

# **Routines**

## **Sign in**

Encourage your child to make their mark by tracing and or writing their name.

## **Greet the teacher and child**

This encourages relationship building, learning names and eye contact. It also allows you to talk to staff about any issues or news.

## **Inside and outside play**

Throughout the day children can move freely through these areas

## **Mat time and sharing time**

Allows the children to speak in front of the group. We also participate in songs and games, demonstrate activities, and introduce new learning.

## **Physical activity**

Depending on the weather, we go to Centenary oval to play games, practice skills and move our bodies.

## **Brain food**

Twice a day to hydrate and nourish our bodies, ready for learning.

## **Morning and afternoon recess**

Children can chose to have recess at any time during play.

## **Lunch**

We sit together and talk with our friends.

## **Relaxation**

10-15 min together where we listen to music, hear stories or visualise. This allows us to recharge our bodies for the rest of the day and helps us to make good decisions about our play.

## **Small groups**

We break into 3 small groups for learning.

## **Afternoon sharing and farewelling**

Allows the children to speak in front of the group and farewell their friends.