

## **Medical conditions and medications**

If your child has a medical condition such as asthma or anaphylaxis an Action Plan will need to be completed by a Doctor and provided prior to your child starting kindergarten. Families are responsible for providing asthma and anaphylaxis medication and associated equipment such as a spacer. We recommend providing a set of medication and equipment to be left at kindergarten, if not parents are responsible for ensuring the medication is at kindergarten each day of their child's attendance.

If you have indicated that your child has asthma or anaphylaxis they are not able to attend kindergarten until we have received a current action plan and associated medication.

We use an "Allergy Buddy" which has a space for each child's Action Plan and Medication. Staff are not able to administer medication for short term medical conditions, such as antibiotics or pain killers. If your child requires medication please speak with their Doctor about a dose that can be provided outside of kindergarten hours.

Please note staff are unable to administer the first dose of any medication and children should not be administered the first dose of any medication immediately prior to attending kindergarten in case of an adverse allergic reaction.

Staff are unable to administer medication without the appropriate written medical authority, including over the counter medications, ointments and creams.

Under no circumstances should any medication be left in children's bags.

## **Illness**

If children are unwell at kindergarten, they will be cared for until a parent or emergency contact person can collect them. We expect that children who are unwell will be kept at home especially if they have gastric illnesses. We know that children say they "want to go to kindy", but we do not have the facilities to care for sick children, and we often have to ring you throughout the day as they tire and their condition deteriorates.

Guidelines are available in book titled "You've Got What?" – Prevention & control of notifiable & other infectious diseases in children and adults

You can find further information on the SA Health Website about communicable diseases and exclusion periods.

## Child & Youth Health Checks

Each term the Child and Youth Health Nurse visits the kindergarten to conduct the Four Year Old Health Check. Children need to be 4 years and 3 months to do this check.

The check is an important part of your child's ongoing health, development and education. Children's hearing, vision and general growth and development are checked and discussed. There is also opportunity to discuss any concerns you may have about parenting. We recommend all children access the health check.

## Health & Hygiene

Good hygiene practices are essential in reducing the spread of infection in the kindergarten environment. We support children in developing basic hygiene practices such as hand washing before eating and after touching animals or going to the toilet, nose blowing, toileting and tidying up after eating.

While it is not possible to completely eliminate the spread of disease staff work hard to create a hygienic environment by practicing good hand washing practices, safe food handling practices, wearing gloves when administering first aid, cleaning the toilets and bathroom throughout the day, wiping over the tables before eating and disinfecting resources on a regular basis.

Families can support the development of healthy habits by practicing them at home and keeping children who are unwell at home.