Renown Park Childrens Centre parent handbook

www.preschools.sa.gov.au/renown-park-childrens-centre

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Home



We place relationships at the heart of everything we do, and encourage you to get involved with the programs and services we offer. We believe your child is a competent learner. We will encourage them to explore new experiences and become confident risk takers.

Our nature play area inspires imaginative and individual play with our mud kitchen, sand pit, creek and loose parts.

Find out more about our goals and our focus in our philosophy statement (PDF 174KB) (https://www.preschools.sa.gov.au/sites/default/files/renown_park_cc_philosophy_statement.pdf).

Getting involved

We support families to be involved in decision making about the services and programs offered in our children's centre. This includes becoming a member of the parent engagement group. To find out more contact our community development coordinator or director.

If you'd like to volunteer with us in another capacity, we'd love to hear from you. See volunteering in schools, preschools and children's centres

(https://www.education.sa.gov.au/parenting-and-child-care/volunteers/what-volunteers-need-know/volunteering-schools-preschools-and-childrens-centres) and have a chat to us about how you can get involved.

Acknowledgement of Country

We acknowledge the traditional owners of the land we are on and pay our respects to their Elders past and present, and extend that respect to other Aboriginal people who are present today.

Immunisations

When you enrol your child with any of our services or programs you will be asked to provide evidence of their immunisation status

(https://www.education.sa.gov.au/supporting-students/health-e-safety-and-wellbeing/early-childhood-services-immunisation-requirements).

Renown Park Childrens Centre parent handbook

www.preschools.sa.gov.au/renown-park-childrens-centre

Contact us

Preschool director: Mrs Alison James

Phone: (08) 8346 4306

Fax: (08) 8346 9771

Email: dl.1450.leaders@schools.sa.edu.au

Street address: Napier Street Renown Park SA 5008

Postal address: Napier Street Renown Park SA 5008

Learning and care

We offer a number of programs and services to support your child's early years learning (https://www.decd.sa.gov.au/teaching/curriculum-and-teaching/primary-and-secondary-curriculum/curriculum-taught-south-australia).

Preschool

Our centre offers quality played-based learning. We develop strong relationships with families and children and work in partnership with families to support children. We follow children's interests, theories and thinking and aim to develop skills such as communication, problem solving and a sense of curiosity.

www.preschools.sa.gov.au/renown-park-childrens-centre

When your child can start preschool

All children are entitled to access at least 1 year of preschool.

If your child turns 4 before 1 May, they can start preschool at the beginning of the year. If your child turns 4 on or after 1 May, they can start the next year.

If you want to delay your child's start to preschool or you're not sure about when they should start, please talk to us about your options.

If your child is Aboriginal or under guardianship (in care) they are eligible for 12 hours of preschool after they turn 3. They will then be eligible for 15 hours per week of preschool in the year before they start school.

Early entry

Your child may be able to come to preschool up to 2 terms earlier if they:

- have additional needs or disability
- are learning English as an additional language or dialect
- are at significant risk because of family circumstances.

Early entry is for up to 3 hours per week in the first term, and up to 6 hours per week in the second term, if places are available.

Access is decided on a case-by-case basis.

Please contact us if you want more information about early entry.

Enrolling your child

You can register your interest to enrol your child with us by using the preschool registration of interest form (https://www.education.sa.gov.au/doc/preschool-registration-interest-form). This form is also available from our centre.

Try to register your interest by 30 June, but you can do this any time during the year.

Priority will be given to children living in our catchment area (https://www.preschools.sa.gov.au/renown-park-childrens-centre#location). If you don't live in our catchment area you should indicate at least 2 other preschool options on your form.

If we can give your child a place with us we'll send you an offer letter in term 3 (https://www.decd.sa.gov.au/teaching/south-australian-state-schools-term-dates). You can accept the offer by filling in and sending back the acceptance slip by the due date.

Before your child starts

After accepting a place with us we will organise a time to meet with parents/ caregivers to find out more about your child and share information about our centre and preschool programs.

Before your child starts preschool you can come to transition visits. These will be in term 4 and are a chance for your child to meet our staff and other children.

Fees

We ask you to contribute towards the cost of your child attending preschool.

The parent contribution is \$560 per year. You can choose to pay the total amount at the beginning of the year or pay instalments of \$140 each term (https://www.education.sa.gov.au/teaching/south-australian-state-schools-term-dates).

When to pay

We will invoice you at the start of each term.

Payments are due by week 4 of each term.

Please contact us (https://www.preschools.sa.gov.au/renown-park-childrens-centre#contact-us) if you are having difficulty paying.

How to pay

Cash or cheque

You can pay cash or cheque at the centre. Please put the payment in a sealed envelope with your child's full name on the front. Put the envelope in the payments box at reception.

EFT information

You can pay by direct deposit.

BSB: 065112

Account number: 10233819

Please put your child's full name as the reference.

Preschool session times

Your child can attend preschool for up to 15 hours per week.

