

Health and wellbeing

Medication

All kindy educators have current first aid qualifications plus relevant training in asthma and anaphylaxis emergency. Educators undertake to administer medication only within strict guidelines.

Medication must come to the kindy in its original container with the child's name, dosage and expiry date clearly visible. Families will be asked to fill out and sign an authorisation form, giving details of the medication and dosage required. Educators will not administer Panadol or other pain relieving medication.

Families of children with diagnosed asthma or serious allergies must present an Action Plan from their doctor and preventative medication should be kept at the kindy.

Accidents

Educators are trained in first aid and will tend to any minor accidents as they occur. Families will be notified by a note in pockets if their child has received first aid.

All reasonable precautions will be taken to prevent accidents and to protect children's safety. Parents will be notified by telephone of any serious accident requiring medical treatment. An ambulance will be called in the event of an emergency.

Educators will keep records of any illness, accidents and medication administered.

Illness

Parents are asked to keep children home for a period of 24 hours after vomiting or diarrhoea has stopped, to safeguard the health of other children and educators. Children with a runny nose or a heavy cold should be kept at home to minimise the spread of disease. Parents will be contacted to collect their child from the kindy if they present as being unwell. If your child has been administered Panadol/pain relief the morning of kindy, they are too unwell to attend; please keep them home. Please inform us if your child has a communicable disease so that we can look for similar symptoms in the other children.

Please inform us when your child has an infectious disease or skin infection, such as:

- chicken pox
- measles
- mumps
- school sores
- head lice
- conjunctivitis.

Exclusion from kindy

The kindy reserves the right to exclude enrolled children in specific circumstances, which include risk to the child, other children and/or staff. Exclusion from the kindy would only occur after all other avenues of communication and support have been exhausted.

Short term exclusion may occur when you child:

- is unwell on arrival
- has symptoms that suggest they may be contagious
- becomes unwell at the kindy
- is suspected of having a fever
- is very distressed
- is not immunised against a disease that has affected other families at the kindy.

Immunisation

The kindy promotes the protection of children from infectious diseases and strongly advocates that children and educators are immunised.

Children who are not immunised will be excluded from the kindy during outbreaks of infectious diseases for which immunisation are available.

Families are asked to provide a copy of their child's Immunisation History Statement before commencement of their first day.

SunSmart and shade

Newland Park Kindergarten adopts the SunSmart Policy as recommended by the Cancer Council to ensure that all children attending the Kindy are protected from skin damage caused by the harmful ultraviolet rays of the sun. Sunscreen is available at the kindy for families to apply before kindy starts – the sunscreen is located at the sign in table near the front door. Children will be provided with a named hat which will stay at kindy. On days that the weather is far too hot, we will not go to Nature kindy. We have lots of established trees in the yard, verandas and shady places to play.

Hygiene

The kindy will maintain an environment which ensures the health of children, parents and educators. Within the broader community, the educators will maintain practices which promote a clean and healthy world. Soap and paper towels are provided for children wash hands before eating or as needed.

Toileting

Children must be toilet trained before starting at Newland Park Kindergarten, and children are not to wear nappies. It is important for families to understand kindy is not Child Care and educators will only assist children by explaining ways they can 'do it themselves'. Heavily soiled pants/diarrhoea will be cleaned up as best as we can or families will be called to assist.

Rest Time

The educators at the kindy consider rest time an important respite for the children from the stimulating and challenging experiences they engage in each day. Each child's comfort will be provided for and there will be appropriate opportunities to meet each child's sleep, rest and relaxation needs.