Starting kindy

The aim of Preschool is to enhance and develop children's social, emotional, physical and intellectual development.

Your child will be actively learning through play experiences that allow them to construct, test and apply their developing knowledge.

Playing is important because it allows children to practice skills over and over again and develop ideas at their own pace.

What can you do to help your child settle into Preschool?

Every child reacts differently to new situations. You can help your child settle into preschool by:

- At home, plan with your child how you will say Good bye, ("I will say Good bye after….")
- Establish a routine for leaving your child, such as arrive at preschool, encourage your child to put away their own bag, do a puzzle or read a story, then say goodbye and leave. (You are welcome to give us a call after 30 mins. to check on how they are going).
- Using the same routine daily allows your child to know when you will be leaving, making separation easier to accept.
- Talk about what things your child experiences at Preschool, take some photos of favourite activities and show the family at home.
- You showing confidence demonstrates to your child how they can feel, if you feel nervous and unsure your child will follow your lead. Your child looks to your reactions as a guide for their own.

If problems emerge please talk to a staff person.

Independence

We encourage children to be independent in caring for their personal needs and belongings (carrying own bag, put shoes and hats on or in bags, opening and closing their own drink and food containers and can determine when they need to go to the toilet.)

Research has suggested that encouraging self help skills enhances children's self esteem as they gain much needed skills for future.

This self-help is invaluable for when your child starts school.

Although children may demonstrate frustration, this is an emotion that happens before mastery of skills. It is fantastic to see the face of a child when they say, "I did it all by myself!"