Group A

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|------------------|-----------|----------|--------|
| 8.30am to 3.10pm | 8.30am to 3.10pm | _ | _ | _ |

Group B

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---------|-----------|------------------|------------------|
| _ | _ | _ | 8.30am to 3.10pm | 8.30am to 3.10pm |

What to bring

Your child needs to bring these items each day:

- bag
- change of clothes
- drink bottle containing water
- a piece of fruit
- lunch
- afternoon healthy snack.

Please write your child's name on all their belongings.

www.preschools.sa.gov.au/renown-park-childrens-centre

What not to bring

Children should not bring these things:

- food containing nuts (some children have nut allergies that can be dangerous)
- unhealthy food or drink (lollies, chocolate, chips, fizzy drinks)
- toys from home.

Additional information

We invite you to join the governing council, which meets twice a term to make sure the centre runs smoothly. Read through what a governing council does (https://www.decd.sa.gov.au/sites-and-facilities/governing-councils/understanding-governing-councils/what-governing-council-does) and speak to us to register your interest.

Occasional care

Occasional care is for children under school age who aren't in any other early childhood education and care programs, such as preschool, childcare or family day care. It promotes young children's development by giving them access to high-quality early childhood education.

It may help parents to take part in a range of activities including non-work and casual work commitments.

Priority of access

The education department has a priority of access policy (https://www.education.sa.gov.au/parenting-and-child-care/your-childs-education/childcare-and-preschool/occasional-care) to decide who can get into occasional care. This might mean that some families get more sessions than others.

Talk to us about enrolling in occasional care.

Cost

This program costs \$5 per session and \$2.50 for siblings.

If you have an Australian Government Pensioner Concession or Health Care Card, the cost is \$1.50 per session and 75 cents for siblings.

Occasional care session times

Children generally can go to 1 session a week.

Children under 2 years old

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---------|-------------------|----------|--------|
| _ | - | 8.30am to 11.15am | - | _ |

Children over 2 years old

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|-------------------|-------------------|----------|--------|
| _ | 12.00pm to 2.45pm | 8.30am to 11.15am | - | - |

What to bring

Your child needs to bring these items each day:

- bag
- broad-brimmed, legionnaire or sun-safe hat (without chin straps)
- change of clothes
- drink bottle containing water
- healthy snack
- packed lunch.

Please write your child's name on all their belongings.

Playgroup

Our playgroup provides an interactive, fun place for children and parents to play and learn together. Playgroup sessions are supported by our early childhood educator who provides information and advice about your child's health, learning and development.

Times

Tuesdays from 9.30am to 11.00am.

Cost

Gold coin donation.

What to bring

A hat for outside play.

Disability support

There is support available for children with disability (https://www.education.sa.gov.au/supporting-students/children-disability-and-special-needs). Talk to us for more information.

Health and wellbeing

CaFHS

CaFHS provide a free health and development check each term. During this health check they test children's vision, hearing, height and weight development. They also run early parenting sessions for new parents and their babies.

Contact our centre to find out when the next 4 year old health checks are and to make a booking.

Family practitioner

Our family practitioner works alongside vulnerable families and children to help them better understand and respond to their child's needs. They work with parents, our staff and other organisations to help families find relevant services to maintain safe, caring and resilient relationships for child development.

Family practitioners can provide short-term counselling for families to help with:

- domestic violence
- housing
- drug and alcohol problems
- mental health
- follow up and advocacy.

Please contact us if you think you need help from a family practitioner.

Community services

Community health and wellbeing options for South Australian families include:

Child and Family Health Services (CaFHS) (http://www.cyh.com/Content.aspx?p=361)

Child and Adolescent Mental Health Services (CAMHS) (http://www.wch.sa.gov.au/services/az/divisions/mentalhealth/index.html)

Disability Services (https://www.ndis.gov.au/index.html) / NDIS (https://www.ndis.gov.au/index.html)

Parenting SA (https://www.education.sa.gov.au/parenting-and-child-care/parenting/parenting-sa)

Women's and Children's Health Network

(

http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/our+local+health+networks/womens+and+childrens+health+network)

Greatstart parenting information

(https://www.education.sa.gov.au/parenting-and-child-care/parenting/learning-vour-child-greatstart)

Community engagement

Community programs

Our community development coordinator is available to support and encourage parents and families to actively participate in all aspects of our centre. We partner with other agencies to plan and organise a range of programs and we offer a crèche service for many of these.

For more information about activities and opportunities for you to be involved:

- see our Facebook page (https://www.facebook.com/Renown-Park-Childrens-Centre-1677751732501182/)
- drop in for a visit
- contact us on 8346 4306

Parenting programs

As a parent you have the primary role of guiding and nurturing your child's development and helping them grow and learn.

We offer many parenting programs to support families with parenting and connecting with their children.

See our what's on calendar

(https://www.preschools.sa.gov.au/renown-park-childrens-centre/files/term-3-2019-calendar-renown-park-childrens-centre) to find out what programs we have available.

