



Government of South Australia  
Department for Education



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## Newsletter 15<sup>th</sup> June 2020 (Week 8 Term 2)

What a fantastic kindy you have at Mount Pleasant! I have had a wonderful start meeting the children, staff and families. Special thanks to Janet and Janice for being patient while I ask lots of questions! There are so many great things happening here which support the children to develop a really strong foundation that they can build on in the years to come at school and in later life.

Well done to everyone for the way you have, and continue to, handle the Covid-19 restrictions. The children are doing an amazing job washing their hands on arrival and keeping a safe distance from each other during group times and lunch time. We need to continue doing this for a bit longer yet! Please also remember to be mindful of how many people are in the kindy room during drop-off and pick-up times. It's great to see and hear everyone chatting, however, the social-distancing rules still apply during these times.

A little bit about me - My husband, four school-aged children and I live close to Mount Pleasant. For the past six years I have been the director at Saddleworth Kindy. I am really looking forward to working with you all and supporting the kindy while Jo is away.

Please don't hesitate to contact me if you have any questions or concerns. I can be contacted via phone (kindy landline or mobile), email ([fiona.traynor860@schools.sa.edu.au](mailto:fiona.traynor860@schools.sa.edu.au)) or at kindy.

Fiona 😊

### Diary Dates

Stay and Play - Monday 15<sup>th</sup> June 9.00am-10.00am

~~Mount Pleasant School Visiting Kindy - Monday 15<sup>th</sup> June~~ postponed due to weather

Governing Council - Monday 15<sup>th</sup> June 3.30pm

Last day of term - Tuesday 30<sup>th</sup> June

### Interviews

Parent interviews have been postponed until term 3 to give Fiona time to get to know the children.

## Healthy Food at Kindy

At kindy we talk with the children about healthy food choices and encourage nutritious, safe eating habits. The Department of Health's message "Healthy foods strong kids" is one we promote at kindy. We sometimes think of these like traffic lights: **Green foods** are the ones we can eat lots of and need to have everyday, **orange foods** are the ones that we should choose carefully and eat sometimes, and **red foods** are the ones we should avoid as they provide very little nutritional goodness.



We encourage you to pack snacks such as fruit, vegetables, yoghurt or cheese; a healthy, nutritious lunch; and water to drink. Please avoid sending foods that are highly processed and high in sugar, salt or fat such as chocolates, lollies, sweet biscuits, chips and soft drinks.

### Clothing

Please remember to wear old clothing to kindy as our fun play can sometimes be messy! It is also a good idea to provide layers of clothing at this time of year - pack warmer spares, bring a broad brim hat or beanie, and please label all your children's items including their lunch boxes and drink bottles!

### Occasional Care

Our Occasional Care session has recommenced & is held on Thursday mornings this year from 9am-12pm. This session is nearly full so please notify us if your child is sick/unable to attend a session. This will allow us to contact another family on our standby list to attend.

### Playgroup

Playgroup has been suspended due to Covid 19, & we are being updated regularly by the Department as to when it is advisable to resume. We will keep you posted! It is usually

run on Fridays at the Preschool between 9.30am-11.30am. Bring a piece of fruit to share and come for a play.

### Thanks

Thank you for ringing or texting to let us know if your child will be away.

### Curriculum

Our educators meet for one full day each fortnight to plan for the children's learning. In addition to this, we talk and document important information every kindy day. We follow the interests of the children and happily head in the direction that their curiosity and enthusiasm is taking them.

If you have any questions please ask staff.  
A really good time to do this is at the end of the day once we have said goodbye to all the children.

Fiona, Janet and Janice

