the shade.
- Children wear clothing that protects their shoulders. (no tank tops)
- Parents apply sunscreen to their child prior to kindy or notify staff if they haven't done so, so that staff can apply. For those children staying all day, sunscreen will be reapplied after lunch in terms 1 & 4.

The kindergarten will ensure that:

- Outdoor activities will be placed in shady areas whenever possible.
- Sun protection awareness activities will be included in the program and the policy will be revised annually.

The parent/caregiver's role:

- Apply sunscreen prior to kindy.
- Dress their child in suitable clothing.
- Send along at least one full set of sun-safe spare clothing for use after sand or water play.
- Talk to their child about the dangers of sun over-exposure.
- Be a good role model by implementing the Sun Smart practices at home.

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Review: Jan 2019