Community events

We promote school holiday events including holiday play groups, Lizzy the literacy lizard reading at Arndale and other free school holiday events.

Parents and community

We help you engage with the community through our centre volunteer program, governing council, connecting to other services and opportunities to meet other families.

Family services program

Our family practitioner can connect your family with services and help you and your family learn more about parenting and child development.

We provide:

- programs for children on social and emotional wellbeing
- advice on parenting, relationships, social and emotional wellbeing and trauma
- a referral point for many issues affecting families
- counselling to help with parenting, feelings and behaviours

Families can contact the family services coordinator directly.

Reports and plans

National Quality Standard rating

Our services are assessed and rated against 7 quality areas of the National Quality Standard.



Overall Rating: Exceeding NQS

Quality Area Ratings

1 Educational program and practice: Exceeding NQS

Children's health and safety: Exceeding NQS

Physical environment: Meeting NQSStaffing arrangements: Exceeding NQS

5 Relationships with children: Exceeding NQS

6 Partnerships with families and communities: Exceeding NQS

7 Leadership and service management: Exceeding NQS

Rating for: Renown Park Children's Centre

Rating issued: October 2018

Copyright ACECQA (https://www.acecqa.gov.au/copyright)

Quality improvement plan

An assessment of the programs we offer against the National Quality Standard and national regulations. It identifies areas for improvement and includes our philosophy statement.

Quality improvement plan (PDF 1400KB)

(https://www.preschools.sa.gov.au/sites/default/files/renown_park_cc_qip.pdf)

Site context statement

A summary of our:

- general information
- key policies
- curriculum
- staff
- facilities
- local community
- partnership arrangements with other groups.

Site context statement (PDF 214KB)

(https://www.preschools.sa.gov.au/sites/default/files/renown_park_cc_context_statement.pdf)

Annual report

A report on our progress, achievements, highlights and challenges for the year.

Annual report (PDF) (http://docs.decd.sa.gov.au/Sites/AnnualReports/1450_AnnualReport.pdf)

Family support

Giving your child a strong start in the early years

Research tells us that quality education and care early in life leads to better health, education and job outcomes in adulthood. Children are learning and growing from the time they are born. The greatest influence on a child's future health, development and happiness is in the first 5 years of life.

We're working with families to take a 'learning together' approach about child development in the early years.

Parenting resources

Several early childhood parenting resources are available to help your child learn and grow right from the start.

Little Big Book Club (http://www.thelittlebigbookclub.com.au/) supports parents to read, sing and play with their children from birth, with access to book recommendations, reading packs and resources.

Dad's Read (http://dadsread.org.au/) offers advice for fathers to encourage reading together with their child.

Parenting SA (https://www.education.sa.gov.au/parenting-and-child-care/parenting/parenting-sa) has free parenting factsheets, videos and upcoming seminars on many parenting topics.

Positive Parenting program

(http://www.triplep-parenting.net.au/au-uken/find-help/triple-p-parenting-in-south-australia/?itb=bc37e109d92bdc1ea71da6c919d54907) has free seminars, workshops and one-on-one sessions for parents of children aged 3 to 12 years.

Learning with your child (GreatStart)

(https://www.education.sa.gov.au/parenting-and-child-care/parenting/learning-your-child-greatstart) gives parents everyday learning ideas and activities to help build their child's maths and language skills.

Raising Children Network (http://raisingchildren.net.au/) provides up-to-date, evidence-based, scientifically validated information about raising children and caring for yourself as a parent or carer.

Also in our community this term.....

MONDAY

TUESDAY

WEDNESDAY

FRIDAY

PLAYGROUP

BABY PLAYGROUP

Pennington Children's Centre

PLAYGROUP

Pennington Children's Centre

9:00am-10:00am &

LEARNING TOGETHER PLAYGROUP

Woodville Gardens School Children's Centre

> 9:30am -10:30am & 11:30am -12:30

LEARNING TOGETHER PLAYGROUP

Woodville Gardens School Children's Centre

> 9:30am -10:30am & 11:30am -12:30

STORYTIME Parks Library

THURSDAY

Seaton Children's Centre

PLAYCONNECT PLAYGROUP

Renown Park Children's Centre

10:00am-11:45am

For children with ASD, developmental delays and/or behavioural issues. Supported by

SENSORY PLAYGROUP

(8 months to 24 months)

Renown Park Children's Centre

9:30am-11:00am

Singing, rhyming,

dancing and draw-

ing helps my brain

to grow!

PLAYGROUP

St Patrick's School

9:30am-11:30am

PLAYGROUP

Renown Park Children's Centre

9:30am—11:00am

PLAYGROUP

St Patrick's School

Ready for School!

9:30am-11:30am

Reading books everyday helps my brain to grow!



Please do not attend centres or programs if you are:

- •feeling unwell
- have a runny nose, temperature or cold like symptoms
- have been diagnosed with COVID-19 or have been required to self-isolate by SA Health.

