







Ocean View College B-12 Children's Centre

Term 1, 29th January to 12th April 2024

For more information, please contact Joanne, Community Development Coordinator on (08) 8248 3670 or email Joanne.Macheda3@sa.gov.au

	Monday	Tuesday	Wednesday	Thursday	Friday
Program		Music for the Senses By Maggie Moo Music	The Garden Relationships Australia	Beach Babies Playgroup	Learning Together Communities
Time		1:00pm – 1:45pm (0-12 months) 2:15pm – 3:00pm (0 to 4 years) 6 th February to 2 nd April	10:00am – 11:30am 7 th February to 13 th March	10:00am – 11:00am 8 th & 22 nd February 7 th & 21 st March 4 th April	9:30am – 11:00am 2 nd February to 5 th April
	Are you a new parent/caregiver looking to connect with fun and educational activities for you and your baby?	Support your child's development with music, movement, singing, rhythm & rhyme	Connect with your child through music, play, art, movement, and relaxation	Playgroup for families with babies aged 0-12 months	Supported playgroup for families with children aged 0-4 years
	It's okay to feel nervous and have questions before attending the Children's Centre for the first time.				Parents are encouraged to play alongside their child, follow their lead and connect with their learning
Contact	Give Joanne a call for a friendly chat or send an email to say hello and arrange a call back (08) 8248 3670 or Joanne.Macheda3@sa.gov.au	BOOKINGS REQUIRED For information contact Joanne on (08) 8248 3670 or email Joanne.Macheda3@sa.gov.au	Joanne.Macheda3@sa.gov.au or the CaPS Team on (08) 8340 2022 or email CapsWEST@rasa.org.au to check eligibility and to register Available to families living in the Lefevre Peninsula, Gepps Cross, Enfield, Blair Athol, Kilburn, Clearview and Broadview	Join with your baby in song time and sensory, language and motor activities Facilitated by Maria, Speech Pathologist Come along or email Joanne.Macheda3@sa.gov.au	BOOKINGS REQUIRED Bookings required via email Education.Learningtogethercommunitiescentraladelaide@sa.gov.au
Program	Speech Pathology and Occupational Therapy Drop in		Families Singing Together	Helpful websites	Adults Supporting Kids
Time			10:00am – 12:00pm 20 th March to 10 th April	https://www.wch.sa.gov.au/patients-visitors/emergencies/virtual-urgent-care	Raising children can be challenging. At times, families may need information and support to keep kids safe and well. Find free and low-cost support services near you at the Adults Supporting Kids www.adultsupportingkids.com.au
	Do you have questions or concerns about your child's development?	The Ocean View College Children's Centre acknowledges that it is located on Kurna Land and acknowledges the Kurna people as the custodians of the greater Adelaide Region	Support your child's learning & connect through music. Singing, dancing, play, storytelling, role playing and puppets. Morning tea provided	https://www.13yarn.org.au/ (Support line for Aboriginal and Torres Strait Islander people) https://forwhenhelpline.org.au/ (Mental health support for expecting and new parents) https://panda.org.au/ (Perinatal Anxiety & Depression support)	
Contact	Drop in visits are available with Maria, Speech Pathologist and Margot, Occupational Therapist For more information, call (08) 8248 3670 and ask for Maria or Margot		BOOKINGS REQUIRED Contact Joanne at Joanne.Macheda3@sa.gov.au or phone (08) 8248 3670		




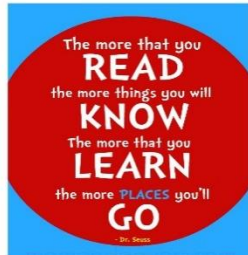

| Programs and services do not operate during school holidays or on public holidays | Adelaide Cup 11th March | Good Friday 29th March | Easter Monday 1st April |

| Director: Kelly Squire |

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	Monday	Tuesday	Wednesday	Thursday	Friday
Program	Helpful support numbers	Infant First Aid Head2Toe First Aid	Oz Harvest delivery Wednesday	Baby Massage Relationships Australia	
Time	 Lifeline 13 11 14 13Yarn (13 92 76) 1800RESPECT 1800 737 732 MensLine Australia 1300 781 978 Kids Helpline 1800 459 975 Grief Line 1300 845 745 PANDA* 1300 726 306 Police non urgent assistance 131 444 *Perinatal Anxiety and Depression Helpline	9 th April 10:00am – 12:00pm or 12:30pm – 2:30pm Topics covered include DRSABCD, Recovery Position, CPR, Prevention and First Aid for drowning and choking, along with the opportunity to ask questions  FREE BOOKINGS REQUIRED	afternoon at the entrance of the Children's Centre During school terms Bread, fresh fruit and vegetables and other food items available free of charge 	10:00am – 11:00am Program 1 15 th February to 7 th March Program 2 21 st March to 11 th April Connect with your baby through Baby Massage. Learn to read your baby's body language and cues BOOKINGS REQUIRED Please contact Joanne.Macheda3@sa.gov.au or the CaPS Team on (08) 8340 2022 or email CapsWEST@rasa.org.au to check eligibility and to register Available to families living in the Lefevre Peninsula, Gepps Cross, Enfield, Blair Athol, Kilburn, Clearview and Broadview	 <u>Visit your local library</u> Semaphore Library 14 Semaphore Road, Semaphore (08) 8405 6570 Port Adelaide Public Library 2-4 Church Street Port Adelaide (08) 8405 6580
Program	Occasional Care (During school terms) 9:00am – 12:00pm For children 6 months – 4 years \$5 per session or \$1.50 with a Healthcare Card	Ocean View Children's Centre Midwifery Clinic 8:45am – 3:00pm Weekly	Occasional Care (During school terms) 9:00am – 12:00pm For children 6 months – 4 years \$5 per session or \$1.50 with Healthcare Card		
Time					
Contact	BOOKINGS REQUIRED For information, contact Dani on (08) 8248 3670	BY APPOINTMENT ONLY For information call (08) 8161 7000 Women's and Children's Hospital	BOOKINGS REQUIRED For information, contact Dani on (08) 8248 3670		