



HOT WEATHER POLICY

On days of extreme heat the preschool will remain open.

However, if you are aware that your child becomes distressed in the heat you may:

- Keep your child at home
- Collect him/her early from preschool. This can be negotiated with staff on the day.

On days the weather bureau indicates they expect a temperature of 38 degrees C or over, we will post a sign reminding parents of this option.

In the playground we will:

- Locate outdoor activities in shaded areas where possible
- Encourage the children to play in the shade
- Have available a container of broad spectrum sunscreen for parents to apply to their children if needed
- Staff will protect their own skin and be role models for the children
- Incorporate sun and skin awareness activities into our teaching programs
- Encourage quiet play
- Encourage children to drink water frequently.
- Have cool water available for children and staff.

As parents we encourage you to:

- Provide a hat for your child to wear to preschool, which shades the face, back of the neck and ears ie legionnaire, broad rimmed. Remember "No hat, No play". Please see Sun Protection Policy.
- Apply broad spectrum sunscreen to your child before leaving home
- Protect your own skin and be a role model for your child
- Encourage your child to avoid direct exposure to the sun during the hours of intense ultraviolet radiation (10am – 2pm or 11am-3pm during daylight saving time).
- Dress your child in clothing that protects their skin from the sun