Please make sure you wash or sanitise hands on arrival.

www.covid-19.sa.gov.au

COVID-19

FOOD RELIEF

FOODBANK SA

Ridley Grove Church, Woodville Gardens

Penninaton Children's Centre Renown Park Children's Centre

PUDDLE JUMPERS

Seaton Children's Centre Drive thru service

> Monday 6:30pm -7:30pm

HEART & SOUL GROUP

30 Fourth Street, Wingfield Friday from 12:00pm

SATURDAY

BABY BOUNCE Parks Library

SUNDAY

STORYTIME Parks Library

Many of these playgroups require booking due to COVID restrictions. Please contact the centre, school or library BEFORE attending:

Pennington Children's Centre—8268 1200, Renown Park Children's Centre—8346 4306, Seaton Children's Centre—8235 9958,

Woodville Garden's School Children's Centre—8414 8688, St Patrick's School Mansfield Park—8303 4500, Parks Library—8405 6550





Whats on Term 1 2021 Renown Park Children's Centre

The Renown Park Children's Centre acknowledges that this place upon which we meet is

KAURNA LAND

Renown Park Children's Centre

11-17 Napier Street **RENOWN PARK SA 5008**

PH: 8346 4306

http://renownparkcc.sa.edu.au/

Always was. Always will be.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PRESCHOOL (Kindy)

PRESCHOOL (Kindy)

OCCASIONAL CARE Over 2 years and under 2 years

PRESCHOOL (Kindy)

8:30am to 3:10pm

PRESCHOOL (Kindy)

8:30m to 3:10pm

PLAY CONNECT PLAYGROUP

A fun, weekly group for children

0-6 years who may have Autism

delays and/or sensory &

behavioural issues. Offered in

During School Term Only

Contact: Rachael on 8346 4306

OCCASIONAL CARE Over 2 year old children: 12pm-2:45pm 10am-11:45am

PLAYGROUP 9:30am-11am

Please join our weekly playgroup for Mums, Dads, Grandparents and Carers with children aged 0-5. Activities include playdough, painting, outdoor play, songs & more! Interactive & lots of fun for all.

Please bring a hat for your child & a gold coin donation.

> **During School Term Only Bookings** essential

SENSORY PLAYGROUP 9:30am-11am

children: 8:30am- 11:15am

3rd February to 3rd March

A 5 week supported playaroup that enables children to explore the senses in a safe, fun environment. For children gaed 8 months to 2 years and their parent/caregiver.

Bookings essential

To book please call 08 8346 4306

BALANCING SCREEN TIME FOR FAMILIES WORKSHOP

10:30am- 12:30am Thursday 25th February

A workshop to support parents & families' understanding of the effects of screen time on children & families.

Bookings essential.

To book please call 08 8346 4306

PARENT COMMITTEE

Meets twice a term

For more information please contact the centre on 08 8346 4306

COVID-19

Please do not attend occasional care, playgroup or preschool if:

- •feeling unwell
- with a runny nose, temperature or cold like symptoms
- have been diagnosed with COVID-19 or have been required to self-isolate by SA Health.

Please make sure you wash or sanitise hands on arrival.

www.covid-19.sa.gov.au

EARLY PARENTING GROUP 1:30pm- 3:30pm

A group run by CaFHS for new parents and their babies.

By appointment only.

Contact: CaFHS on 1300 733 606.

For any program bookings or to enrol your child in preschool or occasional care please contact the centre on 08 8346 4306



Renown Park Children's Centre



VOLUNTEERING OPPORTUNITIES

Please contact us on 8346 4306

PRESCHOOL

Our fully qualified Teachers and Early Childhood Educators provide a high quality preschool program that is ailored to your child's needs, in a safe and caring environment.

Lizzie the Literacy Lizard

Keep an eye out for Lizzie the Lizard's Book SWAP Boxes!

Take a book, leave a book, Read, sing and rhyme every day

Remember to read, talk,





Preschool Handbook



11-17 Napier Street, Renown Park, SA 5007 Phone 08 8346 4306

Mobile: 0408 385 139

Facebook: Renown Park Children's Centre Email: dl.1450.leaders@schools.sa.edu.au

Mission statement

Inspired Learners, Empowered Families, Connected Communities.

Philosophy statement

At Renown Park Children's Centre, we support children and family's health, wellbeing and education. Relationships are at the heart of everything we do and it is through this connection that we provide an inclusive and supportive place for the community. With a diverse community of children and families from many walks of life and cultural backgrounds, we strive to create an inclusive place where there is a strong sense of belonging for each and every person who walks through our door. We celebrate, and genuinely acknowledge the cultural diversity of our Aboriginal and Torres Strait Islander Communities and we respect Aboriginal peoples as the traditional owners of the land in which we live. We partner with services to deliver quality programs to support and enhance our community.

