

# Pasadena Kindergarten Skin Protection Policy

March 2021

The aims of the Pasadena Kindergarten Skin Protection Policy are to promote among children, staff and parents:

- Positive attitudes towards skin protection
- Lifestyle practices which can help reduce the incidence of skin cancer and the number of related deaths
- Personal responsibility for and decision making about skin protection.
- Awareness of the need for environmental changes in our Kindergarten to reduce the level of sun exposure when the UV radiation level is 3 and above.

## Implementation

This policy is for implementation from the 1<sup>st</sup> September to 30<sup>th</sup> April. If UV radiation levels are 2 or less during this period, then no sunscreen will need to be applied at lunchtime.

Between the 1<sup>st</sup> May and 31<sup>st</sup> August care should also be taken when the ultraviolet radiation level is 3(moderate) and above.

The purpose of the policy is to ensure that all members of our Kindergarten are protected from skin damage caused by the harmful rays of the sun.

It is expected that all staff, children and parents of Pasadena Kindergarten will use the following skin protection strategies:

1. Take care to protect the skin when the ultraviolet radiation level is 3(moderate) and above. Extra care should be taken between 10.00a.m. and 3.00 p.m.when UV radiation levels are highest.
  - 1.1 On very hot days and/or high UV level days staff will reorganise daily routine so children can play outside in the coolest part of the day
  - 1.2 When UV rating is high children are encouraged to play in shaded areas.
2. Use the shade of trees, pergolas, umbrellas and tents whenever outdoors.
  - 2.1 Activities are moved during the day to shaded areas.
  - 2.2 The sandpit and play equipment area continue to be a priority for shade structure planning
  - 2.3 The provision of shade areas is a priority for the service.

3 Wear appropriate clothing which protects the skin.

3.1 Children and staff will be expected to wear a broad brimmed hat, legionnaire style hat, or a bucket hat(bucket hat must have a deep crown and minimum 5cm brim for children under 5 years and 6cm for older children and adults) whenever they are involved in outside activities. Children not wearing an appropriate hat will be expected to play inside or under the verandah.

3.2 Children will be encouraged to wear shirts with collars and at least short sleeves and longer style shorts and skirts. No tank or singlet tops or sleeveless dresses.

4 Apply a broad-spectrum, water resistant sunscreen with an SPF of 50+ to clean, dry skin, 15 – 20 minutes before going outdoors after lunch.

Children are expected to have sunscreen applied by parents before coming to Kindergarten.

Parents are expected to supply a named roll on sunscreen for their child to use at Kindergarten.

Parents sign a permission form to apply sunscreen on their child when enrolling.

5 Reinforcing the Sun Smart message in all service activities and in general service procedures is an important strategy in the adoption of skin protection behaviours.

5.1 Staff will be encouraged to role model appropriate SunSmart strategies in all service activities.

5.2 Skin Cancer prevention will be included in appropriate teaching activities.

5.3 Staff will be encouraged to keep up to date with new information and resources from Cancer Council SA.

5.4 Information about the Kindergarten's Skin Protection Policy will be given to all new staff and families.

6 The Pasadena Kindergarten Skin Protection Policy will be evaluated on a two yearly basis.

Policy issues will be discussed at staff and Governing Council meetings.