



Pasadena Kindergarten

39 Cash Grove,
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Sun protection policy

National Quality Standard Area 2 | Children's health and safety

Children have the right to experience quality education and care in an environment that safeguards and promotes their health, safety, and wellbeing.

Purpose

All department school sites, and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultraviolet (UV) radiation levels reach 3 or above.

Pasadena Kindergarten must inform the community including employees, students, parents, and volunteers of the sun protection policy. Wherever possible, children and young people are encouraged to be responsible for their own sun protection.

Using sun protection

Pasadena Kindergarten uses a combination of sun protection measures for all outdoor activities on- and off-site during terms 1, 3 and 4 including:

Clothing

Sun protective clothing should be provided for children to wear at this site. Clothing should be cool, loose fitting and made of closely woven fabric. This includes shirts with elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for water play.

Sunscreen

Children are asked to provide their own SPF30+ (or higher) broad-spectrum, water-resistant sunscreen. Kindy will supply SPF30+ (or higher) broad spectrum, water resistant sunscreen for those children without their own sunscreen.

Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours, if remaining outdoors. Parents are encouraged to apply SPF 30 or higher broad spectrum, water resistant sunscreen to their child before they come to kindy so that their skin is protected against the sun when travelling to Kindy and playing outdoors. A supply of SPF 30 or higher broad spectrum, water resistant sunscreen is available for families to apply to their own child, if they require. Children will be encouraged and supported independently to reapply sunscreen 20 minutes before they go outside at lunchtime in Terms 1, 3 and 4 and when the UV is 3 and above at other times. Sunscreen is reapplied every 2 hours if remaining outdoors. Please note that staff do not apply sunscreen to children but will assist children to apply it themselves. Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.





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Hats

All children are required to wear hats that protect their face, neck, and ears e.g., legionnaire, broad brimmed or bucket hats, whenever they are outside with no cords. Baseball or peak caps are not acceptable. Kindy have an appropriate kindy hat available for purchase, if families would like.

Shade

Care is taken during the peak UV radiation times and outdoor activities are scheduled outside of these times, where possible. Group times and snack times will be held indoors or in shaded areas to avoid UV exposure. Staff are to use available areas of shade for outdoor activities such as trees, verandas, and shade structures wherever possible. Staff actively encourage children to play in the shade. Pasadena Kindergarten has beautiful large trees, providing lots of shady areas to play.

Children who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun. Outside educators remind and support this. Educators remind families termly of this information.

Curriculum

Staff will promote sun safety with the children as part of the learning program. Staff will involve children in risk assessment processes relating to the weather. Sun Smart behaviour is regularly reinforced and promoted to the Kindy community through newsletters, parent meetings, staff meetings and in morning meetings.

Supporting information

The information has been extracted from the *Cancer Council SA SunSmart early childhood policy guidelines* (https://www.cancersa.org.au/uploads/sunsmart/SS_ECC_Policy_Guidelines.pdf).

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Approved by: Catherine Heyward | Director, Pasadena Kindergarten

Approved by: Governing Council, Pasadena Kindergarten

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