We value

- Parents and carers as children's first and most important teachers
- Building respectful relationships with children, families and community to support learning and wellbeing
- Giving children the opportunity to make choices and take risks in their learning
- Children as unique individuals, their strengths and thinking
- Play as the most meaningful and engaging form of learning. Learning through play provides a supportive environment where children can question, solve problems and engage in critical thinking
- Learning as a process. We value children's thinking and experimentation rather than the end product
- The importance of the outdoor environment to stimulate children's senses and help them develop a connection with nature
- Connection with the natural world and the importance of sustainable practices- in the words of Trent Hill, an Aboriginal Educator "taking care of the land because the land takes care of us"

Educators teaching and planning is guided by;

- Children's needs and interests
- The Early Years Learning Framework
- UN convention on the Rights of the Child
- Child Protection Curriculum
- Ongoing professional learning

Renown Park Children's Centre

Our wonderful educators welcome you to Renown Park Children's Centre for Early Childhood Development and Parenting.

Preschool Session Times-2021

Children who turn 4 on or before the 30th of April start preschool at the beginning of that year and are entitled to 15 hours of preschool per week.

Aboriginal and Torres Strait Islander children and children in care of the Guardianship of the Chief Executive are able to begin preschool after their 3rd birthday. They are entitled to 12 hours of preschool per week until their eligible year of preschool when they access 15 hours.

Group A:

Monday and Tuesday 8:30-3:10 each week And some additional days TBA

Group B:

Thursday and Friday 8:30-3:10 each week and some additional days TBA

If you require before or after school care, children are eligible to attend Brompton Primary School Out of Hours School Care from the age of 4. Please contact Pana on 8340 4486 to discuss further.

Term Dates- 2021

| Term 1 | Term 2 | Term 3 | Term 4 |
|----------|----------|-----------|-------------|
| 27/1-9/4 | 27/4-2/7 | 19/7-24/9 | 11/10-10/12 |

Fees

Fees are charged each term to cover operating costs such as cleaning and utility bills and to ensure we have high quality resources for your child.

Our fees are:

\$140 per term

Or \$560 per year

Or \$14 per week

Paying Fees

Invoices are collected from the front desk at the beginning of each term. Payment is requested by week 4.

Payments can be made in a number of ways:

- EFTPOS at reception
- Direct Debit
- Returning the correct money in an envelope into our fees box at reception. We do not keep cash on site, so please bring correct money
- Centrepay- is a voluntary billpaying service that is free for Centrelink customers.

Healthy Food and nutrition policy

We promote safe, healthy eating habits in line with the Right Bite Healthy Food and Drink Supply Strategy for South Australian Schools and Preschools. Early childhood is an important time for establishing lifelong, healthy eating habits and can benefit children by; maximising growth, development, activity levels and good health and minimising the risk of diet related diseases later in life. Good nutrition contributes to good health and wellbeing which is vital for positive engagement in learning activities.

Our centre is committed to sustainability and reducing our waste. We encourage families to send along healthy non packaged foods to support this policy and children's wellbeing.



Nut Aware

We are a nut aware centre. We sometimes have children attending our centre with nut allergies and these can be life threatening.

To keep everyone safe, when someone enrols that has an allergy, we will let families know and will make it clear foods that will not be able to be sent to preschool.

For more detailed information, please see our Food and Nutrition Policy on our web site and in our policies folder.

Birthday Celebrations

At our centre we acknowledge birthday celebrations with group singing and lighting candles on a pretend cake.

Due to our healthy food policy, children are unable to bring along cake or sweets for their birthdays.

Families are welcome to provide a fruit or vegetable platter for children to share in celebration of their child's birthday if they wish.

Behaviour Support Policy

At Renown Park Preschool we support children's behaviour through explicit teaching, modelling and positive reinforcement. We aim to provide an enriching environment and support children to resolve conflicts through using restorative practices techniques. For more detailed information, please see our restorative practices booklet and our Behaviour Code.



What to bring each day:

- 1. Backpack
- 2. A change of clothes, socks and underwear



3. Water bottle (no juice, fruit boxes, flavored milk, or cordial)



4. A healthy morning snack in a container e.g. vegetables or fruit (no packaging please)



5. A healthy lunch box (we recommend placing a cold ice pack inside)



Arriving at preschool

The preschool day starts at 8:30 and finishes at 3:10. You are welcome to drop off any time after 8:30 and we kindly ask you to be at the centre ready to pick up before 3:10.

Please sign your child in and out each day. This is a requirement of the National Quality Standards.



- Pick up any notices next to the sign in sheets with your child's name on them
- Share any important information about your child with an educator

Leaving your child

Saying goodbye can be difficult for children coming into a new environment. It is really important to say goodbye to your child even though this can make them upset for a short time. Children feel secure when they know who is there for them.

Our role is to develop strong relationships with children and families so they feel safe and secure at our centre. This process is different for each child and we are happy to support families in different ways to reflect this. Please see an educator if you need support in this process.

Collecting your child

We ensure that all children are collected by responsible adults, either yourself or an adult you have nominated on your enrolment form.

Sun Safety

All children are provided with a bucket hat to wear while they are at preschool. Children need to wear a hat and sunscreen when outdoors on days when the UV is over 3.



Children can also choose to wear sunglasses while outside to protect their eyes.

Children's clothing needs to cover their shoulders, and neck. Children wearing singlets and strappy tops/dresses will need to wear a t-shirt underneath to protect their skin.











PROTECT YOURSELF IN FIVE WAYS FROM SKIN CANCER

Please apply sunscreen to your child each morning and educators will support your child to re-apply at lunch time.

What to wear

Preschool play can be messy. As children explore, investigate and collaborate they will climb, paint, hammer, glue, dig and more! Dirty clothes show a productive day of learning. Please send along clothes that are comfortable and easily washable.



Please do not send your child to preschool in thongs, slippers or slip on shoes as they can be dangerous when climbing and running.





Toys

Children have many special toys but we encourage them to not bring them in to our centre. Special toys can easily be lost or broken and cause conflict with other children.

If your child would like to share something special such as a natural object, a photo or other special item, please see our educators so they can keep it safe during the day.



Children who attend preschool regularly have opportunities to:

Regular attendance supports your child's participation in the education program so they feel part of the group and teachers can plan to support their learning.

Remember, always phone the preschool first thing in the morning if your child will be away.

If you are having difficulty getting your child to preschool, talk to the preschool staff for help.

By working together we can support the regular attendance of your child and help set up good learning habits for life.



Joining in with groups, playing together, negotiating with other children, co-operating and having fun

Learn new things

Developing confidence, sharing ideas, solving problems and being inquisitive

Build on what they have learnt

Practise and refining new skills. extending their communication skills, thinking and knowledge

Follow routines

Developing independence, taking care of belongings, following instructions, separation from parents/carers. organising their time



To help your child gain the most from their time at preschool it is important they attend each session.

Working Together

Our centre relies on families supporting us. We cannot provide the services for our community without your help and support. Some of the ways you can help include:

- Spending time reading stories with children
- Share skills from your job or interests/hobbies you have
- Cooking and sharing your culture, including celebrations
- Covering and cataloging books
- Gardening, sweeping, raking, planting, weeding, watering the garden
- Cutting up resources like material, bubble wrap and paper for making
- Cleaning in the preschool
- Fundraising for the centre

You all have such special talents and we would love to have each of you enrich the program we offer by having you as part of our team.

If you are able to provide regular help in the garden we will offer reduced preschool fees.

Parent Committee

Each year we ask parents to join the parent committee and be a part of the decision making and future direction of our centre. Our Annual General meeting is held in February and we welcome new members each year. We catch up twice per term during the day on a weekday that suits families, with roles including:

- Chair- they keep us on track and make sure everyone has a say and keep our discussions within the time we have allocated
- Secretary- keeps notes on our discussions
- Treasurer- presents the finance documents and helps explain the budget and where our money is being spent based on our site goals
- General members- share their ideas and thoughts

It is a great chance to meet other parents, and hear about and contribute to what is happening at our centre.

Please join! We would love you to be part of shaping our future!

Health

It is important that children attend preschool when they are well. If your child is unwell, please keep them at home. If they become unwell at preschool we will contact you to collect your child.



Do not send your child if they have any of the following:





Infectious Diseases

If your child contracts an infectious disease such as chicken pox, or conjunctivitis, please notify the centre. We will notify families to look out for the signs and symptoms and be aware of the exclusion period to stop the spread of disease. Children who are not vaccinated or families who have not given us an up to date copy of their child's vaccination will be excluded during outbreaks of vaccine preventable diseases.





Healthy Food Policy

We believe

At Renown Park Children's Centre we understand that early childhood is an important time for establishing lifelong, healthy eating habits. Good nutrition contributes to good health and wellbeing and this is vital for positive engagement in learning activities.

At our centre we have children enrolled that have severe nut allergies and for the safety of all children, we require foods containing nuts not to be brought into the centre.

Learning

As a team of educators, we model and encourage healthy eating behaviours with children and families. We plant and harvest our own produce with children and use these in cooking experiences. We encourage families to come in and cook with small groups of children as it supports children trying new foods and tastes.

Food Suggestions

We recommend children bring along fresh fruits and vegetables, yoghurt, cheese, dried fruit, savoury biscuits, sandwiches/wraps with healthy fillings, rice, or pasta.

We encourage the preparation of simple and naturally prepared foods. Please avoid packaged snacks.

We encourage children to drink water as it supports their brains to remain hydrated, which helps them to think with greater clarity and prevent lack of attention, fatigue, and emotional instability. We ask that children bring along a named drink bottle each day and we have filtered water available to refill their water bottle as needed. Please do not send juice, flavoured milk or cordial.

Birthdays and Special Occasions

At our centre we celebrate birthday's by singing "Happy Birthday", then children blow out candles on a pretend cake. Each child is then given a sticker for their special day.

Please refrain from sending along birthday cake or special treats on special occasions.

Revised November 2018





Sun Protection Policy

This policy applies to all centre events on and off-site.

Rationale

A balance of ultraviolet (UV) radiation exposure is important for health. Too much of the sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. Sun exposure during childhood and adolescence is a major factor in determining future skin cancer risk.

Too little UV radiation from the sun can lead to low vitamin D levels. Vitamin D is essential for healthy bones and muscles, and for general health. Sensible sun protection when UV is 3 and above does not put people at risk of vitamin D deficiency.

Objectives

This policy has been developed to:

- encourage children and staff to use a combination of sun protection measures whenever UV Index levels reach 3 and above
- ensure all children and educators have some UV radiation exposure for vitamin D
- work towards a safe outdoor environment that provides shade for children and staff at appropriate times
- assist children to be responsible for their own sun protection
- ensure families and new staff are informed of the centre's Sun Protection policy.

Legislation

This policy relates to the following National Law and Regulations:

- Education and Care Services National Law Act 2010
 - Section 167 Protection from harm and hazards
- Education and Care Services National Regulations 2011
 - Regulation 100 Risk assessment must be conducted before excursion
 - Regulation 113 Outdoor space–natural environment
 - Regulation 114 Outdoor space-shade
 - Regulation 168 Policies and procedures (2)(a)(ii)—sun protection.

National Quality Standards

All of the following procedures link to:

Quality area 2: Children's health and safety.

There are also links to:

Quality area 1: Educational program and practice

Quality area 3: Physical environment

Quality area 5: Relationships with children Quality area 6: Collaborative partnerships with

families and communities

Quality area 7: Governance and leadership.

Procedures

Staff are encouraged to access the daily sun protection times on the SunSmart app, or at bom.gov.au/uv/index.shtml to assist with the implementation of this policy.

We use a combination of sun protection measures for all outdoor activities during terms one, three and four (August - April) and whenever UV radiation levels reach 3 and above at other times.

Extra care is taken during the peak UV radiation times and outdoor activities are scheduled outside of these times where possible.

1. Clothing

Quality area 2: Children's health and safety

When outside, children are required to wear loose fitting clothing that covers as much skin as possible. Clothing made from cool, closely woven fabric is recommended. Tops with collars and elbow length sleeves, and knee length or longer style shorts and skirts are best. If a child is wearing a singlet top or dress they wear a t-shirt/shirt over the top before going outdoors.

2. Sunscreen

Quality area 2: Children's health and safety

SPF 30 or higher, broad spectrum, water resistant sunscreen is available for staff and children's use.

Sunscreen is applied at least twenty minutes before going outdoors and reapplied at lunch time if remaining outdoors for an extended period.

With parental consent, children with naturally very dark skin are not required to wear sunscreen to help with vitamin D requirements.

Children, once old enough, are encouraged to apply their own sunscreen under the supervision of staff.

3. Hats

Quality area 2: Children's health and safety

All children are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats. Baseball or peak caps are not considered a suitable alternative. Hats must not have any cords or toggles that go around the neck.

4. Shade

Quality area 2: Children's health and safety / Quality area 3: Physical environment

- A shade audit is conducted regularly to determine the current availability and quality of shade in the outdoor area.
- We are working towards ensuring there is a sufficient number of shelters and trees providing shade in the outdoor areas.
- The availability of shade is considered when planning excursions and all other outdoor activities.
- Outdoor activities are scheduled outside the peak UV radiation times or in the shade where possible.
- Children are encouraged to use available areas of shade when outside.
- Children are supplied with appropriate hats and outdoor clothing and are asked to play in the shade or a suitable area protected from the sun.

5. Sunglasses [optional]

Quality area 2: Children's health and safety

Children and staff are encouraged to wear close fitting, wraparound sunglasses that meet the Australian Standard AS/NZS 1067:1.2016 (Sunglasses: lens category 2, 3 or 4) and cover as much of the eye area as possible.

6. Enrolment and information for families

Quality area 6: Collaborative partnerships with families and communities

When enrolling their child, families are:

- Informed of the sites Sun Protection policy
- Asked to provide a suitable hat for their child or wear the preschool hat and apply sunscreen before arriving at preschool
- Required to give permission for educators to apply sunscreen to their child
- Families and visitors are encouraged to use a combination of sun protection measures (sun protective clothing and hats, shade, sunglasses and sunscreen) when attending the centre.

7. Staff WHS and role modelling

Quality area 5: Relationships with children

As part of WHS UV risk controls and role modelling, when the UV radiation is 3 and above, staff:

- Wear sun protective hats and clothing when outside
- Apply SPF 30 or higher broad spectrum, water resistant sunscreen
- Seek shade whenever Informed of the sites Sun Protection policy

8. Education

Quality area 1: Educational program and practice

Quality area 5: Relationships with children

Quality area 6: Collaborative partnerships with families and communities

- Sun protection and vitamin D are incorporated into the learning and development program
- The Sun Protection policy is reinforced through staff and children's activities and displays
- Staff and families are provided with information on sun protection and vitamin D through family newsletters, noticeboards and the sites website.

9. Policy review

Quality area 7: Leadership and service management

Governing Council, families and educators monitor and review the effectiveness of the Sun Protection policy and revise the policy when required (at least once every three years).

Date of next policy review: July 2021



Rest and Sleep Procedure

This procedure is consistent with the requirements of the:

- Education and Care Services National Law and Regulations
- DECD Safe sleeping for infants and children Procedure July 2017
- Safe infant sleeping standards policy directive (SA Health)
- Red Nose
- Kidsafe SA safe sleeping recommendations

Children of all ages

- A quiet place will be designated for rest and sleep, away from interactive groups. The space will allow for a calm play experience. In the preschool we have comfy pillows and a quiet space in the group time area, a lounge in our book area and a wicker lounge outside for rest and relaxation. In our occasional care space we have a bay window with cushions for rest and relaxation.
- Children are to sleep and rest with their face uncovered.
- The sleep and rest environment and equipment will be safe and regularly checked for hazards. This includes all equipment complying with the Australian Standards.
- Supervision planning and the placement of educators across our service will ensure educators are able to adequately supervise sleeping and resting children.
- Educators will closely monitor sleeping and resting children and our sleep rest environments. This involves checking/inspecting sleeping children at regular intervals, and ensuring that we are always within sight and hearing distance of sleeping and resting children so that we can assess a child's breathing and the colour of their skin. Service providers will consider the risk for each individual child, and tailor sleep and rest to reflect the levels of risk identified for children at our service. Factors considered include the age of the child, medical conditions, individual needs and history of health and/or sleep issues.
- If families choose to use a dummy, the dummy must comply with the Australian mandatory standard AS 2432:1991, have no unsafe decorations and never tied around an child's neck. If a dummy falls out of their mouth during sleep, it will not be re-inserted.
- As per the DECD Safe sleeping for infants and children procedure July 2017 Prams, pushers, bouncinettes and rockers are not used unsupervised or as a sleeping environment for children.
- This sleep and rest procedure will be reviewed on a regular basis to ensure our practices
 are consistent with safe sleep recommendations. We refer to the **DECD safe sleeping**checklist for infants and young children as a guide for reviewing our practices to maintain
 the highest level of safety and well-being of every child who attends our service.

Procedure created date 30/7/2018 Procedure review date 30/7/2021





Mission statement

Inspired learners, empowered families, connected communities.

Philosophy statement

At Renown Park Children's Centre, we support children and family's health, wellbeing and education. Relationships are at the heart of everything we do and it is through this connection that we provide an inclusive and supportive place for the community. With a diverse community of children and families from many walks of life and cultural backgrounds, we strive to create an inclusive place where there is a strong sense of belonging for each and every person who walks through our door. We celebrate, and genuinely acknowledge the cultural diversity of our Aboriginal and Torres Strait Islander Communities and we respect Aboriginal peoples as the traditional owners of the land in which we live. We partner with services to deliver quality programs to support and enhance our community.

We value

- Parents and carers as children's first and most important teachers
- Building respectful relationships with children, families and community to support learning and wellbeing
- Giving children the opportunity to make choices and take risks in their learning
- Children as unique individuals, their strengths and thinking
- Play as the most meaningful and engaging form of learning. Learning through play
 provides a supportive environment where children can question, solve problems and
 engage in critical thinking.
- Learning as a process. We value children's thinking and experimentation rather than the end product
- The importance of the outdoor environment to stimulate children's senses and help them develop a connection with nature
- Connection with the natural world and the importance of sustainable practices- in the words of an Aboriginal Educator "taking care of the land because the land takes care of us" Trent Hill

Educators teaching and planning is guided by;

- Children's needs and interests
- the Early Years Learning Framework
- UN convention on the Rights of the Child
- Child Protection Curriculum
- Ongoing professional learning





Sick Children and Infectious Disease Procedure

The health and well-being of children in our centre is of the highest priority. Sick children should not attend sessions at our centre. Instead, they need time and care to recover within a family environment. While we understand how difficult this can be for working parents, it is very important that sickness is not passed on to other children and staff members.

The purpose of this statement is to provide guidance as to when your child is likely to be infectious to others and therefore needs to be excluded from preschool.

This is likely to be when your child has:

- A temperature of 38C or higher
- Been vomiting in the last 24 hours
- Diarrhea
- A productive cough
- Conjunctivitis
- Coloured nasal mucous
- An undiagnosed rash
- Head Lice [until treated]
- Cold sores

A list of infectious diseases and their exclusion times is available at reception if further information is required.

If there is an occurrence of a vaccine preventable disease at the service, children who are not vaccinated or who have not given the centre evidence of their child's immunization status will be excluded from preschool. The exclusion period is determined by SA Health & is designed to protect those at risk of getting the disease and those who may be able to pass the disease onto others. In the event of your child becoming ill, we will telephone you to collect your child.

If there are confirmed cases of infectious diseases we will place a fact sheet at reception giving information about signs & symptoms, what parents can do and the exclusion time from our centre.

Date: 30/7/2018

Review: November 2019